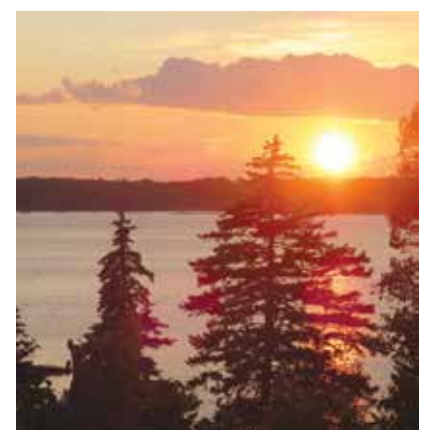


# SUMMER in Maine



June 6, 2018  
Special Advertising  
Supplement  
**Kennebec Journal  
Morning Sentinel**





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# 2018 Summer in Maine

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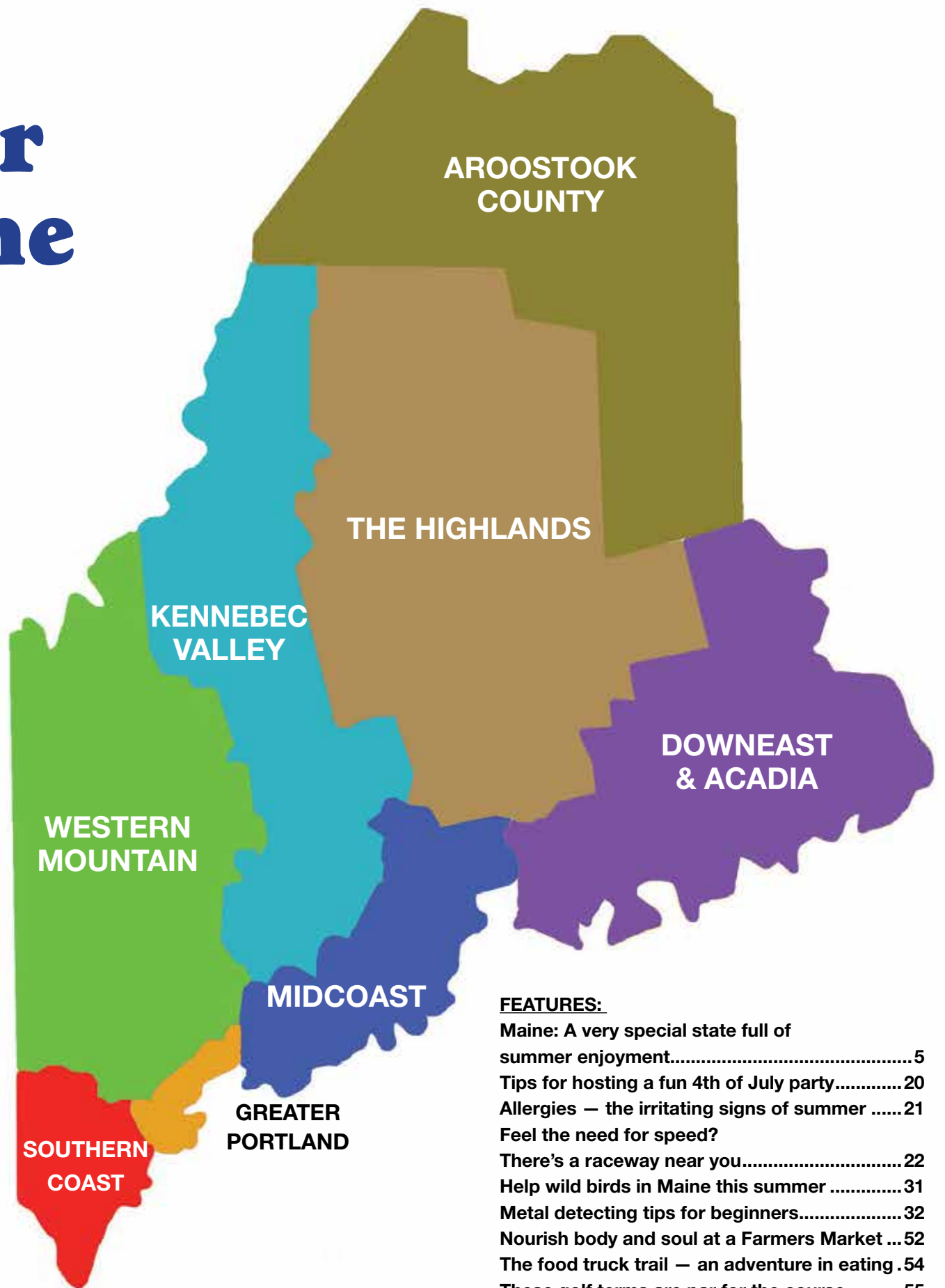
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### About This Section

This special advertising supplement was produced by the Kennebec Journal/Morning Sentinel. The cover was designed by Alicia Tuttle, Graphic Designer.



# MAINE: A very special state full of summer enjoyment

BY DAN CASSIDY  
Correspondent

**M**aine has a very long history dating back thousands of years measured from the earliest human settlement. It reached statehood in 1820, becoming the 23<sup>rd</sup> state on March 15. Sounds strange, but our state was part of the Missouri Compromise. It was also part of Massachusetts.

Maine is famous for its sandy beaches on the southern coastline and rugged rocky coastline on northeast shores.

A couple of our foods also bring fame – we're the country's leading producer of lobsters and blueberries. Be sure to enjoy both during the summer.

Located in the northeastern region of the country, Maine is the 12<sup>th</sup> smallest state by area, covering just 35,385 square miles, and the 9<sup>th</sup> least populous of all states. Our state is the only one in the country that borders only one other state – New Hampshire to the West. Our northern border is Canada.

## We are Vacationland

Maine has some of the most beautiful natural preserves with landscapes that reach the Atlantic Ocean, an abundance of rivers, lakes and mountains that seem to touch the sky – with Mount Katahdin the highest.

Maine is called Vacationland because it has everything a vacationer could want. From hiking to biking, golfing to canoeing or kayaking. You'll find streams, rivers, trails and ocean inlets that meander near the southern coastlines of Maine to the rugged mountains and lakes in the Kathadin region and beyond.

Visitors by the thousands from away and locals flock to the coastal region from Kittery to the Bar Harbor area and all the way to Lubec, the most Eastern part of Maine. Uncrowded beaches and state parks are great for swimming, camping, fishing, boating or just relaxing among some of Maine's tall pine woodlands. There are more than 100



Photo by Dan Cassidy

A beautiful Maine sunset at a campsite on the St. Croix River.

natural preserves including foot trails to local, state and national parks throughout the state. Day-hiking trails in the northern and western mountains appeal to some while others will want to tackle the Appalachian Trail. Choose light canoe trips or challenging white water rafting. No endurance is needed to spend quality time with family and friends at the states' many campgrounds.

Traveling along the coastline, on Mount Desert Island, you can enjoy all that Acadia National Park has to offer. Drive around the Loop road with scenic stops to take photographs. If you are brave enough to plunge into ice

water, take a swim at Sand Beach. Check out the dramatic Thunder Hole and Cadillac Cliffs. Stop by Jordan Pond to sit on the lawn enjoying tea and popovers. Drive up Cadillac Mountain where the vistas of Northeast Harbor and other islands are worth the trip.

## Lighthouses

Maine has 57 active lighthouses, along with another 10 inactive, mostly along the state's rockbound coastal areas. They reach from the borders of New Hampshire and Maine, beginning with Whaleback Light and Fort Con-



Photo by Dan Cassidy

Canoeing the Allagash Wilderness Waterway with Blaine Miller, Allagash Guide, center, preparing dinner.

More MAINE, PAGE 6



# Maine

CONTINUED FROM PAGE 5

stitution Light that protects both coasts' all the way up to Whitlocks Mill Light on the bank of the St. Croix River in Calais. For lighthouse enthusiasts, there are Lighthouse museums in Bath and Rockland. The Coast Guard hosts an Open Lighthouse Day each year, this year it's Sept. 8. For details, visit [www.lighthouse-foundation.org/maine-open-lighthouse-day](http://www.lighthouse-foundation.org/maine-open-lighthouse-day).

## Way up North

In the northern part of the state is Moosehead Lake, the largest mountain lake in Eastern United States, 40 miles long and 10 miles wide. Other lakes of note in northern Maine include Lobster, Seboomook, Chesuncook and Ragged lakes, surrounded by natural forestlands. This region includes Passamaquoddy and Penobscot Indian Reservations.

Traveling in the less-populated part of the state up North, is an adventure. Roads begin to narrow and soon become dirt roads with gate crossings that logging companies operate. This is private paper company territory and truckers have the right of way. Travelers should use caution and when a logging truck approaches, pull over to the right and stop until the truck passes. Then, wait a bit to let the dust settle before proceeding. Also, be sure to watch for moose and deer because they are plentiful in this region.

## Explore our mountains

It's a pleasant drive to the western mountains of Maine traveling along Route 16 to the height of land overlooking the beautiful Rangeley Lakes region. In downtown Rangeley, enjoy sitting around the shore of Rangeley Lake or hike up Saddleback Mountain for pristine views of the lake.

The skier's paradise of Sugarloaf Mountain and Carrabassett Valley in western Maine doesn't lie dormant through the summer months. There is fly fishing in the Carrabassett River, fat biking on or off-road, biking along roads that surround the valley, hiking portions of the Appalachian

trail, canoeing or kayaking Flagstaff Lake, hiking the Maine Huts and Trails and Bigelow Mountain, Sugarloaf, Mountain, or Mt. Abram. No boredom here.

## Trails and Huts

There are more than 70 state and national parks, nature preserves and recreational areas throughout the state. If you're looking for hiking trails, you'll find more than 60 throughout the state for day hiking and backpacking.

Maine Huts and Trails offers great family treks throughout the backwoods of Carrabassett Valley. Hikers and bikers can visit several huts along the way where they can spend the night or just stop by for a great lunch while exploring the trail system. For additional information, log onto [maine-huts.org/discover/trails/trail-map](http://maine-huts.org/discover/trails/trail-map)

## Quarry Road recreation

The Waterville area has a neat place for summer events: Quarry Road Trails, located off North Street. The popular area offers year-round recreation for all ages, including hiking, biking, canoeing and kayaking as well as and cross-country skiing in the winter.

Junior Dirt Riders hit the trails from 6 to 7:30 p.m. "Catch a Smile" is a great opportunity for young cyclists of all abilities to make friends and build their skills," said Jamie Dexter, of the Central Maine Cycling Club – Junior Dirt Riders.

Dexter said that those attending need their own mountain bike and helmets are mandatory. "Parents are also encouraged to join in on the ride," Dexter said.

The summer race series returns on Tuesday nights from June 12 through August 21, rain or shine. The goal is to create a fun, family-friendly series that will provide a summer of great experiences for runners in the Greater Waterville area.

Each week, participants will compete on different courses of varying lengths from 3K to 8K, utilizing the full extent of the Quarry Road Trail System.

Along with the featured race, each week there is also a free Kid's Fun Run for children, ages 12 and under, according to Patrick Guerette. He can be reached at the Alford Youth Center, 873-0684 ext. 203.



Photos by Dan Cassidy

White water rafters run the Kennebec River to the Forks.



The historic Wire Bridge, located in New Portland, crosses the Carrabassett River.



The Waterville area has a great place for summer events at the Quarry Road Trails, located off North Street.



Carrabassett Valley Outdoor Association (CVOA) bikers prepare to ride around Kennebunkport.



# FUN IN THE SUN ENJOYING THE COOL WATER



## City of AUGUSTA Bicentennial Nature Park



### OPEN SATURDAY, JUNE 16<sup>TH</sup> FOR THE SUMMER SEASON!



#### LOCATION

The park is located six miles from Augusta City Center on Route 3 going east past Rideout's Quick Stop. The entrance is on the right-hand side of Route 3, 1/2 mile past the Weeks Mill Road. There are one-way roads for entering and exiting the park. The second road is the park entrance. Do not take the first drive. The speed limit is 5 MPH.

#### AMENITIES

- Large picnic area with 30 tables and 8 grills
- Swimming area with dock, floats, and slides for the entire family
- Several hiking trails
- Beautiful scenery and wildlife
- Canoe and kayaking access
- Fishing
- Bathrooms with running water and changing rooms

#### DESCRIPTION

Bicentennial Nature Park was first established in 2001. The park is situated on approximately 27 acres on Three Cornered Pond. This pond is about 180 acres, and is part of the Togus Pond Chain of Lakes. The Lake is a warm water fishery with the primary fish population made up of Bass, Perch, Pickerel and Sunfish.

#### PRICE FOR RESIDENTS

Family- \$25 for the season or \$8/day per carload  
 Youth- \$10 season, \$1 / day  
 Senior/veteran - \$7.50 season or \$1/day

#### GROUP USE & RESERVATIONS

Groups of 10 or more must make advanced reservations. Group size cannot exceed more than 100. Minimum one week advanced reservation required. There is no guarantee of space prior to a confirmed reservation We welcome group picnics from Augusta-based clubs and organizations.





# THE KENNEBEC VALLEY

Augusta • Belgrade • China • Fairfield • Gardiner • Hallowell • Oakland  
Skowhegan • Madison - Anson - Solon - Bingham • Waterville • Winslow • Winthrop

## River festivals, forts, museums — Augusta area has summer fun for all

BY WANDA CURTIS  
Correspondent

Maine's capital city of Augusta is a favorite place to visit for both residents and tourists looking for a summertime outing. Don't miss the Riverside Flavorfest 2018 from 11 a.m.-5 p.m. on June 9 in the Mill Park. Enjoy beer on draft, food trucks, music and fun! The Patriots Cheerleaders will be there from 12:30 to 3:30 p.m. for a meet and greet. For more information visit [92moose.fm/events-augusta/2018-riverside-flavor-fest/09-june-2018-mill-park-augusta](http://92moose.fm/events-augusta/2018-riverside-flavor-fest/09-june-2018-mill-park-augusta).

One of the highlights of the summer is the annual Whatever Family Festival which offers many fun activities throughout the Kennebec Valley for the entire family.

Most of the activities are free, with more than 100 area businesses joining in to make the festival possible each year.

The Greater Gardiner River Festival, June 23, 9 a.m. - 9 p.m., kicks off the annual summer celebration again this year. Activities planned include an open-air craft fair on historic Water Street, live music and entertainment all day, active outdoor "field day" events for all ages, a talent show, games and giveaways, specialty food vendors, a chainsaw sculpting demonstration, a blacksmith demonstration, and a fireworks display at dusk. The event is expected to bring thousands to the area.

Kennebec River Day, June 30, 11 a.m. - 4 p.m., will replace the Kids' Day in Capitol Park that was formerly a part of the celebration. This is an event for all ages. It will include games and activities for children, craft vendors, food trucks, live music and entertainment. It will be held at Mill Park located on State Street in Augusta.

For more information about other events planned for the Whatever Family Festival, see [kennebecvalleychamber.com/index.php/all-categories/month.calendar](http://kennebecvalleychamber.com/index.php/all-categories/month.calendar).

Old Fort Western

Old Fort Western, located at 16 Cony Street in Augusta, will be open throughout the summer for general tours. This year they will again participate in the city's Independence Day celebration on July 4. Visitors will have the opportunity throughout the day to tour the Fort, Store and House to view period rooms and exhibits and to talk with historical interpreters about daily life in the 18th century.

Daniel Savage's Company will be present to demonstrate life as Revolutionary War soldiers and their role at Fort Western. At 12 noon, a special ceremony will be held in accordance with George Washington's orders given on July 4, 1778 by "firing thirteen Pieces of Cannon" honoring the original colonies, followed by the lowering of the British colors and the raising of

the new American flag.

At 4 p.m., the Augusta Parade will begin at the State House and end at Fort Western. At 5:30 p.m., Augusta's Mayor, David Rollins, will give the traditional reading of the Declaration of Independence in 18th century costume. A "feu de joie" (musket salute) by Daniel Savage's Company will accompany the reading. Admission will be free for Augusta residents. There will be a fireworks display at Mill Park at 9 p.m.

In addition to the general tours, there will be two adult education opportunities at the Fort. One program "Introduction to life as a French & Indian War soldier" will be held on June 16 and July 14. During

More AUGUSTA, PAGE 10



Maine State Museum Photo  
Museum Educator Dave Hunt gets up close with a tarantula at the Maine State Museum's Bug Maine-ia, to be held this year on Tuesday, September 11.

### SUMMER'S HERE AT LAST!

Get your **COLD BEVERAGES** from

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& Redemption in Augusta!



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♠ ♥ **DAMON'S** ♦ ♣

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[mattsonsflooring.com](http://mattsonsflooring.com)  
Mon.-Fri. 8:30 a.m.-5 p.m.  
Sat. 9 a.m.-2 p.m.





# City of Augusta 4<sup>th</sup> of July Parade/Fireworks

You are invited to be part of the City of Augusta's 4th of July Parade. This is a great way to showcase your business/organization and be part of an afternoon full of special events meant to mark Independence Day.



## Wednesday, July 4, 2018

The parade starts at 4:00 p.m. at the State House parking lot, traveling down State Street, around the Rotary and down Water Street, across the bridge and ends at Old Fort Western.

Downeast Brass  
will be performing  
at Market Square  
2:30-4:00 p.m.

The Parade is at 4:00 p.m.  
State House Parking Lot to  
Old Fort Western

Mill Park Activities at 5:00 p.m.

Bounce Houses  
Hay Rides  
Vendors  
2 Live Bands - TBA  
Gladiator Joust

*Parade Theme:  
Parks & Recreation*

Fireworks  
at 9:15 p.m.  
at the Old Statler  
Tissue Compound

Best viewing  
area is Mill Park

City of Augusta  
Wendy Somes  
Parade Coordinator  
22 Armory Street  
Augusta, ME 04330  
207-626-2350





# Augusta

CONTINUED FROM PAGE 8

that session, participants will experience what life was like for soldiers during the French and Indian War in Maine. The program will include the daily life of a soldier, an introduction to war, followed by a mustering into military service. After going through musket firing protocols, participants will be given the opportunity to fire an actual musket (no ball – only black powder). Proof of background check or Teaching Certificate will be required to fire the musket.

A second program "Introduction to daily life during the 18th century" will be held on July 21 and July 28. Participants in this program will have the opportunity to experience daily life in 18th century Maine that will include dressing in period clothing, working in the garden, cutting wood for the kitchen hearth, fetching water, building a fire on the hearth and cooking food for afternoon tea.

Each five-hour program requires pre-registration. CEUs are available for teachers. Participants need to be at least 16 years of age.

An apprenticeship program for children (ages 8-12) will be held August 6-31 at Fort Western.

Children attending any of the week-long sessions during that time period will experience life in the 18th century by exploring life at home, the varied world of work (blacksmithing, midwifery and storekeeping), the life of a French and Indian War soldier and what children and adults participated in for entertainment. Graduates of the apprenticeship program become eligible to participate in the Junior Interpreter Program (ages 13 and up). Interpreters will assist with the apprenticeship program, in which youth will learn about collections management, how to interpret the history of the Fort, develop necessary skills for demonstrating 18th century hands-on activities to the public, and learn how to conduct research by reading and deciphering original documents.

The James Howard's Company

re-actors of Fort Western will hold an encampment at Fort Western August 25-26, representing the summer of 1758, when the Kennebec forts were under threat of attack by the Abenaki Indians. The members of the garrison will have a boat drill on Saturday morning, putting the fort's bateau into the river in front of the fort and firing the boat's swivel guns. In the afternoon, the soldiers will practice different types of musket fire. Sunday there will be a soldiers' worship service in the morning.

For more information on any of the programs at Fort Western call 626-2385.

### Maine State Museum

Marine Mammals of Maine (a non-profit organization dedicated to marine mammal and sea turtle response, rescue, care, research, and education) will offer a free, hour-long program "Charismatic Creatures: Marine Wildlife in Maine Waters" at the Maine State Library

and Museum at 2 p.m. on Friday, August 10. The program is for all ages.

Bug Maine-ia with lots of exhibitors provides fun, educational activities related to the creepy, crawly world of bugs. It will be held at the Maine State Museum and Library from 9 a.m. to 3 p.m. on Tuesday, September 11. Admission to the museum is free that day.

The Maine State Museum's newest exhibition "Maine + Jewish: Two Centuries" will open on Friday, September 14 from 9 a.m. to 5 p.m. There will be special events and activities. Admission to the museum is free that day as well.

### Farmer's Market

The farmer's market at Turnpike Mall (the corner of Western Avenue and Whitten Road) is open Saturdays 10 a.m. to 1 p.m. late May through October. Vendors there offer a variety of fruits, vegetables, beef, pork, baked goods, and more. They're open rain or shine.

### Some of the scheduled events at the Maine State Museum June - September

#### Fri., Aug. 10, 2 p.m.

Charismatic Creatures: Marine Wildlife in Maine Waters at the Maine State Library and Maine State Museum in Augusta. Free and geared to all ages.

#### Tues., Sept. 11, 9 a.m. - 3 p.m.

Bug Maine-ia at the Maine State Museum in Augusta. Lots of exhibitors with fun, educational activities about the creepy, crawly world of bugs. Free admission all day.

#### Fri., Sept. 14, 9 a.m. to 5 p.m.

Opening of the Maine State Museum's Newest Exhibition, Maine + Jewish: Two Centuries. Special events and activities. Free admission all day.

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# Boat parades, outdoor movies, music make for a fun summer in Belgrade

BY VALERIE TUCKER  
Correspondent

The Friends of the Belgrade Public Library always offer a busy calendar of fundraising events. This year's activities include a yard sale, 8 a.m.-2 p.m., at Day's Real Estate on June 9. They also have a July 4th book and baked goods sale, 9 a.m. - 2 p.m. at the Center for All Seasons.

This year's annual 5k Walk-Jog-Run Road Race on July 14 is at an earlier date than in past years, notes organizer Judy Johnson. Registration can be done in advance online ([runreg.com/friends-of-the-belgrade-public-library-5k](http://runreg.com/friends-of-the-belgrade-public-library-5k)) or in-person, starting at 7:30 a.m., for the 8 a.m. start at the Belgrade Central School.

Although the schedule has not been finalized, the Belgrade Village Fourth of July events will include plenty of traditional activities, including a 10 a.m. to 12 p.m. boat parade from Mill Stream on Great Pond to the Village and a 4 p.m. Grand Parade down Main Street, a frog jumping contest, and fireworks on Long Pond. If fireworks are rained out, they'll be held on July 5. Belgrade's businesses traditionally host special events on Independence Day, including music, sales and menu specials.

The Fire Department will have its toll booth fundraiser on the 4th of July. Drivers can avoid a make-believe ticket by making a small donation. The Fire Department also will host their annual bean-hole baked bean supper on Saturday, August 4 at the Center For All Seasons. The bean supper has been a tradition since the 1960s. Volunteers soak at least 150 pounds of beans in big cast iron pots. The Fire Department starts the fire on Friday, and when it burns to searingly hot embers, they put the pots of beans into it. The pots of beans cook slowly until 5 p.m. on Saturday, when crowds of enthusiastic fans line up for a taste of Maine's traditional Saturday night supper. The event is followed by another annual tradition: the Loon Calling Contest at the dam between Great and Long Ponds in the village.

The lakeside lawn behind Day's Store bustles with activity throughout the summer. Starting on June 26, the annual Lakeside Open Mic Night with Christine Poulson runs every Tuesday, from 6-8 p.m. Thursday nights are Movie Nights, starting at dusk: The all-ages films include The Greatest Showman, July 5; Mary Poppins, July 12; Wonder, July 19; The Sandlot, July 26;

More BELGRADE, PAGE 13



Day's Store photo

Thursday nights are Movie Nights (all-ages films) behind Day's Store, starting at dusk. Many moviegoers motor across the lake and watch from their boats, while others bring blankets or chairs and sit on the lawn.



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# Belgrade

CONTINUED FROM PAGE 12

Despicable Me, Aug. 2 and The Secret Life of Pets, Aug. 9. Many movie-goers motor across the lake and watch from their boats, while others bring blankets or chairs and sit on the lawn. Store owner Diane Oliver advises everyone, "Bring your bug spray!"

Oliver also said the store will host wine tastings from 5-7 p.m. on Tuesday nights, from June 26 through August 21.

The store's family will celebrate "Cheers to 60 Years of Business" on Saturday, July 21. The all-day event includes live music, a Gifford's Ice Cream Tasting and lots of other events. To see the schedule, visit Day's Store on Facebook.

From 2-5 p.m., on Sunday, Aug. 12, the Lakeside Dam Jam Concert will feature Jones'n, a band that specializes in non-stop, high-energy modern and classic rock, reggae, soul, R&B, disco, pop, jazz standards and funk.

For golf lovers, two of Maine's premier golf destinations, Belgrade Lakes Golf Club and Sugarloaf Golf Club, are located just 60 miles apart. They have teamed up on July 22 for the 3rd Annual ThirtySixSixty golf tournament, featuring 18 holes at each course, played on one day. Registration is \$280 per person and includes breakfast, lunch, dinner, prizes and transportation between the venues. For more details or to register, contact Sugarloaf Golf Club at (800) THE-LOAF.

The Belgrade Region Conservation Alliance and the Maine Lakes Resource Center have joined recently to become the 7 Lakes Alliance. Their new logo will accentuate the connection between the lakes and the land, emphasizing that the organization is both a lake and a land trust.

"You'll hear more about our new name and mission as we make plans for a more formal rollout," said Mel Croft, the new 7 Lakes Alliance President and Interim Executive Director.



Contributed photo

The Belgrade Region Conservation Alliance and the Maine Lakes Resource Center have joined recently to become the 7 Lakes Alliance. Their new logo will accentuate the connection between the lakes and the land, emphasizing that the organization is both a lake and land trust.



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*Photo contributed*  
The Belgrade Lakes Golf Club is situated on a majestic mountaintop. Its 240 manicured acres and 18 challenging holes feature rolling fairways, beautiful par threes, consistently diverse par fours, short but remarkably devilish par fives and old-style cross bunkering, according to managing partner Kyle Evans.

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# Beginner's guide to kayaking

**K**ayaking is a water sport that can be beneficial to the mind and body. Just about anyone willing to spend a day on the water can benefit from learning about kayaking and how to get started with this rewarding activity.

The history of kayaking is interesting. The word "kayak" means "hunter's boat," and the Inuit used to rely on these small vessels to catch food by sneaking up on their prey from the water's edge. Some people still hunt and fish from their kayaks, but many are happy to use them for sight-seeing and exercising.

"Paddlesports are increasing in popularity among Americans who desire to connect with the outdoors," said Christine Fanning, executive director of The Outdoor Foundation. The Outdoor Foundation and The Coleman Company, Inc., found in a Special Report on Paddlesports that 21.7 million Americans enjoyed paddling on rivers, lakes, streams, and other waterways in 2014, the most recent year for which data is available. Paddlesports include canoeing, rafting, kayaking, and stand-up paddling.

Learning how to kayak does not involve a significant initial financial investment. The outdoor experts at REI say there's a good chance a novice kayaker will not go out and buy a boat immediately. It's important to first get a feel for the sport and then go from there.

Although it's not absolutely necessary, it's recommended that novices take paddling lessons to hone their kayaking skills. Learning the proper technique can help people avoid strain on their neck and back and safeguard their arms from fatigue.

Novices should practice on calm waters until their technique is honed. Lakes are a great place to learn, as rivers and places with mild currents can overwhelm those new to the sport.

One of the easiest ways to get introduced to kayaking is to go with an experienced paddler or tour company. Such companies charge a set price for an excursion that will provide transportation to the drop site as well as the equipment needed for the voyage. Tours may include travel down several miles of a relatively calm waterway, allowing novice kayakers to get a feel for paddling and take in the scenery.

Getting in and out of a kayak can be challenging for beginners. The resource *Kayakpaddling.net* offers helpful illustrations and animated tutorials about entering and exiting kayaks as well as paddling techniques and safety.

Kayakers should bring some essentials along. A dry pack can keep electronics, food and equipment dry. Remember to wear sunscreen and a hat to keep safe from the sun. A life vest also is essential.

Exercise, fresh air and enjoying the open water are just some of the many draws of kayaking.



## Let your soul explore China Maine

BY SUSAN VARNEY  
Correspondent

**C**hina, celebrating its 200th Bicentennial this year, is a small rural community supporting a quiet pastoral life. It's a family town, quiet and spread out around the lake, which is seven miles long and slender — with the main basin running from China Village to South China. The other basin is connected by a slender neck near South China and stretches to East Vassalboro, where its outlet leads eventually to the Kennebec River.

China Lake is beautiful, surrounded by sedate homes, seasonal camps and farms. It is used for recreation including swimming, fishing, boating, kayaking, water skiing and canoeing in the summer and skiing and snowmobiling in the winter. There are boat ramps at the north end, south end and in East Vassalboro. Paddleboats can be rented at The Landing in China.

The East side of the lake in Vassalboro is not open to swimming in order to maintain the purity of the water supply for Waterville.

An Ice cream shop at The Landing on the north end of China Lake and the China Din-ah on Lakeshore Drive are great places to meet friends and enjoy the fare. There's a Rite-Aid and Hannaford Supermarket in town. The South China Mini-Mall is home to China Village Chinese Restaurant. On Route 2 there are several shops offering collectables, vin-

tage furniture and antiques.

**Thurston Park:** Nearly 400 acres of forest, streams, waterfalls and wildlife are free for year-round use for hiking, biking, snowmobiling, snowshoeing and cross-country skiing. Thurston Park is a carry-in carry-out park with no toilet facilities. To find the park, follow signs from the Yorktown Road. If you have time and interest, the park is looking for volunteers. Call the town office for more information or visit [china.govoffice.com](http://china.govoffice.com) to find maps and photos.

**China Forest:** Go exploring. The China School invites you to explore the woods and the things the school has built, while asking that you respect the wildlife and keep the forest beautiful for all. Albert Church Brown Memorial Library: Open Tuesday-Thursday 2-6 p.m. and Saturday 10 a.m. - 12 noon, the library hosts a knitting circle once a week (Tuesdays at 4 p.m.), a place to learn to knit or just hang out with other

knitters. Check at the library for the reading group or craft group plans for summer.

**China Community Days:** August 3-5. Activities and events include a Chicken BBQ, bean supper, food booths, street dance, fireworks over China Lake, fishing derby and scavenger hunt. The children's area includes a climbing wall, dunk tank, face painting, and more. For more info call the town office on Lakeshore Drive 445-2014 or go to [china.govoffice.com](http://china.govoffice.com)

**Friends Camp:** For 60 years, young people from 7-17 have attended Friends Camp in four age-appropriate sessions. There are rustic cabin bunkhouses holding 7-10 campers and one or two counselors. It is a place to connect with nature and develop community away from TV, video games, cell phones, email and instant messaging. Friends Camp is a Quaker camp which welcomes all faiths as well as no particular faith.

More CHINA, PAGE 15



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*Susan Varney photos*  
Keep an eye out for a lucky four-leafed clover when on a walk.

## China

CONTINUED FROM PAGE 14

The camp offers creative, non-competitive, fun activities in a diverse community that stresses equality, integrity, peace and simplicity. More than just a summer camp, the Friends campus is available for weddings, meetings and special events. The camp is located at 729 Lakeview Drive. For information, visit [friendscamp.org](http://friendscamp.org)

**3 Level Farm:** A four season farm of 145 acres with vegetables, small fruit, fresh herbs, eggs and a goat dairy, working year round. They sell from the farm, at a store and at farmer's markets in Augusta, Hallowell and Gardiner. Fresh goat milk and cheese is available at the farm and at market sites. CSA with shares are available for pick-up at the farm. The farm is located at 149 Vassalboro Road in China. Call 445-3276 or visit [facebook.com/3levelfarmstore/about/?ref=page\\_internal](https://facebook.com/3levelfarmstore/about/?ref=page_internal)

**Recreational sports:** Information about soccer Pre-k - 6th grade; basketball Pre-k - 6th grade; football, cheering, baseball and softball can be found at [china.govoffice.com](http://china.govoffice.com).

**China Lake Conference Center and China Lake Camp:** A non-profit, charitable organization owned and governed by the American Baptist Churches of Maine has been serving children, families and churches since 1962. The camp covers 260 acres and borders China Lake. It's located on the Neck Road in China and has many recreational activities offering indoor and outdoor fun. For information, visit [chinalake-camp.org](http://chinalake-camp.org).



The North end of the lake offers a boat landing, ice cream and paddle boats, gas and church.



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# Fairfield on the Kennebec: A small town with a lot to offer

BY SUSAN VARNEY  
Correspondent

Since first settled in 1771, Fairfield and its many villages, boundaries and its size have changed. Some land has gone to Norridgewock and Skowhegan and some has been added from Benton. Today the town covers almost 55 square miles and includes the settlements of Fairfield Center, Nye's Corner, Hinckley, Larone, North Fairfield, Shawmut, and the downtown area.

The Kennebec River is its eastern border from Skowhegan to Waterville. Summer fun river access can be had at three locations: The In-town Boat Launch near the Community Center, the Hinckley Boat Launch by the Rte. 23 bridge, the Shawmut portage with a fisherman's trail along the river. If you want to swim or eat the fish you will have to travel further north.

### Fairfield Historical Society:

The Cotton-Smith House, 42 High Street, is a Queen Anne Victorian, built in 1894 and on the National Register of Historic Places. The Fairfield Historical Society, located in the house, records and preserves the history of the town and region; receives and compiles historical papers, photographs, obtains tools, furniture, manuscripts and helps people become aware, interested in and concerned about historical preservation. Open to the public Tuesday and Saturday or by appointment (453-2998) and for special events like the annual Rummage Sale.

Fairfield Farmer's Market: 81



Susan Varney photos

Fairfield History House, a Queen Anne Victorian, built in 1894, at 42 High Street, Fairfield.

Main Street, Wednesdays 2-6 p.m. and Saturdays 9:30 a.m. - 1:30 p.m. mid-June to mid-October. Local produce in season, seedlings, pickles, jams, jellies, eggs, bread and so much more.

**Lawrence Public Library:** At 33 Lawrence Avenue, housed in a Romanesque-style building with a bit of beaux Arts influence, designed by William R. Miller for E.J. Lawrence, a successful lumberman and entrepreneur. His daughters and friends started a Ladies Book Club in 1895 with 48

books in a local shop and quickly ran out of space. Mrs. L.E. Newhall donated the lot across from the park and between her home and Lawrence's. The library is on the National Register of Historic Places.

See Alyssa Paterson in the children and teen section for information about summer activities including the Summer Reading Program. Ask at the library for the schedule of Friday night Music in the Park events. The 2018 season starts off June 15 with Music Factory, a country group,

and ends up August 31 with David Deas & Friends with Jazz/Pop or just check [fairfieldme.com/library](http://fairfieldme.com/library).

**Good Will-Hinckley:** On Rte. 201, there are hiking trails, with a self-guided map, L.C. Bates Museum and gift shop. Call 238-4250, summer hours April - September: Wednesday -Saturday 10 a.m. - 4:30 p.m. and Sunday 1 - 4:30 p.m. Admission: \$3 adults, \$1 children. Check out events for children at [summercamp.gwh.org/lcbates/LCBatesMuseum.aspx](http://summercamp.gwh.org/lcbates/LCBatesMuseum.aspx).

**Kennebec Valley Community College:** Located at 92 Western Avenue, students earn associate degrees and certificates in 11 different fields. Popular programs include: Health Professions and Related Programs, Business, Management, Solar Photovoltaic, Marketing and Related Support Services, Sustainable Agriculture, Lineworker Program, and Construction Trades. Opportunities for part-time and full-time students at two campuses: Fairfield and the Alford Campus at Good Will-Hinckley. [kvcc.me.edu](http://kvcc.me.edu)

**The Apple Farm:** Located on Back Road, one mile off Route 104, between Waterville and Skowhegan. Open August to December for fruit and fresh produce, horse-drawn wagon rides on weekends, pick-your-own apples in several varieties, apple cider, maple syrup, local knitted mittens and more. There is a hillside site for an outdoor wedding or celebration. Call 453-7656 or visit [applefarm.us](http://applefarm.us).

**Sunset Flowerland & Greenhouse:** Find seedlings, perennials, house plants, window boxes, hanging flower pots, cut flowers and arrangements, shrubs, fruit trees, seeds, garden supplies and more in greenhouses and show room at 491 Ridge Road. Call 453-2357 or visit [sunsetgreenhouses.com](http://sunsetgreenhouses.com).

**Hilltop Farms & Greenhouse:** Located, you guessed it - on a hilltop - at 260 Middle Road. The greenhouses and attractive showroom hold a wide variety of everything needed for the garden. Famous for its lobster compost. Call 453-6601 or check their Facebook page.

**Fairfield Antiques Mall:** Maine's largest group shop is located at 382 Skowhegan Road. Great for exploring and finding everything from jewelry & collectables, books, glassware, furniture. Whether you need a painted pine bureau, or old signs, hats, mirrors or tools from another century, you are likely to find it here. Allow yourself some time because there are several levels and many rooms! Call 453-4100 for information or visit [fairfieldantiquesmall.com](http://fairfieldantiquesmall.com).

**Fairfield Pal Sports:** For students from Fairfield, Benton, Albion and Clinton, volunteer coaches make sure area youth can enjoy T-Ball, softball, baseball, soccer, field hock-

More FAIRFIELD, PAGE 17



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# Fairfield

CONTINUED FROM PAGE 16

ey and cheering. *fairfieldpalsports.com*

**Poulin's Antiques & Auctions Inc.:** Family-owned and operated antique business since 1980, located at 199 Skowhegan Road. "One of the top 5 firearms auction houses in North America, based on annual sales." Call 453-2114 or visit *poulinauctions.com*

**Senior Appreciation Day & Chicken BBQ:** The event is held at the Community Center in August, free to Fairfield residents over 60. Food, music, games and awards. Tickets available in July at town office. For more information call 453-7911

**Recycled Shakespeare Company:** Founded in 2013, this Fairfield-based company motto is Reduce, Reuse, Recite, and is an acting company whose goal is "to require as little money as possible to produce great theater." Donations of clothing, props and set pieces are always welcome. No performance scheduled yet for Fairfield but Romeo and Juliet will be performed at Castonguay Square in Waterville on June 23. Emily Rowden Fournier, producer, co-founder and board president, 4 Cottage St. Fairfield. Call 314-8607 or contact at *recycledshakespeare@gmail.com* or visit *facebook.com/RecycledShakespeare*.

**Hiking, Biking or walking the dog:** Mill Island Park, a day-use park owned and managed by the Town of Fairfield.

- Forest Walking Trails at Good Will-Hinckley - maps available at kiosk behind L.C. Bates Museum.
- PAL fields, Industrial Road off Western Avenue.
- Water Street Playground, next to the Community Center.
- Veterans Memorial Park, across from the library on Lawrence Avenue.
- Benton-Winslow Rotary Trail.

Don't forget to leash your dog and pick up dog waste.

So what else do we do in Fairfield in the summer? Kayak and boat on the Kennebec, paint and fish, garden and walk the dog, collect rocks, feed the birds and visit with our neighbors, visit the library and read good books, go to the movies and vote. We are a small river town in Maine with all kinds of good things to do. Go exploring. If you run out of things to do, stop and think for a moment. What have you always wanted to do to make the world a better place? Go out and do it.

# The Great Race is coming to Waterfront Park in Gardiner

BY WANDA CURTIS  
Correspondent

The city of Gardiner is named after Dr. Sylvester Gardiner, a Boston physician who did much to develop the area. Though like many small towns, it declined economically over the decades, in recent years, efforts have been ongoing to revitalize the city while at the same time preserving the historic character.

### Gardiner Main Street

This program was established for that purpose. Concerted efforts have been made to attract newcomers to the area and a number of new businesses have opened during the last several years. Meanwhile, older and well-established businesses such as Reny's Department Store and the A-1 Diner continue to thrive, bringing in a steady stream of people and stability to the region.

Gardiner is home to the Greater Gardiner River Festival which attracts thousands of people. This year's Greater Gardiner River Festival (June 23, 9 a.m. - 9 p.m.) will again kick off the annual Whatever Family Festival in the Kennebec Valley. Activities planned include an open-air craft fair on historic Water Street, active outdoor "field day" events for all ages, a talent show, games and giveaways, specialty food vendors, a chain-saw sculpting demonstration, a blacksmith demonstration, live music and entertainment all day, and fireworks at dusk.

### The Great Race

In conjunction with the Whatever Family Festival, the city of Gardiner will host a stop on the 2018 Hemmings Motor News Great Race on June 26th, 3-10 p.m.

The Kennebec Valley Chamber of Commerce reports that the Great Race, the world's premiere classic car rally, will bring more than 100 antique automobiles to Historic Downtown Gardiner and the Waterfront Park. The Chamber's marketing director, Caroline Saban, said that food trucks will be on hand in Gardiner to feed the crowd and Johnson Hall will put on an early evening show under a tent at the Waterfront Park.

"The race will start June 23 in Buffalo, New York, and weave its way a total of 2,100 miles over nine days taking drivers on a course that starts in Buffalo and continues across upstate New York and through Vermont to Burlington," said Saban. "From there, the course goes east to Mount Washington, and from there across Maine to Gardiner.

"Contestants then will leave from Augusta and head up to Bangor, and then on to Bar Harbor. The final legs of the trip will take drivers across the Canadian border into Saint John and Moncton, New Brunswick, and then over to Nova Scotia, with stops in Truro and Dartmouth, before the rally concludes in Halifax," she said.

### Classic Car Cruise

In addition to the Festival, Gardiner will be the site for a variety of other activities this summer. Thursday evenings between May and September, antique car buffs



Contributed photo

Thousands of people are expected to attend the Greater Gardiner River Festival again this year.

will enjoy a Classic Car Cruise 5-7 p.m. at the Gardiner Waterfront Park. Owners of classic antique cars will display their vehicles while music and entertainment is provided by a DJ, vendors will be available for food.

**Waterfront Concert Series**  
Every other Friday evening at 6:30 p.m., Johnson Hall will offer a free Waterfront Concert at Gardiner's Waterfront along the

More GARDINER, PAGE 18

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## Gardiner

CONTINUED FROM PAGE 17

scenic Kennebec River. There will be a kickoff concert on Friday, June 22 during the Kennebec Valley's Whatever Family Festival. For more information visit [johnsonhall.org](http://johnsonhall.org).

### Gardiner Public Library

Gardiner Public Library, 152 Water Street, hosts a Summer Reading Program from June 25 to August 13. Participants may pick up their chart and Sea Dogs Baseball Game voucher on June 18. Prizes will be awarded beginning on August 1. For questions, call 582-6894.

Lindsay and Her Puppet Pals will share stories at the Gardiner Public Library on Tuesday, August 7 at 10 a.m. Lindsay brings her larger than life Puppet Pals to child and family audiences across New England throughout the year. The presentation is ideal for ages 3-8.

The library will also offer a story and craft time for young children and their caregivers each Tuesday morning at 10:30 a.m. They will also offer a Babies Love Babies Play Group for children up to age three on Friday mornings 10-11 a.m.

### Artwalk Gardiner

The annual summer Artwalk Gardiner will be held on Friday, August 4 inside downtown businesses on Water Street 5:30-8:30 p.m.. Artwalk Gardiner began in 2005 as a collaboration of Artdogs Studios and a group of local artists. This event is also held in May and December. Artists who don't have their own studio or gallery space in the downtown area are paired with local businesses for the evening. Art displayed in the past has included paintings, drawings, fine art prints, photography, sculpture, jewelry, wood-works, and ceramics.

According to [artwalkmaine.org/gardiner/](http://artwalkmaine.org/gardiner/) the purpose of Artwalk Gardiner is "to increase community awareness and appreciation of the visual arts, encourage familiarity between local artists and the general public, and foster the creative economy in the downtown of Gardiner." For more information, contact Artdogs Studios at 712-9734.

### Barks in the Park

Barks in the Park will be held at Gardiner Waterfront Park on Sat., Sept. 9, 10 a.m. - 2 p.m. Pets and owners will celebrate with special demonstrations and other events.

BY NANCY P. MCGINNIS  
Correspondent

**S**ure, it will likely be a bit congested and noisy at times with the construction going on, but anyone staying away from Hallowell this summer is going to regret missing out on great happenings, including some annual traditions while others, such as a "paint the street" block party, a "selfie" contest and a scavenger hunt, are new and unique events.

For those who may be unaware, "Hallowell is the grateful recipient of \$4.5 million in funds for a Maine Department of Transportation road project to completely reconstruct Water Street, the main street through our downtown district," according to Hallowell City Manager Nate Rudy. The project, which started in April, is expected to be largely complete by October of this year.

"Many of our downtown small businesses, residents and nonprofit organizations will be directly affected by this much needed but impactful event," he added, "and in response, a small group of concerned citizens have formed a Down with The Crown planning and outreach effort to attract people to downtown ...reminding everyone that Hallowell is open for business and excited for a great summer season."

Extra parking has been made available, signage is in place to direct motorists as needed, while details and updates on progress, detours and new traffic patterns are readily available - you can even sign up for email alerts at [maine.gov/mdot/projects/hallowell/waterst/](http://maine.gov/mdot/projects/hallowell/waterst/)

The construction is taking place on an expedited schedule: Mondays through Thursdays from sunrise to sunset, and Fridays from sunrise to 3 p.m. And plans are in place for a "ceasefire" roadwork break from June 29th through July 22nd. During that period of time, barriers will be removed so that the full width of Water Street will be accessible to vehicles, bicyclists and pedestrians. Since Old Hallowell Day always falls on the third Saturday in July, the celebration will go on as always this year, on July 21st (and some events, as usual, kicking off the festivities in advance). Visit [www.oldhallowellday.org](http://www.oldhallowellday.org) for

# Hallowell 2018: A summer to remember



Nancy P. McGinnis photo

Colorful original art murals, such as this whimsical trio captured by Christopher Cart, adorn construction fencing along Water Street in downtown Hallowell. The little city's businesses, organizations, and citizens are joining forces to make Hallowell as welcoming and accessible as possible while much needed improvements are made to downtown infrastructure.

a complete schedule and other information as OHD approaches, including a few necessary logistical modifications this year.

Meanwhile, the colorful Adirondack chairs are out along the boardwalk beckoning visitors to Granite City Park; the Rail Trail is ready as always to welcome cyclists, walkers and strollers, and many businesses are offering specials to show their appreciation to their customers. The Hallowell Area Board of Trade is offering community events information as well as spotlighting the featured member business of the week on their website, [hallowell.org](http://hallowell.org)

And not surprisingly, Hallowellians are continuing to show their support for each other and their hometown in countless ways. For instance, the Quarry Taproom will host a fundraiser on Saturday afternoon, June 30th, to support Jesse Tozier, a Hallowell volunteer firefighter who is giving the gift of life by donating one of his kidneys, as well as supporting Scott Baker, who is the grateful kidney recipient. There will be live music by the Boneheads;

a live auction, a silent auction, prize raffles and a 50/50 drawing.

Another example: proceeds from the "Shoot Upward" garden tour on Saturday, July 14th from 10 a.m. to 2 p.m. will go toward the installation of an elevator to provide accessibility to the proposed museum of Hallowell artifacts on the second floor of the old Town House and Fire

Station. Featured local gardens include The Maine Accent, Lux, and the residences of Jane Paxton and Laura Benedict, as well as the landmark Vaughan Woods and Historic Homestead.

Speaking of the Homestead, their third annual Summer Garden Party will celebrate the season on June 23rd from 5-8 pm. This family-friendly event will offer guests a chance to unwind with friends, stroll the gardens, take in the view along with a bit of history, enjoy the classical guitar stylings of Ken Labreque, delicious hors d'oeuvres and a cash bar, watch artists at work and bid on unique handmade auction items and "wet paint" art! Ticket sales will support VWHH community programming and Vaughan Woods stewardship. Tickets and more information online at [VaughanHomestead.org](http://VaughanHomestead.org) or call 622-9831.

Hallowell's thriving cultural scene wouldn't be the same without the superbly talented local performers of Gaslight Theater, offering Agatha Christie's 'Witness for the Prosecution' June 15-17 and 22-24; followed by 'Marriage is Murder' by Nick Hall on August 24-26 & 31, and Sept. 1 & 2. All performances are upstairs in the painstakingly restored, elevator accessible Hallowell City Hall auditorium. More information, show times and ticket reservations are available at [GaslightTheater.org](http://GaslightTheater.org) or via their Facebook page.

Similarly, downtown Hallowell

**More HALLOWELL, PAGE 19**

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## Hallowell

CONTINUED FROM PAGE 18

wouldn't be the same without The Harlow. In this summer of big changes downtown, the home of the Kennebec Valley Art Association (KVAA) has recently relocated just up the street to a spacious venue, at 100 Water Street. The move has not only allowed the organization to expand its gallery and workshop space but also to add the Harlow Craft Shop, offering a curated selection of locally handcrafted items for sale including pottery, woodwork, fiber and textiles, jewelry, books, prints, and more, all created by KVAA member artists and artisans.

An intriguing array of exhibits hosted by the Harlow this summer will include "Dog Days," a light-hearted celebration of our canine companions, running July 6-14. Visitors will find a juried selection of "art that dogs would enjoy," all displayed at dogs' eye level. The opening reception will be held from 5 to 7 p.m. on Friday July 6th in tandem with the opening reception for the much-anticipated traditional KVAA Summer Members' Show.

Well-behaved dogs (leashed, or carried) are welcome to attend the exhibition anytime following the reception during the gallery's open hours: Wednesday through Saturday noon to 6 p.m. and Sundays, noon to 4 p.m. Gallery admission is free. More information can be found at [harlowgallery.org](http://harlowgallery.org) or by calling 622-3813. The new Harlow location is easy to find at the north end of downtown, adjacent to the Hallowell bandstand.

The latter will be the place for young and old to gather once again to enjoy Rock on the River, back for the 22nd year, Tuesday evenings from 7 to 8:30 p.m., weather permitting. The open-air concerts, showcasing local talent and spanning a broad range of music styles, are offered at no charge. Feel free to bring a portable lawn chair or blanket; grab some takeout refreshments to go from one of the downtown eateries, and make an evening of it. The series will run ten weeks, from June 19th to August 21st. Steve Vellani, legendary local musician and Rock on the River organizer, says that Alter Igor will kick off the season on June 19, with acts such as Boogie Mob, Scolded Dogs, All Night Rascals, Travis Humphrey and others filling out the remaining dates. "Don't let the construction keep you away. Come have fun and dance with us this summer!"

# From Beatles to barbeques, Oakland is ready for summer

BY NANCY GALLAGHER  
Correspondent

**S**parkling lakes? Check. Scenic hiking trails? Check. Soft summer breezes? Check. But they are just the beginning of what draws people to the greater Oakland area each summer.

Take music, for example. For more than 70 years the New England Music Camp, 8 Goldenrod Lane, Sidney, (now a part of the Snow Pond Center for the Arts) has opened its elegant Bowl in the Pines for free weekend concerts. This year's schedule begins Saturday, July 7 and ends Sunday, August 12. Concerts begin at 3 p.m. and end at 5 p.m. No concert on Saturday, July 21. Bench seating is available or pack lawn chairs and settle in the shade of one of those magnificent pines.

The 2018 Snow Pond Music Festival begins June 10 and ends June 26, filled with recitals, performances and a Sunday, June 24 Jazz Brunch at 10:30 a.m. Details at [SnowPond.org](http://SnowPond.org).

The Snow Pond Symphony celebrates American legends Leonard Bernstein and John Williams on Sunday, July 1 at 6 p.m. in Bowl in the Pines. A bar-b-que picnic begins at 4:30 p.m. Tickets are \$25 adult with bar-b-que, \$18 adult concert only. \$15 student/

child with bar-b-que. \$9 student concert only.

Consult the Snow Pond Center for the Arts website [SnowPond.org](http://SnowPond.org) for the July performance schedule of Alumni Guest Artist and jazz pianist Jim Holton.

July 21 brings the 39th New England Music Camp (NEMC) Annual Pops Concert at Bowl in the Pines. The 6 p.m. performance also features a silent auction and door prizes. Tickets \$20, with all proceeds benefiting the NEMC scholarship fund.

The Camp's musical theater students conclude the 2018 season with two performances of the deliciously devious "Little Shop of Horrors" in Alumni Hall on Thursday, August 9 and Friday, August 10. Performances begin at 7:30 p.m. Tickets for adults \$20 and students \$10. Limited seating.

NEMC celebrates its traditional Maine Appreciation Day Sunday, August 12, beginning with a 1 p.m. Artisan Market featuring artists, craftspersons and gourmet carts purveying their wares. The 3 p.m. concert is in the Bowl in the Pines and is free.

Monday, August 13 the Snow Pond Center for the Arts welcomes Don Campbell for an Evening of Dan Fogelberg music in Alumni Hall. Doors open at 6 p.m. Concert begins at 7 p.m. Tickets \$20. Cash bar.

Broadway comes to Maine on Tuesday, August 28 when musical award nominees Bryce Pinkham and Scarlett Strallen take the audience on a magical evening of Broadway classics directed by Paul Staroba. The Alumni Hall doors open at 6:30 p.m. Concert begins at 7:30 p.m. Tickets for VIP seating with Meet and Greet \$35; adult general admission \$20; student general admission \$15. Cash bar.

The 2018 season closes with a Wednesday, September 5 performance by "The Fab Four: the Ultimate Tribute." With note-for-note precision, these performers recreate the magic of the Beatles. Gates open under the Bowl in the Pines lights at 6:30 p.m. Concert begins at 7:30 p.m. VIP tickets \$35; general admission \$25. So "Hey Jude," spend "A Day in the Life" in "Penny Lane" because "Here Comes the Sun."

Tickets and details for all shows are available at [SnowPond.org](http://SnowPond.org). All proceeds for ticketed events benefit the student scholarship program.

Then there's Oakfest 2018, Oakland's annual weekend

celebration July 27 to 29. The opening parade, hosted by the Oakland Lions Club, begins Friday at 6 p.m., "honoring our first responders," says Oakland Town Office administrator Kathy Paradis. Food vendors and an adult beverage tent will add to the celebration. To participate in the parade, consult the Oakfest website at [Oakfestmaine.com](http://Oakfestmaine.com) for forms and rules.

Bring your lawn chairs for the Main Street street dance following the parade—although the Rockit Band's music and RJ the DJ may keep you up and dancing.

Saturday's open-air market bursts with family activities from 10 a.m. to 3 p.m. at Williams Elementary School, 55 Pleasant Street, Oakland. What's there? Artisans and crafters, food, and kids' activities like a bounce house, slide, bungee run and petting zoo for starters. Live music and entertainment from The Merry-Go-Round Band and Camp Manitou will fill the air. Horse and carriage rides, a Civil War reenactment and an antique

More OAKLAND, PAGE 20

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For an exciting finish to Oakfest, get a team together for Sunday's Paddle, Pedal and Pound the Pavement Triad, beginning at 9 a.m. at the Oakland Boat Landing. For more Oakfest information, consult its website at [Oakfestmaine.com](http://Oakfestmaine.com) or telephone Kathy Paradis at 465-7358.

## Oakland

CONTINUED FROM PAGE 19

car show appeal to all ages and interests.

The Sunday morning Triad begins at 8 a.m. at the Oakland Boat Landing on Old Belgrade Avenue. Individuals or teams will paddle, run and bike their way to the finish line. Cheering onlookers welcome! For details and registration information, please consult [Oakfestmaine.com](http://Oakfestmaine.com).

For more Oakfest information, consult its website at [Oakfestmaine.com](http://Oakfestmaine.com) or telephone Kathy Paradis at 465-7358.

Calling all kids. It's Libraries Rock! at the Oakland Public Library, 18 Church Street, Oakland. Each of these Friday morning programs begin at 10:30 a.m.:

July 13 Music with Judy Pancoast;

July 20 Bug Invasion! By the Chewonki Foundation;

July 27 Animal Talk with Gene Roy;

August 3 Everyone is a Musician! with Peter Godfrey;

August 10 Celebration Party! with the Library staff.

Parents of kids loving art, music or theater can contact Snow Pond Center for the Arts for information about their six separate weeks of arts day camp at the Center, 8 Goldenrod Lane in Sidney. For details contact [enrichment.snowpond.org](http://enrichment.snowpond.org) or telephone Jen Birch at (844) 476-6976 x401.

Let's eat! What's summer without a bar-b-que? The Oakland Firefighters annual chicken bar-b-que lights up at the Fire Station at 11 Fairfield Street on Saturday, July 14 from 11 a.m. until sold out. Each \$9 meal includes a half chicken, roll, chips, coleslaw and soda. Proceeds help finance fire-fighting equipment purchases.

Lobster, anyone? The annual Oakland Lions Club lobster bake has moved to the Oakland Waterfront Park and Boat Landing on Old Belgrade Avenue, Oakland. This year's event takes place Saturday, August 11 from 11 a.m. to 2 p.m. Dine onsite to enjoy the lakeside view or take out. Each dinner includes a lobster (or two), baked potato, corn on the cob, blueberry cake, and a cold soft drink. Single lobster dinner is \$14. A double lobster dinner is \$22. Please reserve your dinner by calling Tom at 702-3935.

How about ice cream! The Oakland Historical Society plans two summer ice cream socials at the Macartney House Museum, 25 Main Street, Oakland. For dates and times, please consult the Society website at [rootsweb.ancestry.com/~mecoakla](http://rootsweb.ancestry.com/~mecoakla).

Yard Saling! The Oakland Lions Club continues their monthly summer yard sales. Friday and Saturday, June 22 and 23; Saturday, July 14, and Friday and Saturday, August 17 and 18, from 9 a.m. to 3 p.m., it's bargain heaven at the Lions Club building, 15 Hubbard Street, Oakland.

This summer, enjoy the small-town charm of Oakland.



# Tips for hosting a fun 4th of July party

**T**he Fourth of July is a day to celebrate in the United States. Much about July makes the fourth day of the month the ideal time to celebrate. School is out, the weather is warm and the generally relaxed attitude of summer has typically set in by the first week of July.

People tasked with hosting Fourth of July festivities may not feel the same pressure when hosting such gatherings as they would when hosting more formal affairs. The relaxed nature of summer often pervades Fourth of July festivities, but hosts can still take a crash course in summer hosting to ensure everyone has a good time.

- **Don't try to break the mold.** Some hosts may be tempted to think outside the box in regard to the foods and beverages they'll serve at their Fourth of July parties. While hosts can still experiment and serve new foods and creative cocktails at their parties, many guests will be anticipating some Fourth of July staples, such as grilled hot dogs and hamburgers and cold beer and lemonade. Making sure such foods and beverages are served alongside more experimental fare won't disappoint traditionalists, and those looking for something beyond the norm won't be disappointed, either.

- **Embrace the red, white and blue.** When decorating, opt for red, white and blue decorations. This gives the party a distinctly Fourth of July feel. Red, white and blue napkins and tablecloths are readily available come July, and hosts with a gift

for crafts can even create their own decorations to use year after year.

- **Prepare to entertain.** Unlike holiday season gatherings that typically begin in the evening, Fourth of July parties tend to begin in the afternoon and extend into the night. That means hosts must not just feed their guests, but entertain them as well. Since Fourth of July parties tend to take place outdoors, plan lots of backyard games, such as badminton, bocce, Wiffle ball, horseshoes, and more. Hosts with swimming pools should have pool games readily available as well.

- **Leave the fireworks to the professionals.** Hosts should not succumb to pressure, real or perceived, to supply fireworks at their Fourth of July parties. Fireworks can lead to injuries and accidents and are best left to the professionals who put on community fireworks shows.

- **Arrange transportation home for guests.** To make sure everyone gets home safe and sound, arrange in advance for some guests to serve as designated drivers. Hosts also should abstain from consuming alcohol during the party so they can get people home safely if necessary. Keep a list of local taxi company phone numbers on hand and encourage guests who plan to consume alcohol to use ridesharing apps to get to and from the party.

Fourth of July festivities typically are less formal than other celebrations, but hosts still must plan their parties to ensure everyone has a fun, safe Independence Day.



# Allergies — the irritating signs of summer

BY WANDA CURTIS  
Correspondent

According to the calendar, summer doesn't officially arrive until June 21.

However, many telltale signs of summer in Maine are already present – black flies, mosquitoes, dandelion-covered lawns, and traffic from away. Along with these signs of summer, some people are beginning to experience summer allergy symptoms.

Scott Dyer DO, Maine General allergy and asthma specialist, said that summer allergies can cause multiple symptoms. Sneezing, runny nose, watery eyes and even dark circles under the eyes can all be signs of a summer allergy.

Dyer said that the most effective way to treat summer allergies is to start using antihistamines before symptoms even begin.

“The first line treatment [for seasonal allergies] would be a non-drowsy antihistamine like Zyrtec® or Allegra®,” said Dyer. “Those work better if taken before pollen season starts.”

Dyer said that if antihistamines alone don't control a person's symptoms, they might want to consider using a steroid intranasal spray like Flonase®, Rhinocort®, or Nasocort®. Also, he said, antihistamine eye drops such as Zaditor® may also help.

If seasonal allergy symptoms aren't controlled by those medications, Dyer recommends having an evaluation by an allergist who might adjust the medications or suggest allergy testing and desensitization with injections.

## Browntail moth caterpillars

Dyer said that many people in Maine have experienced allergic symptoms after having contact with browntail moth caterpillars which have invaded the state in recent years. Hair cells on the caterpillars contain a toxin that can cause a skin rash that looks like poison ivy that can last from several hours to several days.

The Maine CDC (Center for Disease Control and Prevention) reports that people can develop dermatitis either from direct contact with the caterpillar or indirectly from contact with airborne hairs. The CDC notes that some people also develop respiratory distress from inhaling airborne hairs and that can be serious. They recommend taking a cool shower and changing clothes after engaging in activities that



could bring a person into contact with caterpillar hairs. They also recommend raking, mowing, and/or weed whacking when foliage is wet to prevent caterpillar hairs from becoming airborne and wearing a respirator, goggles, and coveralls when raking, mowing, or weed whacking. Caterpillar hairs can also become imbedded in clothing hung outdoors so the CDC advises that it may be best to dry laundry indoors during June and July.

According to the Maine CDC, rashes caused by contact with the caterpillars can often be treated with over-the-counter products but severe reactions or breathing problems should be treated by a physician. See [maine.gov/dhhs/mecdc/infectious-disease/epi/vector-borne/browntail-moth/index.shtml](http://maine.gov/dhhs/mecdc/infectious-disease/epi/vector-borne/browntail-moth/index.shtml) for more information.

Dyer said that tree pollens are a major source of allergy symptoms experienced during late spring and early summer. Weed pollens, especially ragweed, usually cause allergy symptoms from the end of August right up to the first frost. He said that even people who don't have allergies may develop watery eyes and swollen nasal passages from exposure to

pollen.

It's not uncommon for the children of a parent with pollen allergies to also develop allergies. If one parent has pollen allergies, a child has up to a 50 percent chance of developing pollen allergies and if both parents have allergies, the risk is even higher.

“Pollen allergies are not usually seen before the age of 2 years but you may see allergies to pet dander or dust mites even in infants,” Dyer said.

According to Dyer, the presence of chronic nasal congestion, eczema and asthma can be indicators that a child has allergies and skin testing can be performed even on infants. At least 60 percent of people with asthma are allergic to something, he said. However, asthma can also be induced by respiratory infections, exercise, cold air and cigarette smoke.

## Some allergies can be deadly

In addition to environmental allergies, Dyer said that food allergies are on the rise. Nuts are one of the major offenders that can cause life-threatening allergic reactions. The non-profit organization Red Sneakers for Oakley was formed in 2016 to

raise awareness of the seriousness of food allergies among children. The organization was established by Merrill and Robert Debbs whose 11-year old son Oakley died in Kennebunkport from an anaphylactic reaction to nuts. Oakley's reaction was reportedly treated with Benadryl rather than epinephrine because his parents were unaware that his nut allergy could cause an anaphylactic reaction. Oakley always wore red sneakers when he played sports and his parents now encourage people across the world to wear red sneakers to raise awareness of the seriousness of food allergies. For more information, see [redsneakers.org/about-us](http://redsneakers.org/about-us).

Dyer said that a new patch used to desensitize people with a peanut allergy is currently waiting for FDA approval. Researchers hope the patch can prevent people from having a serious reaction if exposed to peanuts. It has not been determined whether the effect from the patch will remain if it's removed. An oral product for peanut allergy is also awaiting FDA approval. For more information about food allergies, see [foodallergy.org](http://foodallergy.org).

**Bee stings can also cause life threatening allergic reactions.** Dyer said there's a 40-60 percent chance that adults who experience an anaphylactic reaction to a bee sting will experience another anaphylactic reaction if stung by a similar type of bee. He said that it's important to be tested after a reaction to determine which type of bee venom causes a reaction and that desensitization may be possible. When carrying an epinephrine kit for anaphylactic reactions, he said, it's important to always carry two syringes in case one syringe malfunctions.

In regards to desensitization, Dyer added that it is sometimes possible to desensitize people to antibiotics to which they're allergic. If a person needs a particular antibiotic to which they have an allergy, it may be possible to have the antibiotic administered in an intensive care unit where medications would be used to treat the anaphylactic reaction to the antibiotic. Also, children and adults sometimes outgrow allergies to certain antibiotics and that skin testing by an allergist can determine whether a person is still allergic to antibiotics.



# Feel the need for speed? There's a raceway near you

BY KATE CONE  
Correspondent

**D**o you sometimes, especially during those balmy summer days and nights, feel the need for speed? You're not alone. Watching stock car races is one of the top spectator sports in the country. First, what is a stock car? It's a car that has been altered from its original factory specifications. A bigger motor to provide high speeds, being an important such alteration.

As for the history of stock car racing, one source credits Prohibition, the very act that prohibited selling alcohol, to the formation of the sport. What's the connection between booze and car racing?

Stock car racing was developed in the days of Prohibition and began to spread in the 1920s. ...stock cars were modified during this time to help alcohol producers outrun law enforcement while transporting liquor, which had become illegal to sell. The cars looked like all the other automobiles on the road, but they had been altered slightly to make them capable of reaching high speeds. "Moon runners" as these individuals were called, began bragging about their 120 mph exploits, and soon after they began racing on the weekends. Thus, stock car racing was born.

(www.condonskelly.com)

Stock car racing provides a great outlet for fun and competition for the many racers, who Ken Minott of Wiscasset Speedway says, "...can be your mailman, electrician, banker. During the day these people are everyday folks. At the speedway, they can be champions."

Minott, who worked for years in local radio as a disc jockey, now announces the races at Wiscasset and is proud of what they offer.

"We are family-friendly with a five-dollar admission fee that is affordable. Kids under age six are free."

And yes, Minott says, he makes a point to announce to the crowd that there's a significant amount of noise and ear protection is available at the concession stand, a must for young kids and probably most of the adults.

Most tracks have monster truck events, where gigantic modified trucks usually run a race around junk cars in the middle and are judged on how well they execute certain tricks.

"The big draw for us is Greg Winchenbach. He's from Jefferson but competes on the national level. His truck looks like a lobster."

Minott's favorite part of announcing is a good, hard-fought race, where the driv-



Photo contribute by Peter Taylor [www.petespicks.smugmug.com](http://www.petespicks.smugmug.com)

Wiscasset Speedway "Pro Stock Track" is their top class with fast high performance engines. In this photo the action is from the first turn, #25 is Barry Poulin from Bento; #2 is Chris Ryan of Newburgh; #15 is Nick Hinkley of Wiscasset, and #21 James Barker of Jay.

ers get out of the cars and shake hands. That's when I'm happiest."

Vanessa Jordan owns Wiscasset Speedway with her husband.

"When we bought the track, he told me, 'I bought you a job.'" She laughs and adds, "It's a lot of hard work putting on a race day. We have a volunteer staff of 50 people who come for the day and help out because they love the sport."

George Thomas is the major multi-tasker at Speedway 95 in Hermon.

"I'm the announcer, I do the public relations and mow the lawn."

The now-retired Thomas, who had a career with the State of Maine, joked about his role at the track, which bills itself as "the family fun track."

Describing the layout, Thomas said, "It's a flat track, 1/3 mile around, asphalt, not dirt."

The races are based on numbers of laps driven around the track and the types of vehicle involved.

"They go from starter cars off the street to completely custom built by one of the race shops in the state."

What's the most popular event? "Fans like the faster cars - late models, custom cars."

"Speed costs money. We like to say, 'How fast can you afford to go?'"

Thomas is proud of Speedway 95's kids' program.

"It's run only after school gets out and stops when school starts in the fall, so kids aren't tempted to skip school to go to the track." Girls as well as boys participate in this program. "The kids run Wednesday nights: basic cars off the street, and they're not allowed to alter them much. Road runners, they're called."

Oxford Plains Speedway is the grandfather of the Maine tracks. Celebrating 70 years of racing, they host what some consider the crown jewel of events: the Oxford 250. With 14,000 seats, it's among the biggest sports venues in the state and people come from all over for this event. Join the crowd for the 45th running of this great race August 24-26.

What's to eat at the races? You're not going to find a kale Caesar salad, for certain.

"It's fair food," as George Thomas puts it, "deep-fried Twinkies, jalapeno poppers, things like that."

At some tracks you can bring your own food or fire up a grill. Pack that kale salad in your Tupperware and tote it along.

There's fun and excitement at the races. But there's more to those monster trucks than meets the eye. Last year, after Hurricane Harvey devastated Houston, Texas, people driving monster trucks, the only vehicles that could traverse higher flood waters, helped first

responders with rescues and deliveries of food and other necessities. That's a mechanical "evolution" that has positive social implications. Gentlemen and ladies, start your engines.

Check the tracks' website and/or Facebook page for the 2018 schedule of races and special events.

#### FOR MORE INFORMATION

**OXFORD PLAINS SPEEDWAY**  
877 Main Street (Track address),  
Oxford call 539-8865  
or check [oxfordplains.com](http://oxfordplains.com)

**SPEEDWAY 95**  
1070 Odlin Road, Hermon  
call 945-9595  
or check [speedway95racing.com](http://speedway95racing.com)

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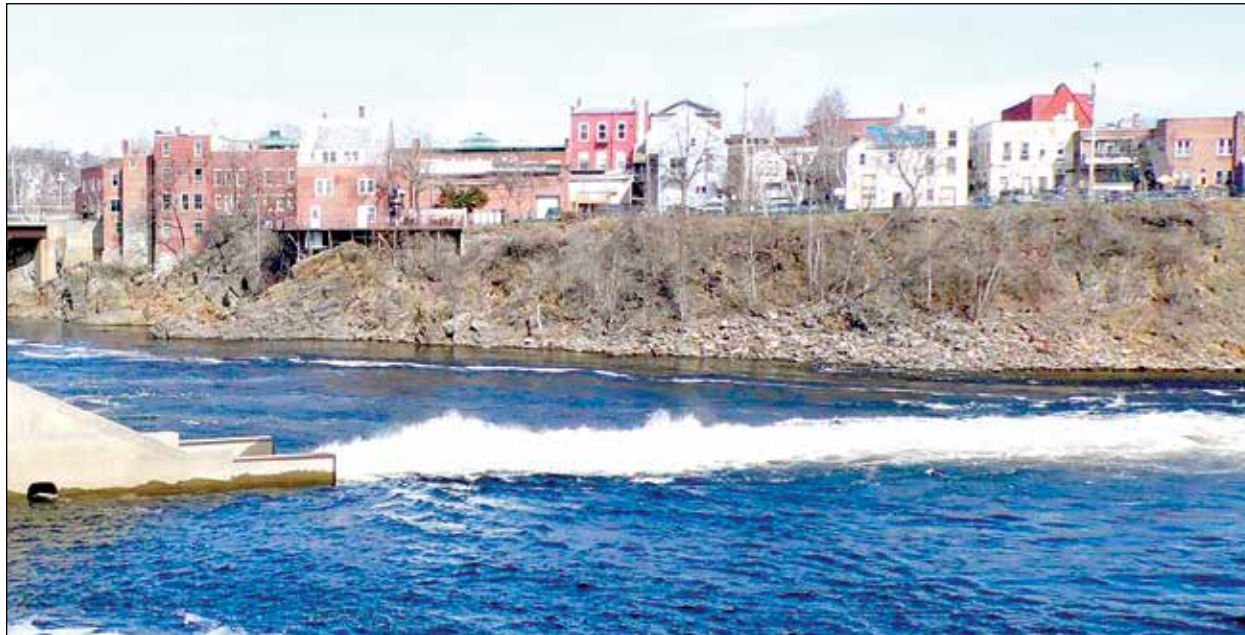
# Moose, brews, artwork and fair enliven a Skowhegan summer

BY SUSAN VARNEY  
Correspondent

The Kennebec River grinds its way around an island in the river at the center of Skowhegan as traffic winds its way through town on its way north and south. This is the county seat of Somerset County reaching to the Canadian border.

**Skowhegan Farmers' Market:** Saturday 9 a.m. - 1 p.m. at the Somerset Grist Mill, downtown. Find fresh, seasonal fruits and vegetables, naturally-raised meat - beef, pork, poultry, lamb and goat - along with milk, eggs, cheeses, baked goods, coffee, maple syrup, honey, soaps and salves, seedlings and cut flowers. Also beer from Oak Pond Brewery.

**Skowhegan Moose Festival:** June 8-10. On Saturday, June 9, the 2018 Moose Permit Lottery comes to the Skowhegan. More SKOWHEGAN, **PAGE 24**



Susan Varney photo  
Downtown Skowhegan from the west bank of the Kennebec River.

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# Skowhegan

CONTINUED FROM PAGE 23

hegan Fairgrounds, a fitting tribute to the Skowhegan State Fair's 200th anniversary and a kickoff to summer. To celebrate, nonprofit Main Street Skowhegan is coordinating the weekend Moose Festival. The festival will include the Moose Lottery drawing exhibits, demonstrations, competitions, kids' activities, local food trucks, live music and more.

### Skowhegan River Fest:

August 1-5. River Fest is a multi-day celebration in downtown Skowhegan – recreation and life on the Kennebec River – sponsored by Skowhegan Savings and organized by Main Street Skowhegan, the Skowhegan Area Chamber of Commerce, and the Skowhegan Run of River committee. River Fest illustrates the potential of the Kennebec River Gorge as a recreational destination, currently under development by the Run of River project. For more information visit [mainstreetskowhegan.org/index.php/info/River%20Fest](http://mainstreetskowhegan.org/index.php/info/River%20Fest)

**Skowhegan Drive-In Theater:** Rt. 201 south of town, Skowhegan, 474-9277. This 1954 drive-in has updated to digital and is showing first-run movies. Be sure to check it out, especially if you remember growing up with drive-in movies. Food and drink available. Shows start at dusk.

**Skowhegan History House & Research Center:** SHH sponsors events monthly to explore Skowhegan history. Includes photos, cemetery walks, talks, documents, raw materials, goods and manufactured products; systems for transportation to and fro; and how the railroad helped Skowhegan to establish itself. Beginning May 30th Skowhegan History House Museum & Research Center will be open on Mondays from 10 a.m.-1 p.m. for research purposes only (no tours). This will allow researchers to come in and concentrate on their research. The History House tours are held Tuesdays and Saturdays, 10 a.m.-4 p.m. at 66 Elm Street. For information about more summer events: [skowheganhistory-house.org](http://skowheganhistory-house.org)

More SKOWHEGAN, PAGE 26



Contributed photo

At the Skowhegan Craft Brew Festival last year, balloons directed attendees where to find VIP brews, food sample, and non-beer samples including wine and spirits.

Mon.-Thurs. 6 a.m.-8 p.m. • Fri. 6 a.m.-9 p.m.  
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Susan Varney photo  
Skowhegan Indian by Bernard Langlais (1921-1977) Alumnus of the Skowhegan School of Painting & Sculpture.

## Skowhegan CONTINUED FROM PAGE 24

**Craft Brew Fest:** Saturday, September 1 from 2-7 p.m. Celebrate Maine's Craft Brewers and Farm-to-Table Movement. Maine craft brewers serving beer, wine, cider, and spirits; local food vendors featuring farm-to-table fare; live bands; opportunities to explore downtown Skowhegan and the Langlais Art Trail; and tours of the Somerset Grist Mill. For more info and choice of 4 ticketing options call 612-2571 or check [skowhegan-craftbrewfest.com](http://skowhegan-craftbrewfest.com)

**Skowhegan State Fair,** operating since 1818: August 9 - 18 at the Skowhegan State Fairgrounds, 33 Constitution Avenue. Phone 474-2947 for information or for a schedule of events and admission costs visit [skowheganstatefair.com](http://skowheganstatefair.com)

**Margaret Chase Smith Library and Research Center:** 56 Norridgewock Avenue. The Margaret Chase Smith Library, owned by the Margaret Chase Smith Foundation and operated under its auspices by the University of Maine, is an archive, museum, educational facility and public policy center preserving the legacy of Margaret Chase Smith. American political history is preserved here, advancing her ideals of public service, and civic engagement. Smith's home and library are filled with memorabilia from her thirty-two year congressional career. For information call 474-7133 or check [mcslibrary.org](http://mcslibrary.org)

**Lakewood Theater:** 76 Theater Road. Madison. The 118th season May to September is offering one dramatic comedy, two farces, three comedies and three musicals – some old favorites and some brand-new shows. Call 474-7176 or see the full schedule at [lakewoodtheater.org/theater/full-schedule](http://lakewoodtheater.org/theater/full-schedule)

**Skowhegan Free Public Library:** 9 Elm Street, Skowhegan. The Skowhegan Free Public Library is in an architecturally significant Queen Anne brick building designed by Edwin E. Lewis and completed in 1890. For information, call 474-9072 or check [skowhegan.lib.me.us](http://skowhegan.lib.me.us).

**Bernard Langlais Art Trail:** Ask about their Bernard Langlais art at the library, town office and see examples in pocket parks around town for more sculptures as well as the Skowhegan Indian. [langlaisarttrail.org/art-trail-map](http://langlaisarttrail.org/art-trail-map).

**Lake George Regional Park:** Rte. 2 Skowhegan/Canaan line. The park has 320 acres of land, two sand beaches, a boat launch, playing fields and hiking trails. Call 373-1292 or visit [lakegeorgepark.org](http://lakegeorgepark.org).

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# Most entertainment family-friendly and free in the Upper Kennebec Valley area

BY VALERIE TUCKER  
Correspondent

Small towns in the Upper Kennebec Valley offer some of Maine's best free entertainment. Solon's great family 4th of July parade is worth the trip, according to organizer Shawna Albert. She and other volunteer organizers have seen the size of both the crowds and the parade itself grow every year.

"We're really, really seeing lots more participation," she said. "It's great to see that happening."

The parade starts at 11 a.m. near the fire department in downtown and goes a mile to the Falls Road. For more information or to sign up for the parade, email [solons4thofjulyparade@gmail.com](mailto:solons4thofjulyparade@gmail.com).

Madison and Anson have a steady stream of visitors who are interested in early American and local history, nature walks and other types of outdoor recreation. Every Saturday, at the Main Street Park and Playground, the Madison Farmers Market opens from 9 a.m. to 2 p.m., offering fresh produce, baked goods, locally-made crafts, soaps and other products.

Nearby, a former church, now privately owned as the Somerset Abbey, offers several shows each month during the summer. This year's music schedule includes Sojourn: Sounds of the Moody Blues, June 15; Emily French & Dirty Little Secrets (country rock), July 14; Mallett Brothers (country & country-rock), July 20; Erin Harpe & The Delta Swingers (blues, boogies, funk, soul), August 17 and Brickyard Road, a Lynyrd Skynyrd tribute, September 1. Visit [somerseatabbey.net](http://somerseatabbey.net) for more information.

A perennial draw for locals and visitors is Madison-Anson Days, which runs from August 23 - 26. Events include a book sale, sidewalk crafters and plenty of family entertainment. Area farmers will offer products and produce as part of the Down on the Farm theme. At 10 a.m. on Saturday morning, the Grand Parade kicks off another day of activities, with a fireworks display to cap the celebrations. Sunday events include a fishing derby and golf tournament. For more information on the developing Madison-Anson Days schedule, check their Facebook page or email [shawnaalbert@icloud.com](mailto:shawnaalbert@icloud.com).



Madison-Anson Days photo

A perennial draw for locals and visitors is Madison-Anson Days, which runs from August 23 - 26. Events include a parade, book sale, sidewalk crafters and plenty of family entertainment.

Bingham's Family Fun Day on July 21 also features games and other activities. The schedule still is in development, but the organ-

izers promise that the event will be fun for all ages.

More UPPER KENN. VALLEY, PAGE 28



Somerset Abbey photo

A former church, now privately-owned as the Somerset Abbey, offers several shows each month during the summer.

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# Upper Kennebec Valley

CONTINUED FROM PAGE 27

## MADISON-ANSON DAYS SCHEDULE

### Thursday, August 23 Anson

6 p.m. - Kid's Power Wheels Demo Derby (pre-register at Anson Town Office by noon on Aug. 23)

### Madison

10 a.m. - Book sale, Madison Public Library  
11 a.m. - 7 p.m. Crafters & vendors at Skowhegan Savings Bank  
4:30 - 6:30 p.m. Backyard Farms Chili & Dynamite Cook-Off (Main Street Park, \$2)

### Friday August 24 Anson

2:30 p.m. Pie Eating Contest  
2:30 p.m. Petting zoo  
3 - 5p.m. Bike Safety, K9 demonstrations  
3 - 8 p.m. - Anson Carnival, including Zorb Ball, bounce house, climbing wall, dunk tank, mechanical bull and more  
3 - 8 p.m. Antique tractor, farm displays & demonstrations, wood carving by Brad Clark  
5 - 8 p.m. Pony Rides  
5 p.m. Horseshoe & fry pan toss tournaments  
6 p.m. Pig scramble (ages 4-12, \$3 admission)

### Madison

10 a.m. Book sale: Madison Public Library  
10:30 a.m. Kid's bike race at 55 Weston Ave.  
11 a.m.-7 p.m. Crafters and ven-

dors at Skowhegan Savings Bank  
5-7 p.m. Lobster bake at the American Legion

### Saturday August 25 Anson

9 a.m. Antique tractor and car show, Anson Town Office

### Madison

9 a.m. - 4 p.m. Crafters and vendors, Skowhegan Savings Bank  
9 a.m. - 1 p.m. Farmer's Market, Skowhegan Savings Bank  
9 a.m. - 2 p.m. Craft Fair, SRS School, Pleasant St., Madison.  
10 a.m. - 2 p.m. Walk-in Bingo, American Legion, Madison

10 a.m. Down on the Farm-themed parade from Anson to Madison  
10 a.m. Book sale: Madison Public Library  
10 a.m. - 4 p.m. Family Fun Day, Main St. Park-Playground,  
11 a.m. - 1 p.m. Chicken BBQ at Piper's House of Beauty, Madison  
9 p.m. Fireworks (set off from Anson side of the river)

### Sunday, August 26

8 a.m. - 2 p.m. Smallmouth Bass Fishing Derby, Nathan St. Boat Landing, Madison  
9 a.m. - 2 p.m. Lakewood Golf Tournament, East Madison



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Fri., August 17 • 6-10 p.m.**

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# Catch the Vibe! Enthusiasm, excitement and events in Waterville

BY NANCY GALLAGHER  
Correspondent

**Food**

A RiverWalk along the Kennebec and a multi-use Colby structure in the Concourse dramatically alter the downtown Waterville landscape. How better to take in the changes than at the Taste of Waterville? This annual alfresco foodie feast has the ambiance of a summer reunion with friends and family.

From 11 a.m. -11 p.m. on Wednesday, August 8, downtown Waterville becomes all things Taste.

More than 14 Bite booths and 24 vendor booths open in the Concourse for food, games, giveaways, shopping and more.

New to the Children's Events, again located behind the Concourse's Key Bank, kids can play bucket drums and visit

the instrument zoo, thanks to Snow Pond Center for the Arts volunteers.

Emery's Meats and Produce will sponsor two afternoon enhanced cooking demonstrations in Castonguay Square. Consult the Taste website or Facebook page for times.

Back by popular demand, Sparks the Rescue again fills the Beer Garden with music.

The Garden opens at 5 p.m. at its new location in the southwest section of the Concourse, near the Habitat for Humanity Re-Store.

At least 12 restaurants will begin offering their specialties on Main Street at 5 p.m. Mix or match to create a dinner of personal favorites, then have a seat and enjoy the Downeast Brass Band.

Strollers can stop to enjoy youth dance and gymnastic team performances on Main Street. Consult the Taste website or Facebook page for location and timing.

Sunny with chance of meatballs! It's Amici Cucina's fifth annual marvelously messy Meatball Eating Contest at 7:30 p.m. in front of their restaurant at 137 Main Street.

Parking for the Taste will be at Head of Falls, assuming the RiverWalk project is complete. For those needing assistance, golf cart transportation will be available.

As always, the Taste is a smoke-free event. And no pets, please.

For updated information on More WATERVILLE, **PAGE 30**

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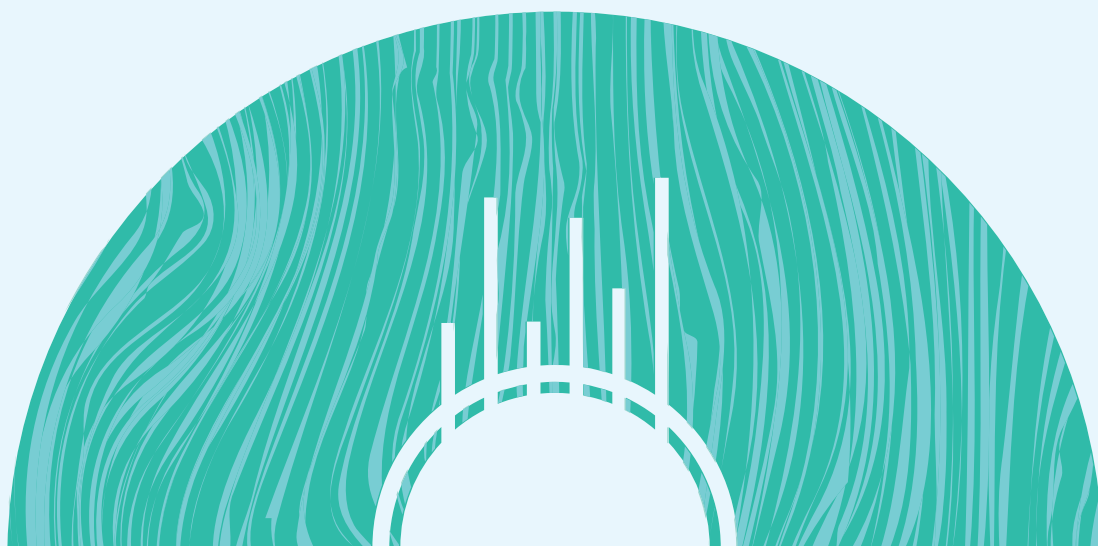
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# Waterville

CONTINUED FROM PAGE 29

all events, menus and parking, please consult [tasteofwaterville.com](http://tasteofwaterville.com), or [facebook.com/tasteofwaterville/](https://www.facebook.com/tasteofwaterville/) or call the Chamber office at 873-3315.

### Kids

Libraries Rock! begins Saturday, June 22 at the Waterville Public Library, 73 Elm Street where summer adventures await pre-readers, beginning readers and readers up to age 12. Here's a sampling of program highlights: crafts on Tuesdays, story time at the Farmers' Market on Thursdays, weekly hands-on science projects, and a special performance by Maine singer Matt Loosigian on August 11. Check for times and a full listing of activities, including music, science, computing, plus arts and crafts projects on the Library's events calendar at [watervillelibrary.org](http://watervillelibrary.org) or telephone 872-5433.

### Film

Attention cinemaphiles. For ten days, in over 100 films, international stars will shine in Waterville during the 21st annual Maine International Film Festival (MIFF). From Friday, July 13 through Sunday, July 22 dozens of restored classics, documentaries, shorts, premieres and foreign language films fill screens at Railroad Square Cinema and the Waterville Opera House.

Actors, directors and producers will appear for Q&A sessions following several films. This Global Filmmakers Forum brings together film talent from Hollywood, Europe, the United Kingdom, Africa, South America and beyond for a rare, interactive audience opportunity.

Film restorations include "Jabberwocky" and "Picture of Light." A new film profiles iconoclastic director Hal Ashby, whose acclaimed films from the 60s and 80s include "Being There" and "Shampoo." "Being There" is among the digital restorations included in this year's showings.

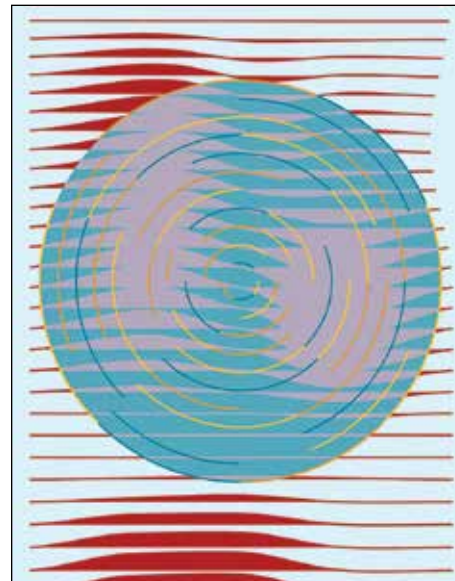
A 35-millimeter print of "Bound for Glory," Woody Guthrie's biopic, will screen his life "as it was meant to be

More WATERVILLE, PAGE 32



Waterville Creates! contributed photo

Kids creating their own artworks at the Waterville Creates! December Joy to the Ville event.



Contributed artwork  
An abstract 2018  
Maine International  
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# Help wild birds in Maine this summer

BY NANCY P. MCGINNIS  
Correspondent

Maine residents, seasonal visitors, and tourists often look forward to spending time outdoors across our state in the summer. But while enjoying the water, strolling downtown or exploring the woods, would you know what to do if you happened upon a bird appearing injured, abandoned or otherwise in distress?

Fortunately, for the past two decades, guidance and resources have been available thanks to a Maine nonprofit organization called Avian Haven. It serves as a hospital and rehabilitation center, dedicated to the return of injured and orphaned wild birds to their natural roles in the wild.

Year 'round, anyone in Maine who is aware of a wild bird in need of help can contact Avian Haven for advice and expertise in determining whether, and how, to intervene. Through a statewide network, local volunteers transport (or help by relaying) birds, ranging from hummingbirds to sparrows to bald eagles, to Freedom, Maine where Avian Haven provides clinical care, nutritional support, species-appropriate housing, and flight conditioning made possible by a small group of professionals and skilled volunteers. If at all possible, the bird is eventually returned to the area where it was found when it is deemed able to be released back to the wild. A small number of birds that cannot be released for medical or other reasons become permanent residents, playing a vital "foster parent" role, year after year, to newly admitted young birds each season.

Because improper diet and/or medical care (even with the best intentions) can quickly create permanent damage, it is illegal for members of the public to keep wild birds in captivity. "Good Samaritans" may rescue birds in distress, but must transfer them immediately to a rehabilitator with the proper state and federal permits, such as Diane Winn and Marc Payne, who co-founded Avian Haven in 1997. They took in 300 birds that year.

Between January and December 2017, an astonishing 2,536 birds representing 123 species were admitted to Avian Haven. An additional 48 birds, admitted in 2016, were held over for care. They include native and non-native species – as an equal opportunity rescue organization, Avian Haven



Two Common Loons, just released into Penobscot Bay after recovering from injuries, swim off together, out of sight, into the rest of their lives.

Avian Haven photo by Terry Heitz

does not turn away any bird in need. Some birds arrive at Avian Haven via veterinarian referrals, Maine wildlife biologists, Maine game wardens, animal control officers and from other Maine rehabilitators, 365 days a year.

Wild birds' predicaments are often caused, either directly or indirectly, by human activity. Many injured birds have struck windows, been hit by cars, become tangled in fencing or trellises, trapped in buildings, or captured by free-roaming cats.

And "It's important to remember," says Winn, "that from the point of view of an injured bird, its human rescuer is yet another source of stress."

During the summer months, she cautions, "it's not uncommon to notice immature birds in seemingly inopportune places. Birds often fledge [leave the nest] before they are fully competent fliers; their parents are most likely nearby and watching, though they may not approach their fledgling if people are close to it. Unless the fledgling is injured or in danger, it is most likely not in need of rescue."

Gaining insight, knowledge and appreciation for our birds, and learning ways to help them, can become a rewarding and memorable part of your Maine summer this year and beyond. According to Avian Haven's website, "In practice, the rehabilitation and repatriation of wildlife is a medical, ecological, geographical, cultural, and educational endeavor."

## Want to learn more?

Avian Haven's Education and Outreach Coordinator, Laura Lecker, is available to speak to schools, scouts, libraries and civic organizations, and other groups who wish to learn more about Avian Haven and how to help birds in Maine. To make arrangements for a program or presentation in your community, please email [Laura.Lecker@me.nacdn.net](mailto:Laura.Lecker@me.nacdn.net) or call 474-8323, ext. 3 and ask for Laura.

## DOs and DON'Ts to help wild birds in Maine

1. DO Add Avian Haven 382-6761 to your cell phone contact list. Call them if you find an injured bird, or eggs or baby bird(s) outside of their nest, or an occupied nest that has fallen from its original location.

2. DO Visit the Avian Haven website, and 'like' and follow their Facebook page to learn more about how to help improve Maine birds' chances of survival in the wild. It pays to be prepared in advance for emergency bird rescue.

3. DO keep a sturdy cardboard box, and an old T shirt or soft towel, and perhaps a pair of gloves, in your vehicle or other handy spot in case you happen upon a bird in need of rescue. Find complete instructions on the Avian Haven website.

4. DON'T expect to visit Avian Haven in person for a tour or photo opportunities— there are none. This is a working rehab

facility, not a zoo or nature center, and as such it is not set up to accommodate visitors. The birds are generally out of sight, since the focus is on fostering their recovery by maintaining their natural habitat, not displaying them for the public to see. In addition, as the goal is potential release to the wild, it is required by their permit conditions that the birds at Avian Haven have minimal human contact.

5. DO browse Avian Haven's extensive website and Facebook page to learn more about their work, and about birds in Maine. Avian Haven offers fascinating, informative and meticulously documented and beautifully photo-illustrated case archives, slide shows and annual reports. Sign up for their electronic mailing list to receive notices of newly-posted materials. Avian Haven also occasionally offers outreach programs and presentations of interest to the public in libraries and other community venues.

6. DO support Avian Haven, a 501(c) 3 organization, with your donation of any amount, a memorial or legacy gift, and/or check out their "wish list" of needed items online.

7. DO consider joining the 300+ individuals across Maine who have signed up to participate seasonally or year-round in Avian Haven's volunteer transport network. You can check out the description of what this entails at [\[teer\\\_transports.pdf\]\(http://avianhaven.org/volunteer\_transports.pdf\) and contact Avian Haven if you would like to sign up and participate.](http://avianhaven.org/volun-</a></p>
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8. DON'T let your cat spend time outdoors. Cats typically account for about a third of all wild bird mishaps resulting in admission to Avian Haven. Felines, being natural predators, are often "unwitting game thieves," Winn and Payne reason, "potentially preying on species with dependent young, and leaving wounded animals to starve. Your cat may not understand ethical hunting, but you do."

If cats must be let outdoors, Winn suggests purchasing a "cat bib" (available at [CatGoods.com](http://CatGoods.com)) – an ingenious product that significantly hampers felines' ability to harm birds.

9. DO make your home windows and sliding glass doors more bird-friendly, and reduce the chance of avian strikes, with tips and information from the American Bird Conservancy's Bird-Smart Glass program, [birdsmartglass.org](http://birdsmartglass.org)

10. DO cut plastic six-pack rings before recycling or otherwise disposing of them, so that each circle is no longer intact. Taking a moment to snip the rings open eliminates the possibility of wildlife becoming dangerously entrapped.

11. DON'T use plastic bags if you can avoid them; durable, reusable bags are a much friendlier option for birds and other wildlife and for the environment in general. Make a practice of picking up and safely disposing of (or even better, recycling) plastic bags found discarded along the roadside whenever you can— this small, do-able action on your part could save wildlife.

12. DO obey Maine fishing and hunting laws. Always use non-toxic alternative ammunition and/or tackle, jigs and sinkers, to be sure you are not inadvertently inflicting the often-fatal misery of lead poisoning on Maine wildlife. Encourage others to be aware of this, and spread the word.

Maine lead law info: [maine.gov/ifw/docs/LeadLaw.pdf](http://maine.gov/ifw/docs/LeadLaw.pdf)

For information about the effects of lead ammunition or help in making the transition to lead-free: [huntingwithnonlead.org](http://huntingwithnonlead.org)

See also: [fishleadfree.org/me/#why](http://fishleadfree.org/me/#why)

For more information, or to reach Avian Haven: Call 382-6761, visit [avianhaven.org](http://avianhaven.org) or email [dwp@avianhaven.org](mailto:dwp@avianhaven.org).





## Metal detecting tips for beginners

Some people can scour the seaside for hours looking for shells and other treasures of the sea. But much more than horseshoe crabs, jellyfish and oysters wash up on the shoreline. The ocean can provide a host of manmade treasures as well — some of which may have considerable financial value.

Metal detecting is an exciting hobby that also can be lucrative. Stumbling across pirate treasure may be rare, but many a metal detecting enthusiast has left the beach with coins, trinkets and even jewelry. The rush of discovery drives scores of treasure-seeking enthusiasts to invest their time and effort into digging through sand, silt and more for what's buried beneath.

### About metal detecting

Metal detecting can be a worthwhile hobby because it appeals to one's sense of adventure while also serving as a form of exercise. In addition, metal detecting gets people outdoors, helps them learn about the environment and can serve as a lesson in history if artifacts are found.

The metal detectors used today actually have a long history that dates back to the 1800s. The first historical reference to metal detecting involves a gunshot wound to President James Garfield, who was shot on July 2, 1881. The bullet was lodged in his body, and Alexander Graham Bell built a metal detector to try to find the bullet and alleviate Garfield's pain. Bell's metal detector has served as the prototype for metal detectors ever since.

Metal detectors were used to detect landmines and unexploded bombs during World Wars I and II. Gerhard Fischer was granted a patent on the first portable metal detector in 1931. Fischer's invention eventually made recreational treasure hunting possible.

### Getting started

Beginners are encouraged to purchase entry-level metal detectors, which may cost \$150 and up. Prices vary depending on the additional features and technologies metal detecting enthusiasts prefer.

According to the detecting experts at *SmarterHobby.com*,

some of the best places to detect include places where people frequent. These include public parks, beaches, woods, public school grounds, and hiking trails. Just be sure that metal detecting is permitted before starting. Looking at old maps of a town can provide ideas on where to hunt. One-time forts, marinas and trade routes make great place to start.

Patience is key when metal detecting. Much of what beginners find is junk, but the more time people spend searching, the more likely they might find something amazing. Experienced detectors advise hunting after the rain when wet ground is better suited for conductivity, making treasures buried deep beneath the surface easier to find.

Plan to search in early morning or late evening to avoid crowds. Slowing down and checking each signal can increase the chances of finding something. Keep records of places you have searched, maintaining a log of sites that yield the best results.

Metal detecting is an interesting hobby that can make for exciting summer days.

## Waterville

CONTINUED FROM PAGE 30

seen" says Maine Film Center Director of Programming Ken Eisen.

Premieres include high-powered stars such as Oscar winner Emma Thompson in "The Children Act" a contemporary remake of "Papillon" and a midcentury British film entitled "The Bookshop" starring Emily Mortimer.

"Witkin and Witkin," a documentary about painter Jerome Witkin and his twin brother, photographer Joel Witkin, will be introduced by Jerome.

Short films, including Maine short films, should continue to delight filmgoers as they have in the past.

Mid-life and Lifetime Achievement Awards highlight MIFF's special events. Past winners include actor Glenn Close and director Jonathan Demme.

Watch for the detailed MIFF broadsheet at the end of June.

Films will screen in the Waterville theaters of Railroad Square Cinema, 17 Railroad Square, and the Waterville Opera House, 1 Common Street, Waterville. Tickets may be purchased online or by calling (866) 811-4111. For more information, please consult the MIFF website [miff.org](http://miff.org) or telephone 861-8138.

### Art Exhibitions

Ongoing through May 30, Common Street Arts (CSA), 93 Main Street, exhibits "Prints at the Scale of People" — experimental printmaking by four printmakers exploring oversized examples of the medium.

August 1 through September 8, CSA co-hosts "ebb+flow: reflections on the Kennebec

River" a visual exploration of the River's role in shaping, providing and sustaining commercial and leisure pursuits.

Continuing the Kennebec River theme, three Maine artists will install public art works at Castonguay Square, CSA and Quarry Road Trails in Waterville. Works will remain on view through September.

### Special Events

Baby Hats for Hearts provides free yarn, tools and instruction for knitting red baby hats for the American Heart Association from 1 - 4 p.m. Saturday, June 23 at CSA, 93 Main Street.

Art in the Park, a free, family-friendly art program, schedules weekly artmaking projects from recycled masks to mini Mason jar river "aquariums" Thursdays from 4 - 6 p.m. in Castonguay Square beginning June 7 and ending August 30. Shop at the Farmers Market, then make some art!

### Music

Waterville Rocks! in four free Friday evening Castonguay Square outdoor concerts. Each two-hour concert begins at 6 p.m. on the following dates: July 6, July 27, August 17 and September 28. A beer garden flavors the ambience.

The Waterville Opera House raises the curtain on six "Seussical the Musical" performances beginning Friday, June 15 and ending Sunday, June 24. Other Opera House events include:

A free, all-day celebration of the R. B. Hall Band on Saturday, June 30.

A Wednesday, July 25 Carbon Leaf concert at 8 p.m.

Three weeks of Missoula

More WATERVILLE, PAGE 33

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# Waterville

CONTINUED FROM PAGE 32

Children's Theater Camp. Call 873-7000 to register.

The Weight Band concert at 8 p.m. Friday, August 10.

For dates, times, tickets and additional information on Wa-

terville Opera House events, consult [operahouse.org](http://operahouse.org) or telephone the ticket office at 873-7000.

Explore expanded Waterville arts information at [WatervilleCreates.org](http://WatervilleCreates.org), Instagram and Twitter @WTVLCreates or its Facebook page.

Day or night, indoors and out—things are happening this summer in Waterville.

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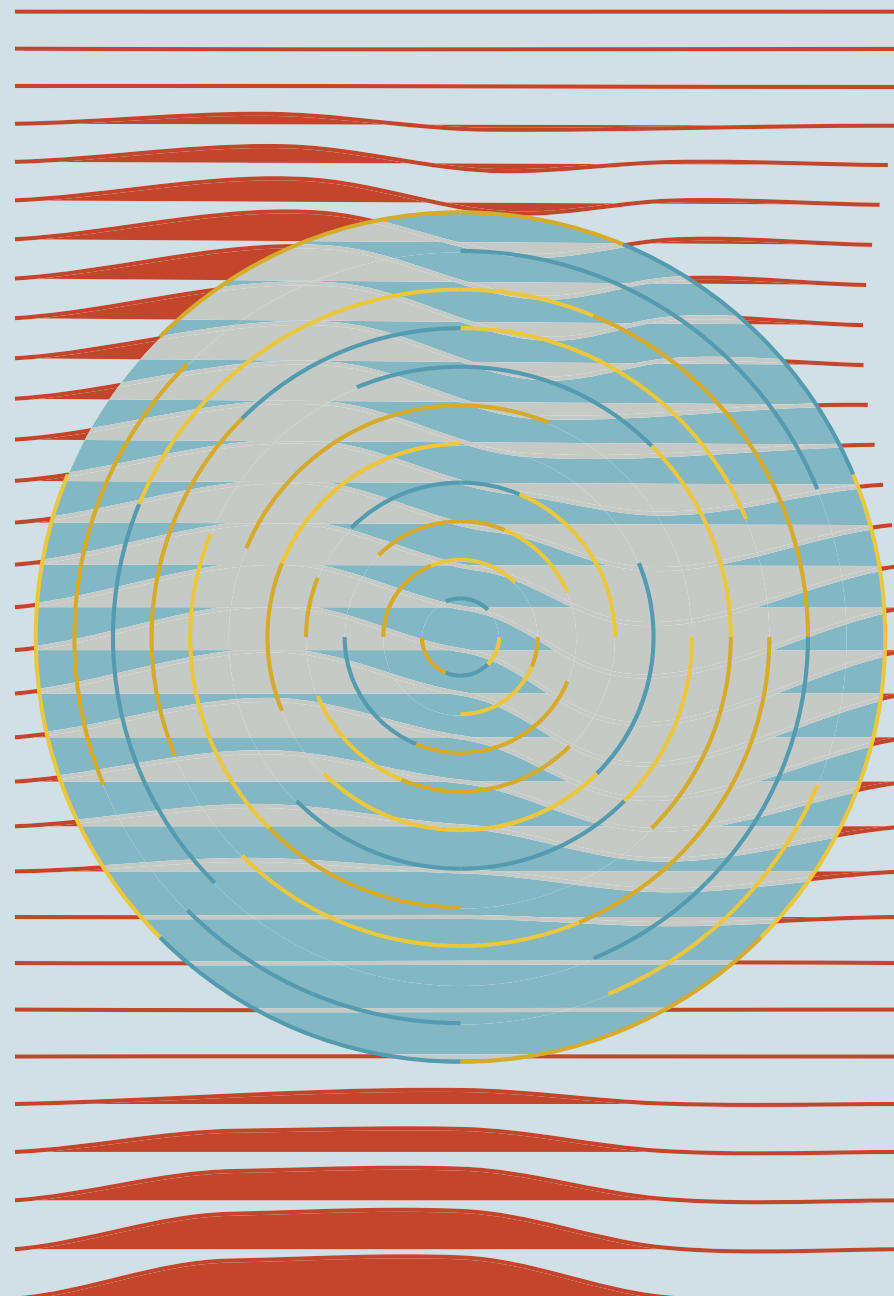
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# Historical lumber, toe percussion and a blueberry bonanza – find all this and more in Winslow

BY NANCY GALLAGHER  
Correspondent

Winslow is home to Fort Halifax, the oldest blockhouse in the nation. Come celebrate this 1754 icon at Fort Halifax Days Saturday, June 23 from noon to 4 p.m. in Fort Halifax Park, Route 201, Winslow.

The Howard Company from Fort Western in Augusta arrives at 11 a.m. to set up for their Historical Reenactment. Their schedule is as follows:

12 – 1 p.m.

Assembly and flag raising

12:15 – 1:45 p.m.

Camp life and dinner

1:45 – 2 p.m. Cannon firing

2: – 3 p.m.

Children's recruitment and drill

3 – 3:45 p.m. Packing up

4 p.m. Departure

Visit the historical lumber exhibit. Listen to Castlebay's music from 1 to 3 p.m. and at 3:15 p.m. it's the pie judging contest. To enter your fruit pie, call Amanda McCaslin at 872-2776 by June 18.

## Summertime and children

Kids from kindergarten through 6th grade can attend Summer Fun Camp or polish their athletic skills at Winslow Parks and Recreation summer programs. Summer Fun Camp fills weekday mornings from 8 a.m. to 12 noon, beginning Monday, June 25 and ending Friday, August 3, with arts, crafts, field trips and theme weeks. Or kids can sharpen their hoop shots at Summer Skills and Drills Basketball Camp, held Mondays through Thursdays, the weeks of July 16 and 23.

For kids in kindergarten through 8th grade it's Summer Field Hockey and Summer Track. Please check the Town and Government Services link at [winslow-me.gov](http://winslow-me.gov) for dates, times and locations.

Registration for parks and recreation programs takes place at Winslow Elementary School, in the Commons, from 6 to 7:30 p.m. Wednesday, May 30, and from 8 to 9:30 a.m. Saturday, June 2.

This summer, Libraries Rock! for readers of all ages at the Winslow Public Library, 136 Halifax Street, Winslow.

The excitement begins with "Folk Songs and Farm Tales" for all readers from singer-storyteller Jean Armstrong on Friday, June 8 from 6 to 7 p.m. A grand kick-off at 6:30 p.m. Thursday, June 21 features musician Rob Duquette. Experience his "toe percussion," and enjoy the milk and cookies.

## Preschoolers:

Weekly Tuesday morning story time at 10 a.m. introduces music, dance and sound. In July and August a special story time for babies and toddlers will begin Mondays at 9:30 a.m.

## Elementary school students:

Kindness Rocks Mondays at 1 p.m. Making your own musical instrument, getting the facts on geology and grooving at dance parties are just part of what happens.

## Junior High and High School students:

Teens have separate kick-off and closing events at 6 p.m. on Monday, June 25 and Friday, August 10 respectively. It's music, music, music with movie sing-alongs, soundwave art, karaoke and more. Consult the Library website or Facebook page for days and times.

## Adults

Participate in ReadME, a state-wide summer reading activity where adults will all read works of two Maine authors: a short story collection, "River Talk," by C. B. Anderson and "Settled in the Wild," nonfiction by Susan Hand Shetterly.

Special ReadME events showcase Marc Black performing a musical history of the 1950s and 1960s from 6:30 to 8:00 p.m. Friday, August 3. On Tuesday, August 14 Maine author Monica Wood will talk about her writings beginning at 6:30 p.m. ReadME culminates with a Maine State Library-based episode of "Maine Calling" with a live audience.

Come one, come all to the closing dance party at 6:30 p.m. August 9 with DJ Larry Thibodeau mixing the tunes. Come dressed as your favorite musician, show your best dance moves and scoop up an ice cream sundae for a sweet finish to Libraries Rock!

Sign-ups for summer reading



Contributed photo

Historical reenactors portray a typical day in an 18<sup>th</sup> century encampment.

begin after the close of school on June 21. For library hours and the latest information on library programs or program sign-ups, please consult the library Facebook page, the library website at [winslow-me.gov](http://winslow-me.gov) using the Town Government and Services link or telephone 872-1978.

## Blueberry time!

Blue lips usually signal hypothermia. But not at the Winslow Congregational Church's annual Blueberry Fair. This August tradition celebrates its 47th year on Saturday, August 11 at its Lithgow Street grounds.

A blueberry breakfast begins at 7 a.m. From 8 a.m. to 2 p.m. Fair events including a yard sale, silent auction, café, outside vendors, children's games, an agricultural exhibit, and of course, blueberry pies and baked goods create a family event.

But what's a Fair without music? Special music performances feature a 9:30 a.m. organ concert and a 10:30 a.m. music combo to liven the atmosphere.

It's a full summer of fun activities in Winslow.

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# Winthrop region offers something for everyone

BY WANDA CURTIS  
Correspondent

The Winthrop Lakes region is a great place to visit in the summertime. The many lakes, ponds, and streams provide a multitude of opportunities for boating, fishing and other recreational activities. There are also shops, eateries, historic landmarks, and festivals for those who prefer to stay on shore. Like other waterfront communities, the town of Winthrop's population doubles during the summer.

Winthrop was once home to the Winthrop Mills Company which, according to the Maine Historic Preservation Commission, was one of the top manufacturers of woolen blankets in the U.S. Many residents were employed there. The Winthrop Mills Company Historic District has been listed in the National Register of Historic Places.

Another landmark in Winthrop listed in the National Register of Historic Places is the Ladies Delight Light which is a small lighthouse on Lake Cobbosseecontee (one of the longest lakes in Maine). The lighthouse was erected with the help of two oxen transported to the island. The story is told that only one oxen could fit on the barge that was used to transport it. As the mariners went back to retrieve the second oxen, they reportedly found the first oxen swimming back to the mainland. (It was thought to be lonely for the other oxen). The mariners finally got both oxen there and the lighthouse was constructed. It's the only Maine lighthouse on a fresh water lake. It's been maintained over the years by the Cobbosseecontee Yacht Club.

While some people are interested in the history found in the Winthrop Lakes area, others are more interested in the lakes, ponds, streams, and the natural beauty of the region.

Columnist George Smith reported last year that, at one time, there were 39 camps for kids and inns for tourists in the Winthrop Lakes region. Winthrop is still home to a number of camps and lodging places today.

For those visitors looking for a nostalgic place to eat, Fast Eddies Drive-In Restaurant and Ice Cream Parlor (located

on Route 201 in Winthrop) will revive a lot of memories. Burgers, fries, and homemade ice cream are served by a car — hop at the drive-in or inside, where the walls are filled with memorabilia from the 1950s. The restaurant is open April-October.

Every Fourth of July, the Winthrop Lakes Region Chamber of Commerce sponsors the Fourth of July fireworks display at Norcross Point on Maranacook Lake. That event draws several hundred into town each year.

There is also a 5K race that day, sponsored by the Friends of the Cobbossee Watershed. It's open to all runners, joggers, and walkers. Most of the course follows the scenic eastern shore of Maranacook Lake. All proceeds are used for conservation of the Cobbossee Watershed. The registration deadline is July 3 at 12 p.m. See [runsignup.com/Race/ME/Winthrop/FriendsontheFourthAnnual5K](http://runsignup.com/Race/ME/Winthrop/FriendsontheFourthAnnual5K) for more details.

Later in the summer, the Chamber sponsors an annual Sidewalk Art Festival each year. That will be held on Main Street in Winthrop on August 18th this year. It will run 9 a.m. – 3 p.m.

Chamber director Barbara Walsh said that the show is growing every year and has several new artists and high-end crafters. In the past, there have been dozens of artists and crafts-people who set up booths on the sidewalks with painting, pottery, jewelry, and photographs. Ribbons and prizes will be given for Best in Show, Best Artist and Best Crafter. Last year's festival included live music and food from local restaurants. Registration deadline is August 1. For more information, call 377-8020 or email [info@winthropchamber.org](mailto:info@winthropchamber.org).

The Bailey Library in Winthrop will offer a number of groups during the summer months including an open ukulele group, an acoustic (open music) group, a creative express writers' group, an open cribbage club, and others. They also offer clubs for children, including a Lego club every Wednesday at 3:30 p.m. There's a youth craft hour every Tuesday at 3:30 p.m. There will be a library camp-in on June 30th at 3 p.m. and a tie-dye party on August 8 at 2 p.m.



Contributed photo  
Locals and visitors enjoy the lovely water views in Winthrop.

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# THE WESTERN MOUNTAINS

*Farmington • Wilton • New Sharon • Kingfield • Carrabassett Valley*

## Find music, history and outdoor fun in Farmington and Carrabassett Valley

**BY VALERIE TUCKER**  
*Correspondent*

Summer in Franklin County offers an abundance of outdoor activities, history, culture and educational opportunities. Farmington is unique, because past residents took great care to document its history. Today, visitors can take self-guided walking tours of old neighborhoods in the National Historic District. The Historical Society's Titcomb House and Octagon House are located in downtown, and the beautifully restored Old North Church will host a series of summer concerts.

Farmington's July 4th parade theme will be Serving Humanity and the floats are always imaginative and varied. The winding route through the downtown streets will be packed for the 10 a.m. procession, so visitors are advised to arrive with plenty of time to park and walk to the event. In July, the annual Summer Fest offers two days of music, parades, great local food and fun. Visit [downtownfarmington.com](http://downtownfarmington.com) for additions to the schedule.

On Friday, July 27, evening activities include the Merry-Go-Round Band, a talent show and the Sunday Project Band. On Saturday, July 28, activities include:

- 9 a.m.-5 p.m. History Mystery Scavenger Hunt
- 11 a.m. Children's Parade: Enchanted Forest theme
- 11 a.m.-3 p.m. Farmland Fun Petting Zoo
- 11:30 a.m.-1 p.m. Picnic at Henderson Memorial Baptist Church
- 12 noon - 5 p.m. Old Tyme Fun in the Park: Enchanted Forest theme
- 1- 2:30 p.m. Flash! In the Pans - Steel Drum Band & Street Dance
- 1- 4 p.m. Pie on the Porch at Old South Congregational Church
- 1- p.m. Fire Truck Rides
- 1- 4 p.m. The Great Float Race

down the Sandy River  
5:30 p.m. Spandits' Road Races (visit [downtownfarmington.com](http://downtownfarmington.com) for categories)

7 p.m. Farmington Gem Award and Dreamin' Big Bed Race

**And for more fun:  
Carrabassett Valley**

On June 30, the 16th annual Kingfield POPS concert will feature the Bangor Symphony Orchestra, plus an eclectic assortment of musical performances. The stage on Kennedy Farm fields is just a short

distance from the village center, and concert goers can bring picnics, blankets and lawn chairs for the family-friendly event. Performances include Shawn Tooley. GoldenOak, the Gypsy Tailwind Reunion and the Adam Ezra Group. A fireworks finale and a medley of patriotic holiday favorites caps the afternoon and evening of music. Advance tickets can be purchased at [kingfieldpops.com](http://kingfieldpops.com).

Starting on Friday, July 15, the Kingfield Festival Days will be three days packed with live mu-

sic, competitions, talent competitions and boat rides. This year's Zombie Apocalypse-themed Grand Parade on Saturday at noon will be a highlight of the weekend's events.

Further north, at the base of Sugarloaf ski resort, the 20,000 square-foot Carrabassett Valley Antigravity Complex offers Maine's largest indoor skate bowl and street park. Other features include state-of-the-art trampolines, an indoor rock climbing wall, a multi-purpose gymnasium with a surrounding

track. For summer hours or more information, visit [sugarloaf.com/kids/anti-gravity-complex](http://sugarloaf.com/kids/anti-gravity-complex) or call 237-5566.

Sugarloaf will host an all-new Summer Après Series, featuring live music, food and microbrews on June 29, July 13 and August 10. For golf fans, two of Maine's premier golf destinations, Belgrade Lakes Golf Club and Sugarloaf Golf Club, are located just 60 miles apart. They have teamed up on July 22 for the

More FARMINGTON, **PAGE 38**

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# Farmington

CONTINUED FROM PAGE 37

3rd Annual ThirtySixSixty golf tournament, featuring 18 holes at each course played on one day. Registration is \$280 per person and includes breakfast, lunch, dinner, prizes and transportation between the venues. For more details or to register, contact Sugarloaf Golf Club at (800)-THE-LOAF.

On Saturday, Aug. 18, The Flume foot race features both a 5K and 10K challenge on the Carrabassett Valley Trail Network at the Sugarloaf Outdoor Center. Preregistration is encouraged, according to Tuttle.

"We'll also be the host site for a new two-day Grit Clinic on the trail network," she said.

Attendees at any skill level will work on mountain bike skills progression on August 4-5. Registration is \$300 per person, and space is limited, Tuttle said.

The 13th Annual Carrabassett Summer Festival will be open from noon to 6 p.m. on Saturday, Aug. 4. The fundraiser for local youth features a music festival, an art show and a fly-in at the local airport and KC's Creativity Center, off Route 27 in Carrabassett Valley.

## OLD NORTH CHURCH SUMMER CONCERTS

June 15 – Ruth Hill – 19th Annual Great American Song Contest winner

June 23 – Bob Simons & Renee Goodwin – traditional & contemporary folk

July 7 – Bill Berlinghoff – folksinger in the Pete Seeger tradition

July 21 – South Strong Road Crew & Friends – New Orleans-style traditional jazz

Aug. 4 – Peter & Will Anderson – NYC-based jazz saxophonist and clarinetist

Aug. 18 – Mark Mandeville & Rianne Richards - Americana & old country music



Jamie Walter photo

Western Maine offers spectacular views and outdoor challenges. The Carrabassett Valley network of hiking and biking trails and the Sugarloaf Golf Club partner nicely with the many area festivals, road races and concerts planned for this summer.

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## Mountaintop Summer Worship Services

High up on Sugarloaf Mountain, an outdoor Amphitheater nicknamed The AMP, will be the site of summer worship services conducted by Sugarloaf Christian Ministry. The AMP is located just West of the top of the Super Quad chair lift and has stunning views, benches for participants, a platform for leaders, and a fantastic sound system. These interdenominational services will utilize the outdoors, be informal, and kid friendly. The Rev. Earle Morse exclaims, "The popularity of the Ministry's Eastern Sunrise Service prompted us to create a summer venue for services and weddings. Sugarloaf and the Ministry have partnered to bring this community resource to life. We are thrilled to be offering these community worship services in God's great outdoor sanctuary!"

Summer services will be held each Sunday from July 1 through Sept. 2 at 11 a.m. Attendees should load the Super Quad lift by 10:30 a.m. for the 15-minute ride up to the AMP. The trail from the top of the lift to the AMP is a readily navigable 2-minute walk. Tickets for the lift ride are obtained from the Outpost Adventure Center on Main Street of the Sugarloaf base area. Ask for the "Worship Ticket" and receive a discounted round-trip ticket. Sunscreen and a warm jacket are recommended.

Bring your lunch if you want to join others for a mountain picnic following the service. If weather inhibits the on-mountain gathering, a service will be held at 11 a.m. in the Richard Bell Chapel located in the base area of Sugarloaf. In addition to the summer services, there will also be a service on the Sunday of Sugarloaf's Homecoming Weekend, Oct. 7 at The AMP at 11 a.m. For more information call Sugarloaf Christian Ministry at 237-2304.

## Mountaintop Summer Worship Services

**At the Outdoor Amphitheater on top of Sugarloaf**  
**Sugarloaf Christian Ministry**  
**Sundays at 11 a.m. from July 1st – September 2nd**  
*"Life Looks Different From The AMP!"*



Attendees should board the Super Quad lift by 10:30 a.m. Ask for the 'Worship Ticket' at the Outpost Adventure Center - \$7. Bring lunch if you'd like to join others for a mountain picnic following the service. FMI: 207-237-2304 – See our listing on the Summer Worship Directory

16TH ANNUAL

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# THE HIGHLANDS

*Pittsfield • Newport • Clinton • Detroit*

## Celebrate rivers, eggs and country fairs in Newport, Pittsfield and Clinton

**BY VALERIE TUCKER**  
*Correspondent*

**T**he towns of Newport, Clinton and Pittsfield have planned a range of activities that draw visitors looking for traditional and affordable family entertainment.

### Newport

The August 4 Newport Riverwalk Festival, a celebration of the town's scenic riverfront, will kick off at 10 a.m. with a parade through the town to the Seabastcook River. Festival organizers have planned plenty of river-related fun, along with crafts, food vendors, a beer tent, music, a street dance, children's activities and barbecue.

The town also offers music at the gazebo from 2 - 5 p.m. throughout the summer. Movie nights on the Witham Town Park lawn are June 15 and July 13. Check the town's website, [newportmaine.net](http://newportmaine.net), for additional information.

### Pittsfield

This summer, Pittsfield celebrates the

46th Central Maine Egg Festival with a Marvel Comics "Super Eggs" theme. Events run from July 9-14. The street dance, Egg-lympics, window painting, art show and craft fair, a Monday Open Mic Night with Riff Johnson at Hathorn Park, a Tuesday street dance, a Kiddie Parade on Thursday, a Grand Parade on Saturday, and a Kiwanis Karmival that starts Wednesday through Saturday. Updates will be posted at [centralmaineeggfestival.org](http://centralmaineeggfestival.org).

The town also hosts a free Thursday night summer concert series from 6-8 p.m. at Hathorn Park, with a rain location at the Elks Lodge.

Visit [www.facebook.com/HathornPark-Music](http://www.facebook.com/HathornPark-Music) for the list of concerts this summer.

### Clinton

The Clinton Fairgrounds on Route 100 will be the site of the Central Maine Fourth of July Celebration, from July 2-4. According to organizer Kevin Douglass, events this year will include Kids' Day, with a bounce house, petting zoo, Touch a Truck and other activities, live bands all

three days and a street dance on July 3.

The Fourth of July celebration includes free events, capped by what Douglass calls "Central Maine's largest fireworks display." Visit their facebook page for more information.

The 9th Annual Lion's Club Car Show on July 21 (rain date July 22) at the fairgrounds features 23 classes of vehicles. The day includes classic car hits played by a local DJ. Other activities include a tire-changing competition and a men's and women's tire-toss competition. All

proceeds go to Lions Club community programs. For more information, call 426-3521 or visit [clintonlionscarshow.com](http://clintonlionscarshow.com).

The Clinton Lions Agricultural Fair will be held September 6-9. This State of Maine licensed fair includes a Maine Dairy Princess competition, free entertainment, two exhibition halls, apple pie and blueberry pie contests, animal exhibits, ox and horse pulling, pig scrambles, horse show and mechanical pulling competitions. The midway features plenty of fair foods, a large tent for homemade

crafts, a large variety of kiddie and adult carnival rides. A street parade on Saturday morning will feature many Kora Shrine parade units. For more information, call 426-2651 or visit [clintonlionsfair.com](http://clintonlionsfair.com).

The very popular Baby Show on Sunday afternoon includes infants up to 24 months. The small panel of judges ensures each of the 75 to 100 contestants is in a winning category. Each baby gets a certificate, a ribbon and a dollar coin as keepsakes, Whitten said.

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**The Wailers**  
Friday, June 22 - 8 p.m.  
Tickets: \$17, \$15, \$10



**Tanglewood Marionettes**  
The Dragon King Saturday June 30 - 2 p.m.  
Sleeping Beauty Sunday July 1 - 2 p.m.



Tickets: \$10 single show • \$15 two-day pass

**Judy Collins**

Friday  
July 13  
8 p.m.

Tickets: \$75.50  
\$65.50  
\$40.50



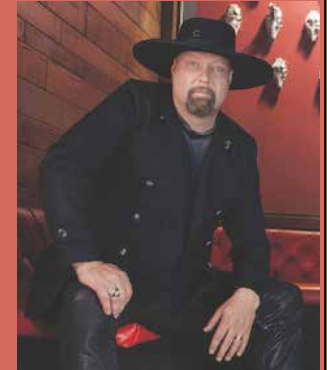
**The Maine Comedy Allstars**  
Saturday, July 21 - 8 p.m.  
Tickets: \$25, \$20, \$15



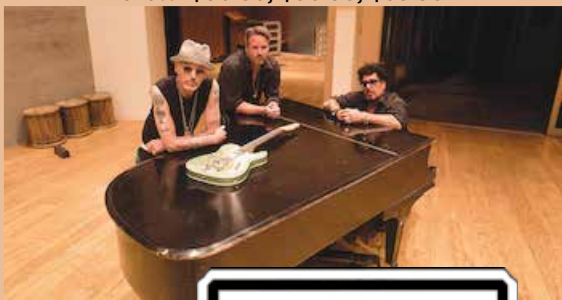
**Montgomery Gentry**

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\$40.50



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# DOWNEAST & MID COAST REGION

*Bar Harbor • Bath • Brunswick • Boothbay Harbor • Belfast • Topsham • Rockland • Unity*

## A whale watch or an island clam bake: each a true Maine experience

BY KATE CONE  
Correspondent

Summer tries to seduce us each year, and after six months of winter, (what winter seems like to Mainers), we are willing participants. Some of us are lake people, some are ocean folks. And for the latter, a day on the sea can put air in the lungs and a sigh in the soul.

In Boothbay Harbor, an icon of the coast is Cap'n Fish's boating expeditions. Begun by Bob Fish, a Boothbay Harbor native, the business is now run by the third generation. Who better than a man named Fish to get you out on the water? John Fish will do just that. Come aboard and see whales, puffins and a whole lot more.

What are you likely to see on a watch? Forget your cell phone and bring a real deal camera to capture breathtaking images of whales, dolphins, seals, sharks and various species of seabirds. You'll remember them all, but mostly the whale. Like Cap'n Fish says, "There's nothing quite like being close to a whale diving or blowing out a geyser while it prepares for a new breath." Almost all the cruises find whales, but in case there's a day where they don't, guests will get a rain check for another whale watch cruise or any of the other Cap'n Fish cruises.

Guests will also get a tour of the Boothbay Harbor Region with its lighthouses, islands and lobstermen hauling in the crustaceans you'll want later. The tour is narrated by marine biologists and the ships are climate controlled for a comfortable ride. The cruises go rain or shine, so bring along hats, windbreakers and anything else to make it comfortably through any weather.

Check the website and/or Facebook page for special events: In the past, Cap'n Fish has had the following: July 4th sunset and fireworks cruise, cocktail cruise, tall ships fireworks cruise, a



Photo courtesy of Cabbage Island Clambakes

The feast is ready!

windjammer parade of tall ships and a windjammers and whales combo cruise.

And who doesn't love puffins? In June, July and August they run special expeditions to see the puffins on Eastern Egg Island, the southernmost colony of Atlantic puffins in North America.

If the thought of going way out to sea isn't your thing, Cap'n Fish has a Kennebec River Cruise:

This fabulous 44-mile trip offers a variety of the wide-open sea and close-to-shore cruising. Relive history dating back to colonial days along the Kennebec River. This cruise will pass by seven lighthouses! Let your captain bring you up to date on the latest shipbuilding activity at Bath Iron Works. Experience the thrill of passing through Hell Gates and don't forget your camera to snap the lighthouses, seals, seabirds, and historic Fort Popham.

**Boothbay Harbor whale watch:** Cap'n Fish. 42 Commercial Street, Boothbay Harbor. Call (800) 636-3244 or visit [maine-whales.com](http://maine-whales.com)

### Cabbage Island clambakes

Summer in Maine means one thing: lobster. If you have a chance however, go to Boothbay for the banquet of lobster dinners, a Cabbage Island clambake with all the traditional trimmings. Celebrating 30 seasons, the Moore family welcomes the current summer's tourists and natives alike to their enormously popular lobster feed. On top of the meal, guests also get a narrated tour of the harbor and surrounding landscape while taking the Bennie Alice across from the pier to the island.

The Moore's purchased the island more than thirty years ago and resuscitated a business closed by its originator, Ruth Leavitt, who began the clambakes decades earlier. The Moore family took up the practice after locals approached them and urged them to re-start the business. The rest is history, as they say.

Let's talk food: This authentic meal includes a steaming cup of traditional New England Fish Chowder, two lus-

cious bright red lobsters, tender white steamed clams, sweet golden corn on the cob, egg, onion and potatoes. For dessert, you will love their famous Blueberry Cake and hot fresh coffee and tea.

Wait, an egg? Hmm. But Joanne Moore explained, "In the old days, the people cooking the food at a clambake would set eggs in their shells on top of the food being cooked underground. When the eggs were done, they knew the food below was also done. The eggs acted as a timer." She added, "We still use the original

recipes for Mrs. Leavitt's blueberry cake and fish chowder. Like my husband says, when asked by guests if he might try this change or that change, "If it's not broke, don't fix it."

If you can still get up from the table after that huge meal, ramble around the island to take in the view, the wildlife and the ocean, or opt to play horseshoes, badminton or volleyball.

The Clambake team also hosts corporate events, rehearsal dinners and private parties. If you don't need the whole island, you can schedule your party and share the boat over with the other eager eaters.

Here are the particulars:

Rain or shine, Cabbage Island Clambakes operates 7 days per week from the end of June to the weekend after Labor Day. They highly recommend making a reservation!

Please plan to arrive at the ticket booth at least 15 minutes prior to departure.

They accept cash and check only at the booth, on the boat and on the island - including the bar and gift shop.

Tickets are \$64.43 per person and includes a narrated cruise and the clambake.

NOTE:

Dogs are not allowed, Cabbage Island Clambakes, Pier 6, Fisherman's Wharf Inn, Boothbay Harbor. Call 633-7200 or check [cabbageislandclambakes.com](http://cabbageislandclambakes.com). Runs from June 16th through September 9th this year.

**2018 SUMMER SCHEDULE**  
**Clambake at Cabbage Island**

**MONDAY - FRIDAY**  
Leaves 12:30 p.m. - Back 4:30 p.m.

**SATURDAY**  
Leaves 12:30 p.m. - Back 4:30 p.m.  
Leaves 5:00 p.m. - Back by Dark

**SUNDAY**  
Leaves 11:00 a.m. - Back 3:00 p.m.  
Leaves 1:30 p.m. - Back 5:00 p.m.



**OPEN  
JUNE  
16<sup>TH</sup>**

Leaves from Pier 6  
aboard the "Bennie Alice"  
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# Windjammers kick off a summer of great things to do in Boothbay

BY KRIS FERRAZZA  
Correspondent

Life on the Boothbay peninsula kicks into overdrive each summer and the focus shifts straight to the water, Windjammer Days and what to do with the kids during those long, lazy days of summer.

Well, visitors are in luck, as the Boothbay region is blessed with an abundance of things to do day and night from A (art galleries) to Z (zip lines).

There are galleries and gardens to tour, and fine dining and festivals to experience. Youngsters will enjoy a romp through the children's garden at Coastal Maine Botanical Gardens, mini golf, ice cream parlors, movies and more. Art lovers will appreciate live concerts, theater, galleries and other performances that keep the area humming all season long. And the downtown bustles with shopping opportunities where visitors seek to find the perfect souvenir of a trip to be remembered.

But the event that signals the official start of summer is the Windjammer Days celebration, which now marks its 56th year. The weeklong event runs from June 24-30, and is jam-packed with activities. In addition to the highly anticipated arrival of the windjammer fleet, there is an endless supply of family fun, much of it free of charge.

There is an antique boat parade, cod fish relay race, live pirate invasion, blessing of the fleet, oyster shucking contest and tug of war across the harbor. Visitors enjoy an artist's alley, lobster eating contest, puppet shows, live music, children's tent, tug of war, clambake, Coast Guard Station tours and the popular lighted boat parade which wraps up the week's festivities.

All eyes will turn to the harbor the moment the Windjammer fleet arrives at 1 p.m. Wednesday, June 27. Whale Park is the place to be all afternoon with fun and games until the parade hits the streets at 4 p.m., followed by live music, food, roaming pirates, historical tours and more. All this leads up to the fireworks over the harbor at 9:15 p.m. The windjammers depart Boothbay Harbor the next morning. But the fun continues for several days with a

golf tournament, concerts, road race and more.

For a full schedule, visit [boothbayharborwindjammerdays.org](http://boothbayharborwindjammerdays.org).

Once Windjammer Days are over, the fun continues with Boothbay Railway Village offering a full slate of events just off Route 27 in Boothbay. Train and antique auto buffs will enjoy the museum which boasts a collection of antique cars, trains and memorabilia. Staff and volunteers offer locomotive rides, there are historic buildings to tour on the campus, as well as children's activities and special events.

On the slate of activities for the summer is an Antique Engine Meet 10 a.m. to 4 p.m. July 7. On July 14, the museum will host its 14th annual Books in Boothbay event with more than 35 Maine authors taking part in the summer book fair.

The 54th annual Antique Auto Days event will take place July 21-22 on the village green with an auto parts swap meet and flea market, cruise in, prizes, food court, parade and more.

The "Rails, Tails & Ales: Mid-coast Craft Beer Festival" will be July 21, noon to 4 p.m. Attendees will enjoy live music, tour the museum grounds, receive a wristband and sample a wide variety of 4-ounce beer tastings at this event.

For a full schedule of summer events, visit [railwayvillage.org](http://railwayvillage.org).

For those looking for inspiration for the home garden, or just to get out and walk in a beautiful place, a trip to Coastal Maine Botanical Gardens in Boothbay will be a day to remember.

With sculpture strategically placed along lovely walking paths, this 250-acre property is just a mile off Route 27 but feels a world away from everything. Trails lead down to scenic water views, and there is a children's garden, sensory garden, Kitchen Garden Cafe, gift shop and more.

Adult visitors will enjoy art installations, architectural elements, and the fact that everything is labelled for the benefit of the home gardener. Children will enjoy puppet shows, story times, arts and crafts, feeding live chickens, pumping water with a hand pump, playing in the fairytale playhouse, and hunting for the frogs, turtles and butterflies that beautify the



Kris Ferrazza photos

A ropes course similar to this can be found just down the road from Boothbay at Monkey C Monkey Do in Wiscasset. Reservations are recommended.

gardens.

Coastal Maine Botanical Gardens has been voted "best garden" on TripAdvisor's Website. They offer boat tours and cart tours and visitors may arrive by boat. For details, visit [mainegardens.org](http://mainegardens.org).

Adventurous types might want to try sport fishing with one of the charters or boat rental companies or try zip-lining and the ropes course at Monkey C Monkey Do in neighboring Wiscasset. Located just down Route 1 beyond Wiscasset Village, this recreation center recommends reserving a "tree time" to climb, because summer gets busy.

The aerial adventure park has 60 obstacles in the ropes course, along with zip lines and other challenges that change to keep regulars on their toes. They invite the public to "monkey around" and see how far they can go. Staff recommend bringing a climbing partner and requires appropriate footwear. They also offer laser tag in four outdoor arenas and have an ice cream stand. Visit [monkeycmonkeydo.com](http://monkeycmonkeydo.com) for details.

While in Wiscasset, Judi's Country Store and Maine Heritage Village on Route 1 is just down the road. There are fresh baked goods, toys, gifts and souvenirs, along with penny candy and a

playground for the kids, a "lighthouse" restaurant and more.

Fort Edgecomb on Davis Island offers a well-preserved blockhouse that is open to the public. Finished in 1809, it is part of an historic state park that offers views of the Sheepscot River.

Visitors can get guided tours and special activities are planned in the summer. Guests can get a view of the river from the musket ports and tour the grounds, which include picnic tables and restrooms. A fee is charged. Visit [maine.gov](http://maine.gov) for details.

In West Boothbay Harbor at McKown Point, the state operates the Maine State Aquarium. This small local facility gives visitors an opportunity to interact with marine life in a touch tank and even try petting small sharks.

It has a jaw-dropping water-view picnic area just outside the door. There are interactive exhibits for children, hands-on craft activities, tanks filled with local sea creatures and a small gift shop for souvenirs.

Displays explain how lobster traps, buoys, boats and fishermen work together to catch lobster. For more information, visit [maine.gov/dmr/education/aquarium/visitors.html](http://maine.gov/dmr/education/aquarium/visitors.html).

Unique dining experiences abound, such as the Tugboat Inn

Restaurant, located in part within an old working tug. At Robinson's Wharf in nearby Southport, hungry customers can arrive by sea and grab a "Lobster bake to Go." There is fresh seafood galore throughout the area, as well as fine Chinese cuisine, Italian food and a collection of sports bars and taverns.

The Opera House at Boothbay Harbor always feature a full calendar of live talent in the summertime, and this summer will include swing, blues, jazz, humorist Tim Sample, and a slate of award-winning talent. For details and ticket information, visit [boothbayoperahouse.com](http://boothbayoperahouse.com).

Looking for dinner and a show? Live matinees and dinner theater with enthusiastic young talent is on the menu at Carousel Music Theater with four summer shows on tap. Guests receive a meal with dessert, served by the cast, along with a live show. This year's schedule includes the musicals "You're A Good Man, Charlie Brown," "100 Years of Broadway," "Hollywood Time Machine" and "All Hands on Deck." For more, visit [carouselmusictheater.org](http://carouselmusictheater.org).

For a complete calendar of events and dining information for the Boothbay Region, visit the Chamber of Commerce website at [boothbayharbor.com](http://boothbayharbor.com).





# 56<sup>TH</sup> ANNUAL WINDJAMMER DAYS FESTIVAL



## EVENT SCHEDULE: SATURDAY, JUNE 24<sup>TH</sup> THRU SATURDAY, JUNE 30<sup>TH</sup>

### SUNDAY, JUNE 24, 2018

10:00 A.M. – 4:00 P.M. - Arts & Crafts Show on the Boothbay Common  
1:00 P.M. - Boothbay Harbor Yacht Club One Design Race  
1:30 P.M. - Blessing of The Fleet  
6:00 - 9:00 P.M. - Reggae Cruise featuring Dani Tribesmen

### MONDAY, JUNE 25, 2018

1:00 - 4:00 P.M. - Nathaniel Wilson Sailmakers Tours  
1:00 - 4:00 P.M. - Open House at the Boothbay Sea and Science Center  
4:00 - 5:00 P.M. - Ernestina-Morrissey Reception  
5:00 - 7:00 P.M. - Linekin Bay Resort Cruzan Rum Tasting Event  
7:00 P.M. - Windjammers Got Talent

### TUESDAY, JUNE 26, 2018

7:00 - 10:00 A.M. - Pancake Breakfast, Whale Park  
9:00 A.M. - 9:00 P.M. - Whale Park Friends of Windjammer Days Tent  
Open Information and shuttle maps are available. Raffle tickets with prizes every hour!  
10:00 A.M. - 1:00 P.M. - Kids Alley, Located on Boothbay Hill across from Two Salty Dogs on the lawn  
10:00 - 10:30 A.M. - Pirates of the Dark Rose Puppet Show, Whale Park  
10:00 A.M. - 4:00 P.M. - Tours of the United States Coast Guard Station, McKown Point - Free Shuttle Service  
10:00 A.M. - 3:00 P.M. - Windjammers for Wee Mateys, Boothbay Harbor Memorial Library Lawn  
10:00 - 4:00 P.M. - Maine State Aquarium, McKown Point - Free Shuttle Service

11:00 A.M. - 12:00 P.M. - Pirates of the Dark Rose Tours of the Must Roos pirate ship, Docked at Fisherman's Wharf  
11:30 A.M. - 6:00 P.M. - Rebuilding Together Food Booth, Whale Park  
12:30 - 1:30 P.M. - Pirates of the Dark Rose Duels & Meet Oreo the Pirate Bird  
1:00 - 3:00 P.M. - Whale Park Stage Concert, Paul and Amber  
1:30 - 3:00 P.M. - Recruiting for Pirates, Kid's Tent, Boothbay House Hill  
3:00 - 4:00 P.M. - Pirates of the Dark Rose Tours of the Must Roos pirate ship, Docked at Fisherman's Wharf  
3:00 P.M. - Annual Antique Boat Parade, Public Reception to Follow at Oceanside Resort  
5:15 - 6:30 P.M. - Whale Park Stage Concert, Junction 27  
7:00 P.M. - 9:00 PM - Whale Park Stage Concert, Work Trucks  
7:30 P.M. - Red Cloak Haunted History Tours

### WEDNESDAY, JUNE 27, 2018

7:00 - 10:00 A.M. - Pancake Breakfast, Whale Park  
9:00 A.M. - 9:00 P.M. - Friends of Windjammer Days Tent Open in Whale Park. Raffle tickets with prizes every hour with grand prize drawing at 8 pm  
9:30 - 10:00 A.M. - Pirates of the Dark Rose Weapons Demonstration, Whale Park  
10:00 A.M. - 3:00 P.M. - Kids Tent Activities, Boothbay House Hill  
10:00 A.M. - 4:00 P.M. - Tours of the United States Coast Guard Station, McKown Point - Free Shuttle Service  
10:00 - 2:00 P.M. - Maine State Aquarium\* - Free Shuttle Service,

McKown Point - \*Aquarium closing today at 3 pm today for parade attendance

10:30 A.M. - 11:15 A.M. - Cannon Lessons with a Pirate Shoot out, Whale Park  
11:30 A.M. - 6:00 P.M. - Rebuilding Together Food Booth, Whale Park  
12:00 - 12:30 P.M. - British Invasion Attack on Boothbay Harbor, Public Landing, Whale Park  
1:00 - 3:00 P.M. - Gathering of the Fleet, The moment you have been waiting for!

1:00 - 3:00 P.M. - Pirates of the Dark Rose Tours of the Must Roos pirate ship, Docked at Fisherman's Wharf

2:00 P.M. - Lobster Eating Contest, Whale Park - Open to all!

2:15 P.M. - Cod Fish Races, Whale Park - Open to all!

3:00 - 4:00 P.M. - Whale Park Stage Concert, Pookie and The Boys

4:00 - 5:00 P.M. - Windjammer Days Street Parade, (starts at high school, arrives downtown approximately 4:30 pm)

5:00 - 6:45 P.M. - Whale Park Stage Concert, Y-Arts Windjammer Princesses

7:00 - 9:00 P.M. - Whale Park Stage Concert, Pat Colwell and the Soul Sensations

7:30 P.M. - Red Cloak Haunted History Tours

9:15 P.M. - Fireworks Spectacular over the Harbor

### THURSDAY, JUNE 28, 2018

7:00 - 11:00 A.M. - Windjammer Fleet Leaves the Harbor, Bid the schooners farewell as they depart Boothbay Harbor

9:00 A.M. - 12:00 P.M. - Boothbay Farmer's Market, Boothbay Common

1:00 P.M. - Windjammer Days Golf Tournament at the Boothbay Harbor Country Club, All are welcome to participate!

1:00 P.M. - 1st Annual Windjammer Days Crab Cake Cook Off!

4:00 - 5:30 P.M. - Whale Park Stage Concert, Dave Gagne Trio

6:00 - 8:00 P.M. - Whale Park Stage Concert, Don Brewer Blues Project

7:30 P.M. - Red Cloak Haunted History Tour

### FRIDAY, JUNE 29, 2018

9:00 A.M. - 5:00 PM - Artists Alley, Whale Park

3:00 A.M. - 5:00 P.M. - Whale Park Stage Concert, Delta Knights Duo

4:00 - 6:00 P.M. - Windjammers

Adventure and Harvey Gamage Reception and Tours, Carousel Marina and Whale's Tale Restaurant

5:00 - 7:00 P.M. - Oyster Shucking, Mine Oyster Restaurant

6:30 - 8:30 P.M. - Whale Park Stage Concert, Space Heaters

7:30 P.M. - Opera House Concert, Frank Vignola Hot Jazz Trio

### SATURDAY, JUNE 30, 2018

8:00 A.M. - Rocky Coast Road Race

2:30 P.M. - Tug of War Across The Harbor

6:30 - 8:30 P.M. - Whale Park Concert, Dyer Neck Gang

7:30 P.M. - Opera House Concert, Alison Brown Quartet

9:00 P.M. - Lighted Boat Parade, The culmination to Windjammer Days!

LEARN MORE BY VISITING [WWW.BOOHBAYHARBORWINDJAMMERDAYS.ORG](http://WWW.BOOHBAYHARBORWINDJAMMERDAYS.ORG)





*Kris Ferrazza photos*

Fort Edgecomb on Davis Island offers a well-preserved blockhouse that is open to the public. Finished in 1809, it is part of an historic state park that offers views of the Sheepscot River.

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# Bath-Brunswick area literally overflows with great things to do, see and eat

BY KRIS FERRAZZA  
Correspondent

Autocross, skateboard competitions, monster trucks, pipers piping, haunted history and more are on tap for visitors to the Bath-Brunswick Region this summer.

Once the warm weather arrives, the city streets of Bath and Brunswick bustle with visitors and locals looking to experience wine tastings, fairs, festivals and art walks. Live theater lovers will celebrate 60 years of Maine State Music Theater in Brunswick this season, and the Chocolate Church Arts Center in Bath just marked 40 years of fun and entertainment.

For those looking to see something completely different, autocross will come to Brunswick. An Autocross Driving Competition is planned at the Brunswick Executive Airport. This driving skills challenge is put on by Cumberland Motor Club and spectators are welcome to attend free of charge June 19.

Drivers of all skill levels are invited to register and then traverse the cone-lined route while being timed. Ride-alongs are free to adults wishing to be a passenger with a competitor.

Autocross, or AutoX, usually is held in a large vacant parking lot or unused airport tarmac. Drivers and passengers wear helmets. Some use their everyday vehicles, while other enthusiasts have specialty cars for these events. For more, visit [cumberlandmotorclub.com](http://cumberlandmotorclub.com).

Summer in the Bath-Brunswick area just wouldn't be the same without the traditional fairs and festivals eagerly anticipated each year.

Bath Heritage Days will be held June 29 - July 4, this year. The six-day event is famous for its parade, billed as "Maine's Largest Parade" by event organizers, along with the carnival and midway, food vendors, antique car show, live entertainment, fireworks and more.

This year's festival includes a skateboard competition, fireman's muster, chili and chowder fest, live music, amusement park rides, artisan's marketplace, road race and fun run. For more, visit

Kris Ferrazza photos

Popham Beach has something for everyone. At low tide this state park in Phippsburg has tidepools and a sandbar that gives beachcombers access to Fox Island. Just be sure to get back before the tide returns.

[days.com](http://days.com).

Another summer staple is the 164th annual Topsham Fair on Aug. 7-12. This historic agricultural fair features 4-H events, livestock, harness racing, a horse show, sheep herding demo, pig scramble, ATV mud runs, monster truck show, steer and oxen pulls and midway. There is free harness racing Sunday and Monday, and discounts for seniors and military families.

While the schedule is still being set, past years have included a Miss Topsham Fair pageant, cutest baby contest, exhibition hall, back-seat driver's contest, fry pan throwing, strength competition, car show, demolition derby, truck pulls, and more. For information visit [topshamfair.net](http://topshamfair.net).

There are sure to be more than 12 pipers piping at the

40th annual Maine Highland Games and Scottish Festival, to be held on the fairgrounds in Topsham on Aug. 18. The festival, put on by the St. Andrews Society of Maine, will feature Celtic musical guests Seven Nations, The Ivy Leaf, Sue Richards and Colin Grant-Adams, as well as the usual piping, drumming, food and fun. The honored clan for this year's games is the Clan MacBean (MacBain). The Maine Highland Games run from 8 a.m. to 5 p.m. Visit [mainehighlandgames.org](http://mainehighlandgames.org) for more.

On Aug. 11, crowds will gather for the 105th annual Georgetown Working League Fair at the Georgetown Central School.

According to league members "The fair is one of the state's oldest, briefest (lasting only four hours), and most popular

More BATH-BRUNSWICK PAGE 52

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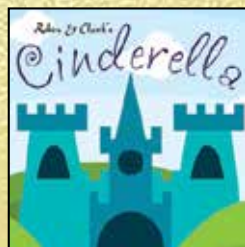
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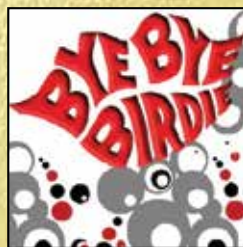
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JUNE 18



JUNE 13 & 16



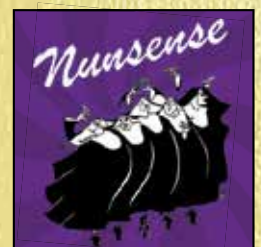
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# Midcoast festivals and more offer a ton of summer fun

BY KRIS FERRAZZA  
Correspondent

People looking to enjoy Maine's summer days and "The way life should be," need to look no farther than the Maine Lobster Festival where organizers have banned political floats as they gear up for this year's parade and events.

When the festival kicks off Aug. 1 in Rockland, experienced and would-be politicians are on notice that the parade is off-limits. This is an effort by festival organizers to keep the focus on family, fun and food rather than political strife and turmoil.

The five-day festival opens Aug. 1, starting with the famous food tent serving up steamed lobster dinners while midway rides and carnival games add to the fun. The annual event gains momentum, adding live entertainment, culinary contests and events including Steins and Vines, then peaks on the weekend with the coronation of the Maine Sea Goddess, Saturday's big parade and headlining entertainers. The whole festival wraps up Sunday but not before one of the highlights of the festival: the afternoon International Great Lobster Crate Race in salty Rockland Harbor.

Now in its 71st year, the festival offers a free shuttle bus from nearby locations to the busy downtown festival area. Thousands of volunteers help bring this community phenomenon to life each summer. Proceeds from ticket sales go to community organizations that benefit youth and seniors, emergency services, the local recreation department and more.

It is estimated as many as 30,000 people visit the festival annually over the five days. This year festival foodies will be surprised with a few new menu items, including Lobster Bisque, Lobster Mac 'n Cheese, Lobster Stuffed Risotto Balls and Lobster Wontons. These new additions to the menu are expected to be big sellers.

The old favorites will still be offered in the main food tent, including steamed lobster dinners with steamers and corn on the cob, mussels, fried seafood platters, lobster rolls, lobster Caesar wraps and lobster Caesar salads. Desserts are blueberry cobbler or strawberry shortcake.

For a full schedule of events, visit

mainelobsterfestival.com.

But fun in the Rockland area does not begin and end with the lobster festival. Rockland, Camden and the surrounding Midcoast area boasts plenty to do. Visitors and locals alike look forward to the long summer days and warm summer nights, whether they choose to board a boat, sample the local cuisine, tour a museum or engage in a little retail therapy in the shops along the way.

There are lighthouses to tour, trails to hike and mountains to climb. There are sandy beaches to comb, crystal clear lakes to enjoy, and rocky perches at the edge of the Atlantic to explore.

Additional festivals keep the downtown streets bustling: the North Atlantic Blues Festival in Rockland (July 14-15) and the Camden Windjammer Festival (Aug. 31-Sept. 2) attract crowds and feature live music, dancing and the Camden event also offers fireworks.

The blues festival at the public landing overlooking Rockland Harbor attracts some of the best blues musicians in the world and recently celebrated its 25th year.

On Saturday night, Main Street is closed to traffic and live bands perform. Adults may purchase wristbands to attend the pub crawl with all of the downtown clubs participating and opening their doors to blues festival performers. During the festival, food trucks, craft vendors and other merchants set up to supply festival-goers with the necessities. There are restroom facilities on site. For more, visit [northatlanticbluesfestival.com](http://northatlanticbluesfestival.com).

The Camden Windjammer Festival signals the end of summer on Labor Day Weekend. It celebrates the town's seagoing heritage, and the love is returned as Maine's windjammer fleet shows up in force to kick off the festivities.

There will be live music, a contra dance, free movies, lobster crate race, chowder challenge, windjammer tours and more. Fireworks and a boat parade cap off the celebration. For a full schedule, see [camdenmainevacation.com](http://camdenmainevacation.com).

The Camden Harbor Arts & Crafts Show is another highlight of the summer. For more than three decades, this event has been held

More ROCKLAND, PAGE 51



Tim Sullivan  
photo

The annual Lobster Festival in Rockland will try something different this year with festival organizers banning political floats and marches from the parade. Still welcome, and encouraged, however, are people dressed as Rockland's favorite crustacean.

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# For summer fun at the Maine coast Belfast is a great choice

BY KRIS FERRAZZA  
Correspondent

Arts and the great outdoors go hand in hand in this city, and summer is gearing up with art walks, farmer's markets, festivals, train excursions and a scenic rail trail that attracts joggers, cyclists, hikers and their dogs.

First Church in Belfast, a downtown landmark, celebrates its 200th year this summer, and a full schedule of activities is in the works to mark that momentous occasion. Plans include concerts, lectures and an epic 200-foot strawberry shortcake celebration.

Looking for something fun and unusual to try? Tickets to dine in the open air on the local footbridge can be tricky to obtain, but can be won (by drawing) and are coveted.

Our Town Belfast Dinner on the Bridge tickets are so popular they are sold by lottery. Dining companions gather this year at the Armistice Footbridge for dinner June 27. To register for a chance to get a seat or two, visit [ourtownbelfast.org](http://ourtownbelfast.org).

The Belfast & Moosehead Lake Railroad has scheduled train rides on weekends all summer, taking passengers through scenic woods and fields toward Waldo Station. The ride takes approximately an hour, and there are specialty rides including a Pizza Train, Motor Car rides, Fall Foliage, Cider & Donuts, Pumpkin Express and a Halloween Trick or Treat ride when fall rolls around.

Regular excursions cost \$15 for adults, \$5 for children. For details, visit [belfastandmooseheadlakerrail.org](http://belfastandmooseheadlakerrail.org).

The Belfast Rail Trail is a scenic path popular with joggers, cyclists, hikers and their dogs (keep them on a leash). Formerly part of the B&ML's route to Burnham, it takes visitors 2.3 miles along the Passagassawaukeag River to an historic railroad museum.

The wide, well-groomed gravel path created in the old rail bed opened two summers ago. Start at the City Point Central Railroad Museum at the northern trailhead, where there are antique engines, cars, artifacts and even a caboose on display at the vintage station at 13 Oak Hill Road.

The trail is wheel-chair accessible, especially from the outer High Street parking lot, and hugs



Contributed photo

The 23rd annual Arts in the Park festival July 7-8 at Steamboat Landing Park in Belfast. Sandy Dolan of Searsport is being celebrated as the 2018 Artist of the Year.

the river, with sweeping views and bridges that cross creeks along the tree-lined path. The southern point is at Pierce and Front streets. Visit [traillink.com](http://traillink.com) for details and a map.

Belfast is known to host some of the state's most popular arts events and quirky summer festivals right on the water and this summer is no exception.

Dog lovers won't want to miss Belfast's annual Canine Games & Family Festival, sponsored by PAWS which will be held 10 a.m. to 1 p.m. Saturday, June 23, at Steamboat Landing Park. This family friendly event includes an agility course, pet parade, contests, vendors, food and more. Visit [PAWSadoption.org](http://PAWSadoption.org) for more.

The first major event of the season takes place July 7-8 when the 23rd annual Arts in the Park returns to Heritage Park, located downtown at the water's edge at Steamboat Landing. Admission is free.

Open 10 a.m. to 4 p.m., this juried show features approximately 80 fine artists and artisans who display their paintings, sculpture, pottery, jewelry and crafts, amidst live music, food vendors and more.

Organizers say this is a must-attend show each year for artists and

art lovers statewide. Thousands attend each year.

The 2018 Artist of the Year is Sandy Dolan, a member of the Plein Air Painters of Maine and Katahdin Area Plein Air Painters.

"Sandy's deep love for the great outdoors started as a child growing up in the country and continues to be the inspiration for her plein air paintings today," organizers note. "Through her art Sandy seeks to capture the luminous light and ever-changing moods of the Maine

landscape."

For more, visit [artsintheparkbelfast.org](http://artsintheparkbelfast.org).

The annual Maine Celtic Celebration will pipe its way onto the Belfast Common with live music, good food, games and more from July 20-22. The waterfront celebration offers a full schedule of fiddling, bagpiping, step dancing and family fun.

There will be a Kilt Kontest to determine "Who wore it best." Men, women, children and even dogs are welcome to enter and undergarments are encouraged. Contestants are judged by the audience, not a panel. The day's events include a Celtic breed dog parade and show, singing, dancing, flutes, whistles, pipes, drums, harp and a Saturday fireworks display sponsored by the City of Belfast.

The festival will see the return of the popular Kilted Canter 5K road race, sheepdog herding demonstrations, Cheese Roll Championships and Highland Heavy Games. There also will be some Not-So-Heavy Games for the children in attendance, organizers say, like a Wellington Boot Toss.

Admission is free, as the event enjoys loyal sponsorship from local businesses. For details, visit [mainecelticcelebration.com](http://mainecelticcelebration.com).

The annual Belfast Harbor Fest, with its National Boat Building Challenge, will be held Aug. 17-19 at Steamboat Landing and Heritage parks in Belfast. Participants build a boat in four hours on Saturday then launch it.

This festival boasts a blueberry pancake breakfast, shipyard tours, classic boat show and 5K Bug Run

road race. The 18th annual Come Boating! Regatta is Saturday. A 4-mile race, it is open to all oared and paddled boats. Contestants pre-register, and harbor rows are free to the public following the event as well as Sunday.

Saturday's festivities also include children's activities, such as a UMaine aquaculture touch tank, face painting, bubbles, tank-a-truck and more. There is live music all day Saturday in the gazebo, followed by a barbecue that night under the big tent.

On Sunday the popular Cardboard Boat Challenge takes place. Participants create boats for fun, using cardboard, then take part in a lively parade to the landing and launch them. Judges present trophies and awards for team spirit, creativity and "most spectacular sinking" in the challenge. Sunday afternoon's Habitat For Humanity Lobster Gala includes good food, blues on the shore, and benefits the home-building charity.

For a full schedule, visit [belfast-harborfest.com](http://belfast-harborfest.com).

The First Church in Belfast celebrates its bicentennial this year with a slate of activities surrounding the historic event. Lectures, concerts and community gatherings are planned including a 200-Foot Strawberry Shortcake Festival on the front lawn July 7. That's followed by Super Summer Fair on July 14, Kirkin' o' The Tartans service July 22, Steelin' Thunder steel drum band concert July 29 and an Aug. 26 organ concert and lecture about the history of the 1848 George Stevens Tracker

More BELFAST, PAGE 51

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# Unity – a Waldo County jewel with many facets

BY SUSAN VARNEY  
Correspondent

The inland Waldo County town of Unity is unlike any other town in Maine – rural with a twist of diversity. There is something for every taste and pocketbook from hiking trails to wine tastings at Yunity Winery to world class performances at the Center for Performing Arts, The Northern Solstice Alpaca Farm, the Common Ground Fair and auto racing. America's foremost environmental-studies college is in Unity. There is an Amish community, an active farmer's market, and a rail depot.

**Unity Historical Society:** Located at 8 Depot Street is open by appointment. The building is surrounded by life-sized bronze animal sculptures including bear, moose and deer by Forest Hart of Monroe. For information call 948-5610 or visit [unityhistorical-society.wordpress.com](http://unityhistorical-society.wordpress.com)

**Unity College:** Located at 90 Quaker Hill Road prepares environmental professionals with 16 environmentally-focused majors and a liberal arts curriculum built on sustainability science, a first in the nation, from a campus on 225 acres overlooking Unity Pond. Information at [unity.edu](http://unity.edu)

**Unity College Center for the Performing Arts (UCCPA):** Located at 42 Depot Street, it was built from a one hundred year-old barn with attached farmhouse. This is a vibrant cultural and arts center that offers an eclectic mix of music, films, art, lectures and more. Since opening in 2000, the UCCPA has seen many events including world-renowned musicians, award-winning speakers and memorable community gatherings. More information at [uccpa.unity.edu](http://uccpa.unity.edu)

**Unity College Field of Dreams:** There are public walking and jogging paths, playground, picnic area, tennis court and three ball fields. The area is adjacent to picturesque Unity Pond where visitors can canoe, kayak, swim and fish. See more at: [unity.edu/about-unity/campus-facilities/field-of-dreams#sthash.IXkYCBjX.dpuf](http://unity.edu/about-unity/campus-facilities/field-of-dreams#sthash.IXkYCBjX.dpuf)

**Yunity Winery & Vineyards:** Located at 317 Albion Road, the winery uses minimal amounts of sulfates in making wines and



Susan Varney photos

Alpacas in the yard at Northern Solstice Alpaca Farm on Crosby Brook Rd., Unity.

uses organic cane sugar so there are no residual chemicals in the sweeteners. Call 948-7777 or visit [yunitywinery.com](http://yunitywinery.com)

**Northern Solstice Alpaca Farm:** Located at 141 Crosby Brook Road, it's open Wednesday - Sunday 10 a.m.-5 p.m. Owners Robin and Corry Pratt offer Alpacas for sale and boarding, farm tours, seminars & Alpaca fiber and apparel at the retail store in Unity. Alpacas are amazing creatures, sweet dispositions, incredibly soft, versatile fiber, curious and a joy to work with and be around say the couple. Robin Pratt has been working with alpacas for 12 years and is still excited to be working with them. The Pratts love sharing their alpacas with visitors and provide educational support and resources with other owners. They have two other retail locations:

- Northport Store – 608 Atlantic Highway in Northport, Maine open Sunday & Wednesday 10 a.m.- 5 p.m. and Thursday-Saturday 10 a.m. - 6 p.m.
- Ellsworth Store - 112 Main Street in Ellsworth is open Tuesday - Saturday 10 a.m. - 5 p.m. Call 356-4146 or visit [northern-solsticealpaca.com](http://northern-solsticealpaca.com).

**Unity Barn Raisers:** This community and economic development group has taken on the challenge of transforming downtown properties into commercial and residential use, recruiting new businesses including a health center, veterinarian, credit union, expanding grocery store and creating a farmers market.

They've also been beautifying the area with trees, benches, sidewalks, hiking and biking trails. They are located at 32 School Street. Call 948-9005 or visit [unitybarnraisers.org](http://unitybarnraisers.org)

**Unity Food Hub:** UFH is housed in a renovated 1898 school house at 69 School Street and contains an event space with a fully-licensed commercial kitchen offering kitchen rentals, cold storage rentals, and rental space for events. For more information check [unityfoodhub.com](http://unityfoodhub.com)

**Sebasticook Land Trust:** "Conserving the Heart of Maine since 2005" with a mission to recognize and conserve the wild and working landscape of the Sebasticook River watershed, the Trust is located at 93 Main Street. Call 948-3766 or visit [sebasticookrlt.org](http://sebasticookrlt.org)

**Common Ground Country Fair:** Maine Organic Farmers and Gardeners Association (MOFGA) hosts the annual event September 21-23. Almost 60,000 visitors enjoy the Common Ground Country Fair yearly - a celebration of rural and agricultural traditions in Maine with alternate life-styles and farming methods information, great food, animals and vegetable exhibits, craft exhibits, farmer's market, composting and recycling, sheep dog demos, donkey and mule show, draft horse show, environmental concerns, spinners, weavers, Maine Indian basket makers, low-impact forestry, social & political action, music,

parades, speakers & presenters, public policy teach-in, 5K foot race. Plan your fair visit because there is so much to see and do you will never be able to do it all. Free admission to MOFGA members. [mofga.org/theFair](http://mofga.org/theFair)

**Unity Farmer's Market:** Since 1999, the market has been offering veggies, melons, meats,

cheeses, baked goods, and fruits from the first Saturday of May until the Saturday before Thanksgiving from 9 a.m. -1 p.m. on School Street (Rte. 139) at the Community Center. The market is part of the greater Unity Market Day events which often include barbecues and children's shows. For more information visit [maine-farmersmarkets.org/market/unity-market-day/](http://maine-farmersmarkets.org/market/unity-market-day/)

**Recreation trails:** Open to public. No motorized vehicles. Dogs must be under control; pick up wastes. Find information at [unitybarnraisers.org/trails.html](http://unitybarnraisers.org/trails.html).

**CommUnity Bikeway:** From Main Street to the fairgrounds Loop Trail is one-half mile and when finished will connect with Unity College Trail.

**Triplet Park Nature Trail:** Now under construction, the ¼-mile trail will travel over bog, bridging through wetland ideal for bird watching, from Wood Lane to the Old Grammar School on School Street.

**Unity College trails:** Three miles of dirt and forest floor, great for walking and photography. Keep

More UNITY, PAGE 51



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## Unity

CONTINUED FROM PAGE 50

your pets under control at all times, to protect both them and wild animals, fragile environments and preserve the enjoyment of other visitors.

**Field of Dreams Trail:** The one-mile loop begins at the Field of Dreams parking lot on Rte. 9/202, passing ball fields, playground and Unity Pond.

**Connor Mill Trail:** With one mile built, one mile under construction, the trail loops off Rte. 9/202 on the south side of Sandy Stream and continues to Bacon Brook. For birding, nature observation and fishing access.

**Fairgrounds Loop Trail:** One-mile trail begins at Newell lane across from where Bikeway ends and passes Old Unity Fairground with Sandy Stream overlook.

**Unity Pond Pottery:** Located at 222 Bangor Road, the business offers Maine-made stoneware with lead-free glazes, safe for microwave, dishwasher and oven. Open June, July and August Wednesday - Saturday 10 a.m. - 4 p.m. Visitors welcome to studio and showroom or shop on line. Call 207 948-2400 or visit [unitypondpottery.com](http://unitypondpottery.com).

**Belfast & Moosehead Lake Railroad:** The Brooks Preservation Society and the B&ML RR provide trains to/from the Common Ground Fair, September 21, 22, and 23. A two-train schedule offers access from Unity or Thorndike parking areas to a station at fairground commons and helps avoid traffic congestion at the fair. Your train or train-fair combo ticket is valid for any train for the day of purchase or use. This is more than a round-trip ticket, this allows travel back to your car if you forget something and back to the fair. See schedule at [belfastandmooseheadlakerail.org/joomla/index.php/menu-common-ground-fair-trains](http://belfastandmooseheadlakerail.org/joomla/index.php/menu-common-ground-fair-trains).

**Amish Community:** About 20 families have settled in Unity, opening a hardware and home goods store, a bakery and wood-worker store. Expect to see the typical horse-drawn buggies on the roads. And this year a Charcuterie opened in the Amish community offering a variety of meat specialties, sausage and cheese at 41 Leelynn Drive. Call 948-1777 for information.

## Rockland

CONTINUED FROM PAGE 48

to showcase the talents of Maine artisans who come from far and wide to set up a tent and share their vision with the public. Booths are nestled into an open air market right next to the harbor in Camden Harbor Park and the nearby Camden Amphitheater on July 14-15.

Down the road, the Owls Head Transportation Museum will hold its highly anticipated aerobatic Wings and Wheels Spectacular on Aug. 4-5. This popular annual airshow features biplanes as well as antique cars and other airplanes, Model T rides, free children's activities and more. There will be a car show and wing walker exhibition by Greg Shelton Airshows. Tickets are \$25 for non-members.

Other summer events at the museum include classic car cruises, a truck and tractor show and the August auction. Visit [owlshead.org](http://owlshead.org) for details.

Boat lovers will enjoy the 16th annual Maine Boat & Home Show in Rockland's Harbor & Buoy parks on Aug. 10-12. The show attracts boating enthusiasts, boat builders, designers, architects, craftsmen, artists, furniture makers, jewelers, marine gear vendors and more.

The event includes a Small Boat Love-In, Icon Boats Exhibit, demonstrations, children's activities, live music, food vendors and the ever-popular Boatyard Dog Trials on Sunday morning. Tickets are \$15, kids under 12 free. For more, visit [maineboats.com](http://maineboats.com).

Union Fair and the Wild Blueberry Festival will span Aug. 18-25 at the Union Fairgrounds off Route 17, a short drive from Rockland and Camden. This historic country fair is celebrating its 146th year, and offers midway rides and carnival games, exhibition halls, ox and horse pulling, a demolition derby, 4H shows, food vendors, live music, harness racing, laser tag, Frisbee dogs, lawn mower drag racing, fireworks and a Maine Wild Blueberry Queen coronation. Visit [unionfair.org](http://unionfair.org).

If fairs and festivals are too crowded and peace is what you seek, the Midcoast has many beautiful beaches, lighthouses, vineyards, golf courses, fitness centers, spas, state parks, theaters, restaurants and other spots where visitors can find rest and relaxation.

Among the beaches are Birch Point State Park in Owls Head or Drift Inn Beach in St. George, and the historic Owls Head or Marshall Point lighthouses. In Rockland, the half-mile granite breakwater features a lighthouse at the end of the line. Camden Hills State



Kris Ferrazza photo

The Marshall Point Lighthouse in Port Clyde is a 30-minute drive from Rockland. The historic lighthouse was featured in the movie "Forrest Gump" when actor Tom Hanks finished a long cross-country run.

Park offers hiking, biking and stunning views from atop Mt. Battie, which is accessible by vehicle.

There are museums for young and old. The Maine Lighthouse Museum is located just off Main Street in downtown Rockland and has a large collection of Fresnel lenses and other memorabilia. It also displays U.S. Coast Guard photographs, personal histories, fog bells, buoys, fog horns and other artifacts, offering a rare educational opportunity for marine history fans. For hours and ticket information, visit [mainelighthousemuseum.org](http://mainelighthousemuseum.org).

Another museum not to be missed is the Farnsworth Art Museum and Wyeth Center just

off Main Street in Rockland. Three generations of the Wyeth family, including N.C. Wyeth, Andrew Wyeth and Jamie Wyeth have works in the permanent collection there, along with Louise Nevelson's sculpture, and the works of other American artists. Visit [farnsworthmuseum.org](http://farnsworthmuseum.org) for more.

The Coastal Children's Museum in Rockland offers room for creative play, educational exhibits and hands-on activities in a fun environment. For more about the Mechanic Street facility, visit [coastalchildrensmuseum.org](http://coastalchildrensmuseum.org).

For more on what is going on in and around Rockland in the summertime, visit [mainedreamvacation.com](http://mainedreamvacation.com).

## Belfast

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Organ. For more information, visit [firstchurchinbelfast.org](http://firstchurchinbelfast.org).

To catch a live show, The Cold Comfort Theater offers community productions at The Playhouse. On tap this summer is "The Boys Next Door" in June, as well as 4th of July music on Independence Day at Park on Main. July will bring a musical adaptation of Shakespeare's "The Tempest" in Wales Park, followed by a one-night performance of "Love Letters" at Bayside Theater on Aug. 29. For details and ticket information, visit [coldcomforttheater.com](http://coldcomforttheater.com).

The Belfast Maskers will put on "The Music Man" as its summer show, with seven performances from July 19-29. From Aug. 16-26, they will offer Mark Twain's "Is He Dead?" For details and ticket information, visit [belfastmaskers.com](http://belfastmaskers.com).

Our Town Belfast will hold its annual Auction and Gala on July 24. Touted as "a night of community, cocktails, refreshments and friendly bidding wars," items auctioned in the past have included everything

from schooner excursions to a photo with the rooftop elephant downtown at The Colonial Theatre.

Budding young artists are invited to attend a Cartooning Club at Belfast Free Library with meetings each Friday for ages 10 and up. Geared toward children and teens, graphic artist James Quigley will help participants develop drawing techniques. Visit [belfastlibrary.org](http://belfastlibrary.org) for more.

And speaking of the library, there is always something going on there, whether it is a knitting circle, book club, historical lecture, movie night, toddler playtime, poetry reading, writers' group, chess club and the list continues. All library programs are free and open to the public.

Belfast "Fourth Friday" Art Walks are held the last Friday of each summer month, with fine artists, performance artists, musicians, poets and others displaying their creative talents from 5:30 to 8 p.m. Locals and summer visitors tour art galleries, sample the fare at food tastings, and walk the downtown to see what is happening in the local art scene. For more, visit [belfast-creativecoalition.org](http://belfast-creativecoalition.org).

Farmers markets are buzzing 9 a.m. to 2 p.m. every Saturday at 18



Contributed photo

Dog lovers won't want to miss Belfast's annual Canine Games & Family Festival, sponsored by PAWS, which will be held 10 a.m. to 1 p.m. Saturday, June 23, at Steamboat Landing Park.

Spring St. at the United Farmers Market of Maine. And from 9 a.m.-1p.m. Fridays at 256 High St. at the Waterfall Arts Building.

The Belfast Farmers Market is still going strong since 1980. Shoppers are invited to "Grab and go, or stay and picnic." Enjoy live music, fresh cut flowers, homemade baked goods, fruits, veggies, cheeses, yogurt, jams and preserves, meats, honey, crafts and more.

Down on Northport Avenue, the city has a scenic public park with

a covered picnic area used for parties and reunions, basketball and tennis courts, a ballfield, horseshoe pits, creative playground, grills, restrooms and more. Overlooking Penobscot Bay, it is well-maintained and a free way to spend a fun-filled day outdoors. Belfast also has a city pool, a skate park, a dog park and other public spaces.

For more about happenings in and around Belfast, visit [belfast-maine.org](http://belfast-maine.org)



## Bath-Brunswick

CONTINUED FROM PAGE 46

community events.” The husbands of league members pitch in to help on fair day and are known as “The Working League Auxiliary.”

There is a handmade quilt raffle, homemade goods, seafood lunch, antiques and collectibles, arts and crafts, and much more. Funds raised by the non-profit organization go to benefit the community. In the past, funds have gone to scholarships, the local school, fire department, community center, library and other civic and charitable organizations. It starts at 10 a.m.

Looking for some live theater? Sixty years of song will be celebrated this summer as Maine State Music Theatre hosts an Aug. 13 “Best of MSMT: 60th Anniversary Concert” at 2 p.m. at Bowdoin College. Six decades of performances will be celebrated, with cast members returning for a “star-studded tribute.” MSMT has been “bringing Broadway to Brunswick” for 60 years.

Other scheduled musical theatre performances at Maine State Music Theatre in Pickard Theatre are “Million Dollar Quartet,” “Beauty and the Beast,” “Saturday Night Fever,” “Singing in the Rain,” “Nunsense,” and “Cinderella” and “Pinocchio” for younger audiences. For a full schedule and ticket information, visit [msmt.org](http://msmt.org).

The Chocolate Church Arts Center in Bath, which last year celebrated its 40th anniversary, offers up “MacBeth” this summer, along with contemporary dance and a summer concert series on the waterfront. Admission to the concerts is free. Tickets for other shows and the full schedule can be found at [chocolatechurcharts.org](http://chocolatechurcharts.org).

If golf is on the summer-to-do list, hackers can get their fill in Bath and Brunswick, as there are several golf courses to visit.

Golfers will tee off as part of the 6th annual Hacker’s Ball Golf Tournament at Brunswick Golf Club on June 15. The club has a full schedule of events all summer, and welcomes groups and leagues for special activities like twilight rounds and senior tours, member events, lessons and more.

On July 31 and Aug. 1, they will host the 2018 Maine Junior Championship. Visit [brunswickgolfclub.com](http://brunswickgolfclub.com) for details about green fees, tee times, rentals, the pro shop, clubhouse, McA-

voy’s on the Green restaurant and more.

Bath Golf Club also has a full slate of activities, including the 2018 Midcoast Amateur Championship, 2018 Spring Cup, Governor’s Cup, President’s Cup, The Red White and Blue Tournament on July 4, Maine State Golf Association Weekend Tournament, the Bath Cup, Y Benefit Golf Tournament and more. Visit [bathgolfclub.com](http://bathgolfclub.com) for details and a full calendar of events.

Maritime history and tradition is embedded in this region, and this summer is all about the restoration of the historic schooner Mary E. On June 8, Maine Maritime Museum will honor the owners, shipwrights and builders of the schooner with a gala and the “Mariner of the Year Award” for 2018. It includes an auction and dance party with live band Motor Booty Affair.

The Mary E is the museum’s ambassador, and is said to be the oldest Maine-built wooden fishing boat still afloat. After a year of restoration, it will be commissioned June 9.

Folks looking to get out on the water might consider a Seguin Island Lighthouse Cruise, which includes an excursion to the lighthouse on Fridays this summer. Other trips include trolley tours and cruises as part of the “By Land & Sea: The Bath Iron Works Story” series, weekdays in the afternoon.

History buffs also may enjoy the drama and excitement of a ghostly trolley and walking tour. Hosted by Red Cloak Haunted History Tours, these outings titled “Bath Cemetery Tour: Famed Captains and Shipbuilders” and held Thursday evenings.

At the Bath museum, ongoing displays feature artifacts, gear, figureheads, photographs and information about historic ships, storms, shipyards and the state’s seagoing heritage. Visit [mainemaritimemuseum.org](http://mainemaritimemuseum.org) for details.

Summer is all about fresh food, and whether visitors dine out or cook it themselves, there is fresh fruit, produce, seafood and more to be found at a variety of farmers markets.

Downtown, just off Commercial Street, Bath Farmers Market is open 8:30 a.m. to noon on Saturdays in Waterfront Park. Farmers offer their produce and baked goods under canopies next to the Kennebec River, with live music, plenty of parking and public restrooms.

Brunswick Farmers Market is open twice a week on the

downtown mall, just below the gazebo, with bakers, farmers, craftsmen and artisans gathering from 8 a.m. to 2 p.m. on Tuesdays and Fridays. Open rain or shine. For details visit [mainefarmersmarkets.org](http://mainefarmersmarkets.org).

And each summer Saturday from 8:30 a.m.-12:30 p.m. the Farmers’ Market at Crystal Spring Farm will be open, boasting 40 vendors. The 320-acre farm is owned by Brunswick-Topsham Land Trust.

Looking to dine out? Carhops still serve up burgers, onion rings and seafood baskets to customers at the classic Fat Boy Drive-In in Brunswick. Other favorite spots include Gelato Fiasco, Frosty’s Donuts and The Great Impasta, to name just a few. Sit on the deck for a burger or fish and chips at Sea Dog Brewing Co. in Topsham, or share a pizza or sub at The Cabin in Bath.

In nearby Woolwich, just across the bridge from Bath, the Taste of Maine is celebrating its 40th anniversary. In celebration, a monster (inflatable) crustacean dubbed “Larry the Lobster” is perched on the roof overlooking Pleasant Cove. Osprey are expected to soon return to their nest adjacent to the parking lot.

A day at the beach calls for a trip to Reid State Park in Georgetown or Popham Beach State Park in Phippsburg. Both charge admission (cash), and parking is free but the lots fill up fast in the summer, so try to get there early. There are changing rooms and areas to picnic. For more, visit [maine.gov](http://maine.gov).

On Aug. 18, the 12th annual Brunswick Outdoor Arts Festival will occupy Maine Street and the Mall (town green). Artists will set up roughly 100 booths to display paintings, sculpture, photography and other media. There will be interactive demos, as well as live music and performances, children’s face painting, family arts and crafts, gourmet food and more. Hours are 9 a.m. to 5 p.m. rain or shine.

This summer sees the return of “2nd Friday Brunswick!” in conjunction with ArtWalk and extended shopping hours around Maine Street. It offers visual art, live music, dance and theatrical performances at various venues. It is held from 4 to 7 p.m. on the second Friday of each month.

For more about the Bath-Brunswick region, visit the Southern Midcoast Maine Chamber of Commerce website at [midcoast-maine.com](http://midcoast-maine.com) or [brunswickdowntown.org](http://brunswickdowntown.org).

# Nourish body, soul and spirit at a Farmers Market

BY NANCY MCGINNIS  
Correspondent

A trip to the farmers’ market is more than just picking up some items on your shopping list – it can be educational, entertaining, and simply good for the body, mind and soul. For some it represents culinary adventure; for others it’s about supporting the local agricultural economy and social justice; for everyone it’s a chance to feel part of a community and to simply enjoy fresh food that tastes great.

From fresh fruits and berries, vegetables and salad greens to milk and eggs, cheeses, meats and fish, maple syrup, baked goods, pickles and preserves, the list goes on and on.

Most local farmers markets have a website and/or Facebook page – an easy way to keep abreast of their vendors’ seasonal offerings, as well as special events such as live music, story time or even visiting farm animals.

According to the Maine Farmers Market Federation (MFFM), which serves as a great resource for growers and producers as well as the public, there are about 115 summer markets as well as nearly three dozen winter markets in Maine. Any day of the week, all over the state, Mainers and visitors can enjoy locally grown, fresh-picked or gathered, delicious food. Many Mainers are already incorporating farmers markets into their food shopping, aware of when and where to find them and planning menus and food shopping accordingly. Those headed to camps and cottages, or even just setting out on a day trip, can plan their itinerary to include a rewarding stop at one or more farmers’ markets.

On the Maine Federation of Farmers Markets’ website ([www.maine-farmersmarkets.org](http://www.maine-farmersmarkets.org)) it’s easy to find farmers markets by location or by day of the week,

across Maine. And their “What’s in Season?” section helps consumers plan according to nature’s “schedule,” suggesting what is likely to be found at Maine markets as the season progresses.

The MFFM also lists a number of Maine markets where efforts are being made to enhance access for low income community members, such as those accepting federally funded Supplemental Nutrition Assistance Program benefits (SNAP, formerly known as food stamps) and the Special Supplemental Nutrition Program for Women, Infants and Children (WIC).

Additional incentives, such as ‘Maine Harvest Bucks,’ can make it possible for qualifying consumers to stretch their benefits even further, receiving bonus healthy fresh fruits and vegetables, while also supporting local agriculture.

Many loyal farmers market shoppers whose incomes are above the eligibility criteria feel good that by choosing to shop here they are also helping to sustain efforts addressing food insecurity, such as the senior farm share and after-market gleanings.

There is also the satisfaction of knowing where your food comes from – often right down the road or the next town over—and how it was grown. In this era of concerns about pesticides and methods sometimes used by corporate growers and producers, not to mention the carbon footprint of food transported across the country, there is tremendous peace of mind in being able to have a conversation with the individual who is personally responsible for and knowledgeable about the food on your family’s table.

One of the best reasons to check out Maine farmers markets? It’s fun. And delicious. In addition to familiar finds, from apples to zucchini, at their peak

More FARMERS, PAGE 53



# Farmers

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of seasonal perfection, shoppers may also discover more unusual items such as kohlrabi or tatsoi; and unrivaled flavors from heritage and heirloom fruit and vegetable varieties. And the farmers are more than happy to share tips on selection, storage and preparation, even swapping a recipe or two. The Maine Farmers' Market Shoppers page on Facebook is a great resource for finding additional recipes and information – or sharing your own.

*Nancy P. McGinnis photo*  
Dalziel Strieff-Lewis of Dig Deep Farm, chats with a customer at the Farmers' Market at Mill Park in Augusta. Dig Deep Farm grows and sells MOFGA-certified salad greens, veggies, cut flowers and vine fruit to farmers' market and CSA (Community Supported Agriculture) customers.



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# Hitting the food truck trail can be an adventure in eating

BY NANCY GALLAGHER  
Correspondent

**Y**ou see them more and more. They pop up at special events, urban curbsides, at farmers markets and even on vacant lots. Food trucks! These microcosmic rolling restaurants elevate our grab-and-go dining choices far above the “will you have fries with that” level.

Food trucks pair naturally with outdoor celebrations and adult beverage purveyors. Many also cater at private events.

The website calendar of The Uproot Pie Co. of Union details dozens of public events in June through September, from Pizza Nights at Oyster River Wine Growers in Warren, to the Oxbow and Lake St. George breweries, and three Food Truck Fridays at Downeast Magazine in Rockport. Events often include music and a cash bar. Owner Jessica Shepard is adding a second oven to meet growing demand for catering private events. Consult the Uproot Pie Co. calendar at [www.theuprootpieco.com](http://www.theuprootpieco.com), or telephone 370-1568 for catering information and event dates and details.

Much of the menu at Papa's Roadhouse is “food from my travels in the United States and overseas,” says chef/owner Richard O'Brien. Look for his truck at the Cumberland Vintage Road Show in mid-June, the Greater Gardiner River Festival on Saturday, June 23, and at the Gardiner stop of the Great Race on Tuesday, June 26. Papa's also partners with Craft Beer Cellar in Gardiner at 4:00 p.m. beer tastings on three Fridays monthly. Papa's Roadhouse is a part of Pangea Catering, 39 Washington Avenue in Gardiner. They also cater private events. For more information, please consult their website at [www.Papa'sRoadhouse.com](http://www.Papa'sRoadhouse.com) or telephone 592-4737.

Spiro & Company plans to add a food truck to their Belgrade Lakes catering service soon. In the meantime, sample their “very Greek” menu while relaxing at Spiro's picnic tables at 78 Main Street in Belgrade Lakes. Organic, always fresh

ingredients blend to create the treasured recipes in Yia Yia's family cookbook to bring authentic Greek specialties such as spanakopita, dolmathes and baklava to table. Or, order a pita party for pickup. For more information, please consult their website at [www.spiroand-company.com](http://www.spiroand-company.com) or telephone Lori Yotides at 441-2103.

Rolling Fatties (yep, that's really the name) plans to participate in Kingfield area events in addition to operating their seasonal brick-and mortar restaurant. Look for their food truck (actually a 1974 Air-stream Argosy) on June 30 at the Kingfield Pops, July 14 at the Carrabassett Backcountry Cycle Challenge in Carrabassett Valley and September 9 and 30 at Kingfield's Blues in the Barn. The restaurant is open Thursdays through Sundays through summer at 268 Main Street in Kingfield. Consult [www.rollingfatties.com](http://www.rollingfatties.com), telephone Polly MacMichael at 399-9246 or email [polly@rollingfatties.com](mailto:polly@rollingfatties.com) for more information.

Newly opened Sheba's Wicked Kitchen, tucked away at 822 Kennedy Memorial Drive in Oakland, will remain stationary for this year. Owner Sheila Iveson cooks up two tacos, two sliders and two poutines (variations on the classic Canadian combination of french fries, gravy and cheese curds) plus a Blue Plate Special like lobster mac and cheese or shrimp and grits each day. Ingredients differ weekly but are fresh and locally sourced whenever possible. Her goal is a taco with a “little bit more of a sophisticated taste than your average taco.” Iveson recommends checking Facebook for up-to-the-minute menu items and for catering information. Picnic tables with umbrellas and a spacious parking area make either to-go or onsite dining easy.

Sheba's business hours are Wednesday through Saturday, 10:30 a.m. to 3p.m. and Friday and Saturday evenings until 8 p.m. For more information consult @wickedshebas on Facebook or telephone 465-6356.

As fun as food trucks are, they're not necessarily the



Contributed photo from Sheba's Wicked Kitchen

Artsy food trucks like this tomato-red Sheba's Wicked Kitchen vehicle bring creative walk-up food choices to foodies all over Maine.

same as traditional caterers. More traditional catering companies often offer services that include setting the tables, procuring rentals and service staff to bus tables. It's a good idea to discuss these questions with your food truck vendor:

Who will provide plates, uten-

sils, napkins, etc.?

If renting dishware and glassware from an outside source, who will set the tables?

Who will provide salt/pepper shakers? Will they come filled? Do you provide passed hors d'oeuvres?

Do you provide service staff to bus during cocktail hour and

dinner?

Who is responsible for trash? Will they bring trash cans? Will they take trash with them?

Who is responsible for clean-up and taking down tables and chairs, etc.?

Settle all the details, and then have a wonderful celebration!

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# These golf terms are par for the course

**G**olf is a game of sport and skill that can be played at any age. Millions of people in North America participate in golf as a recreational endeavor or a professional pursuit. As of the spring 2016, 25.13 million people in the United States played golf over the previous 12 months, according to Statista.



### Golf history

Although golf can be traced back to the Netherlands during the Middle Ages, many people concur that the modern game of golf — played over 18 holes — is a Scottish invention.

The popularity of the sport began to spread throughout the world from Great Britain. The first permanent golf club in North America was founded in 1873 and was named Canada's Royal Montreal Club. The first 18-hole course in the United States was The Chicago Golf Club.

### GOLF LINGO

Understanding the terminology is key to becoming a full-fledged golf fanatic. While golf lingo is extensive, here is a sampling of some of the more popular terms to get novices started, courtesy of the PGA.

**Approach:** A shot hit towards the green.

**Attack:** The relative angle at which the clubhead approaches the ball at impact.

**Backswing:** The motion that involves the club and every element of the body in taking the club away from the ball.

**Birdie:** A score of one under par on a hole.

**Bogey:** A score of one over par on a hole.

**Bunker:** A hollow comprised of sand or grass that serves as an obstacle.

**Carry:** The distance a ball will fly in the air.

**Chip:** A short approach with a low trajectory.

**Chunk:** A poor shot caused by hitting the turf.

**Divot:** The turf displaced when the club strikes the ball.

**Downswing:** The swing forward from the top of the backswing.

**Eagle:** A score of two under par on a hole.

**Golf range:** A facility where people can practice golf swings.

**Grip:** The positioning of hands on the club.

**Hole:** A round receptacle on the green that the ball is aimed into.

**Lie:** As it relates to the golf ball, the position when it has come to rest.

**Links:** Specific term for a course built on linksland, which is land reclaimed from the ocean.

**Mulligan:** An extra shot taken on a poor first shot.

**Par:** The score an accomplished player is expected to make on a hole, either a three, four or five.

**Putt:** A shot on the green.

**Stance:** The position of the feet.

Golf terms are as varied as the game itself. Knowing commonly used words and phrases makes for a more intimate understanding of the sport.

# GOLFING

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# Toast your way through the summer with these beer and wine festivals

BY KATE CONE  
Correspondent

**B**eer, wine, food. What could be bad? Oh, and then add entertainment, canoe races, puppy pens where you can pet the humane society pups up for adoption and, now and then, a facial hair competition. Get your dance card out and fill it up, because there are festivals waiting, and brewers making beer right this minute, just for you.

## Great Falls Brewfest

When: June 23  
Where: Simard-Payne Memorial Park, 46 Beech Street, Lewiston  
Times: Noon to 2 p.m. is the VIP session; 2 to 5:30 is general admission

Baxter Brewing Company presents the fifth annual Great Falls Brewfest. Boasting 50 breweries pouring 150 plus beers, this festival will also feature food trucks, disc golf, a cornhole tournament (aka bean bag toss), canoe race, a four-mile road race and live music. Facial hair competition? Yup.

Launched in January, 2011, Baxter Brewing Co. is the first craft brewery in New England to can its entire line of beers. This event always sells out early, so get your tix now.

To buy tickets and for more information go to [greatfallsbrewfest.com](http://greatfallsbrewfest.com).

## Rails, Tails & Ales: The Midcoast Craft Beer Festival

When: July 21, 2018  
Where: Boothbay Railway Village, Boothbay  
Times: 12 p.m. - 4 p.m.  
[railwayvillage.org/event](http://railwayvillage.org/event)

This is one of the only festivals that welcomes dogs and kids!

Visitors will enjoy great craft beer from Maine breweries, an outdoor car show, plus a family-friendly setting (dogs & kids welcome!) including steam train rides. Imagine a collection of historic Maine buildings surrounding a village green filled with classic, vintage, antique, hot rods, muscle cars and much more. Live music by the Scott Davis Band, a beloved local group, will go from noon - 4 p.m. Admission is \$30 in advance or \$35 at the door (must be 21 for the beer tasting) and includes Museum admission as well as a unique souvenir beer mug.

## Maine Brewer's Guild summer session 2018

When: Saturday, July 28th  
Where: Thompson's Point, Thompsons Point Road, Portland  
Times: 1 p.m. - 5 p.m.  
[www.summersession2018.com](http://www.summersession2018.com)

The premier beer event benefiting the great Maine Brewer's Guild. This annual summer beer festival in Maine is back at the waterfront venue of Thompson's Point in Portland, overlooking a stunning estuary. Featuring more Maine breweries than any other festival, as well as their out-of-state brewery guests - this is the biggest beer festival in the state. Food trucks, live music, plenty of space, easy access to trains, buses, transport from Boston and north (walking distance to Amtrak train station and Concord Coach Lines bus terminal) - this is the one to plan your trip to Maine around.

*Maine Brewer's Guild mainebrewersguild.org*

## Skowhegan Craft Brew Festival

When: September 1, 2018  
Where: Main Street, Skowhegan  
Times: VIP, 2-3 p.m., general admission, 3-7 p.m.  
[skowhegancraftbrewfest.com](http://skowhegancraftbrewfest.com)

An array of Maine craft brewers and vintners (yes, there will be local wine), local food vendors like The Yum Truck, featuring farm-to-table fare, live bands, and guided tours of Maine Grains at the Somerset Grist Mill and of Skowhegan's section of the Langlais Art Trail will combine to make an unforgettable close to summer. Last year's fest welcomed 1000 attendees and this year's promises to surpass that. No children, pets or smoking. Please check website for particulars.

## Swine and Stein Oktoberfest 2018

When: October 6, Saturday  
Where: Water Street, Gardiner  
Times: 11:30 a.m. - 6:30 p.m.

Gardiner's take on a traditional Oktoberfest celebration - An all-day street party on Water Street featuring Maine craft beer, Maine musicians, and a celebration of delicious Maine pork products.

Food vendors from Gardiner and across the state will serve up a variety of interesting culinary dishes featuring local pork along

with other quality menu items. Adding to the festivities, a line-up of favorite and emerging Maine bands will entertain throughout the day. A unique array of games and activities with prizes will encourage mingling and general merriment.

## Wine events:

Wine events are a bit different from beer festivals, but if you're a wine lover, they will be just as much fun. Maine now boasts 25 wineries, a meadery and some hybrids (think Tree Spirits in Oakland), some with multiple locations. From north to south, coast and inland, wine-makers are catching up in numbers to the state's fine craft brewers. Get to one of these events:

## Drinks on the Harbor

When: June 2, 2018  
Where: United Farmers' Market, 18 Spring Street, Belfast  
Times: 4 p.m. to 7 p.m.

Join the Maine Winery Guild for an evening at the beautiful United Farmers Market of Maine in Belfast. Enjoy wine and spirits from more than ten wineries and spirit producers. Enjoy an evening of sipping and sampling the best of what Maine has to offer in a glass!

## Union Fair

When: August 18-25, 2018  
Where: Union  
[unionfair.org](http://unionfair.org)

The annual agricultural fair also has a craft beverage and wine pavilion where guests can sample wines from more than twenty Maine wineries. Taste wines made from Maine wild blueberries, fruits, honey and grapes (yes, some grapes are grown in Maine, too). Select Maine-made beer and spirits will also be featured. Pair these with the many and varied foods featured by local vendors and enjoy the view of the river from the pavilion's deck. For more information and the full fair schedule, check out Union Fair's website.

## Maine Open Winery Day

When: September 15, 2018  
Where: Statewide

On September 15th wineries across the state will host tastings, tours and special events to celebrate Maine Open Winery Day. It's an opportunity for Maine's wine-makers to showcase their wineries and for customers to learn more

about making wine from traditional and not-so-traditional products.

Starting with a single winery in 1983 making blueberry wine, Maine winemakers are now using grapes, native fruits, and even maple syrup to produce wines that are garnering regional, national and even international awards. Each winery has special products, great stories, and a lot to share with the public about what makes

their products special whether it's wine, mead, cider, or spirits. This is an opportunity for them to share their stories and showcase their products.

The Maine Winery Guild's website is a great start to exploring the state's wineries. With a printable map and a full listing of names and addresses, it's all you need to get going on the winery trail. [mainewineryguild.com](http://mainewineryguild.com).



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# How to recognize signs of heat stroke in dogs

Summer is a great time of year for people and their pets to enjoy the great outdoors and soak up some sun. Just as men and women exercise caution by applying sunscreen and staying hydrated on hot summer days, dog owners must take steps to protect their four-legged friends when bringing them outdoors.

## What is heat stroke?

Dogs suffer from heat stroke when their body temperatures exceed 104 F and the built-in mechanisms they rely on to cool themselves including panting — cease to function properly. But any temperature 103 F or above is considered abnormal. According to PetMD, heat stroke is a form of non-fever hyperthermia that can lead to multiple organ dysfunction.

## Is heat stroke immediately evident?

Heat stroke can overwhelm dogs quickly, so dog owners should be especially diligent and watch their dogs closely when they are spending time outside on hot days. Dogs may first suffer from mild heat-related stress or moderate exhaustion before they begin experiencing the more severe symptoms of heat stroke, so dog owners should look for signs of stress or fatigue and bring their dogs inside immediately after noticing such symptoms. The consequences of heat stroke are severe, so dog owners should always err on the side of caution.

## What are the symptoms of heat stroke?

Dogs that are overheating and potentially suffering from heat stroke may exhibit a number of symptoms. Such symptoms are

typically easy to spot, but dog owners still must pay close attention to their four-legged friends during summertime walks or play sessions in the backyard.

- Panting followed by disorientation and fast, noisy breathing
- Collapsing or convulsing
- Bright red or blue gums
- Vomiting and diarrhea

Vomit and diarrhea connected to heat stroke may contain blood. In addition, the eyes of dogs suffering from heat stroke may be glazed-over and such dogs may be unresponsive to commands, or their replies to commands may be slower than usual.

## Can heat stroke be prevented?

- Alter routines. Walking can be great exer-

cise for dogs, but on hot days dog owners can walk their dogs when temperatures tend to be at their most mild, such as in the early morning hours or evenings when the sun is setting or has already set.

- Limit play time. Dogs generate heat when playing and exercising, and their body temperatures may rise considerably on hot summer days. To reduce dogs' risk of heat stroke, limit play time on hot days.

- Don't travel with dogs. Temperatures can be unbearable inside vehicles, so dog owners should not take their dogs along when running errands on hot days.

Dog owners must be especially mindful of their dogs' behavior on hot days. Protecting dogs from extreme heat can safeguard them from heat stroke, which can be fatal.

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# Camping is a lot of fun when campers play it safe

BY WANDA CURTIS  
Correspondent

Summer has arrived in full force here in Maine. Black flies, mosquitoes, and ticks are already swarming. Moose and deer are making their way into the road. Despite all of these critters, many people are ready to head for the woods and summer camps and campgrounds. While camping can be fun, it's not without risks. It's important to plan ahead to ensure a safe vacation.

Dr. Bruce Bates, Director of

the Maine CDC, said that it's important to use caution when entering wooded or grassy areas like campgrounds where ticks may be present because of the prevalence of Lyme disease in Maine.

"To prevent Lyme disease and other tick-borne illnesses, the best protection is to avoid contact with ticks," said Bates. "If you do find yourself working, playing or relaxing in areas that may have ticks, wear light colored clothing and long sleeves, use an EPA approved repellent and perform a daily tick check."

Media relations manager for DHHS Emily Spencer said that CDC instructs people to walk in the middle of paths and to avoid rubbing up against bushes when walking in wooded or grassy areas. She said that when performing a tick check, they instruct people to pay special attention to their head, around and inside their ears, the hairline and neck, the armpits, the waist including the navel area, between the legs, the thighs, and behind their knees. Ticks in the nymph stage are very small so they advise people to take

their fingers and feel the skin in those areas as well as visually inspecting the skin. CDC also recommends checking pets frequently for ticks. See [ticksinmaine.com/prevention/tick-removal](http://ticksinmaine.com/prevention/tick-removal) for more specifics on removing ticks.

Another area of concern when entering forested areas is driving safety. The Maine Department of Transportation reports that there were 291 moose crashes in Maine between September 1, 2016 and September 1, 2017. DOT reports that May and June are peak months for moose

crashes in this state. They also report that most crashes occur between dusk and dawn because moose travel at night.

DOT recommends taking the following precautions when traveling in areas populated by moose:

Be alert in rural and forested areas.

Scan the roadside as well as the road when driving.

Pay attention and keep to the speed limit. Driver inattention and speed are often factors in moose crashes.

More CAMPING, PAGE 60



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# Camping CONTINUED FROM PAGE 58

Don't drive beyond your headlights. If you can't stop within the distance of your headlight visibility, you could hit something just beyond your viewing area.

If you see a moose standing in or near the roadway, use extreme caution. Slow down. Don't try to drive around the moose. Stay in your vehicle. Give the moose plenty of room and allow them to wander back off the road.

According to Maine DOT, if a crash is unavoidable, drivers should do the following:

Apply the brakes. Let up on the brake just before impact.

Try to aim at the tail of the animal.

Duck down to minimize injuries.

Becky Miller, co-owner of the Augusta/Gardiner KOA campground, said recently that caution should be taken when building campfires. Campers should only build fires within the designated fire rings and should never leave a fire unattended.

Miller said that it's also important to be cautious about stray animals while camping because the animals could be dangerous and/or carry rabies.

"Stray animals (such as) foxes or raccoons could be a problem," said Miller. "Always keep your food locked up at night in the trunk of the car or in the camper."

The Augusta/Gardiner KOA Campground, located at 30 Mallard Drive in Richmond, is open April 1- November 30. They have four cabins and 74 campsites including both RV and tent sites.



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## 5 reasons why summer camp is a good choice for kids

**S**ummer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends. But many of today's youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that's why one of the last vestiges of the classic summer vacation escape — summer camp — remains such a viable option for parents who want their children to get outdoors once the school year ends.

Although kids needn't be in camp all summer long, a week or two can benefit campers of all ages. The following are five reasons why summer camp might be the right fit this year.

**1. Explore talents.** Summer camps help young people explore their unique interests and talents. Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support, and so many other activities that may not be fully available to them elsewhere.

**2. Physical activity:** Lots of camps build their itineraries around physical activities that takes place outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing, and so much more. This

can be a welcome change for kids accustomed to living sedentary lifestyles. Regular physical activity has many health benefits and can set a foundation for healthy habits as an adult.

**3. Gain confidence.** Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin. Camps can foster activities in self-esteem by removing the academic measures of success and fill in with noncompetitive opportunities to succeed. Campers learn independence, decision-making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

**4. Try new things.** Camp gives children the chance to try new things, whether that's learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

**5. Make new friends.** Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes, and enable campers to make lifelong friends.

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community + creativity

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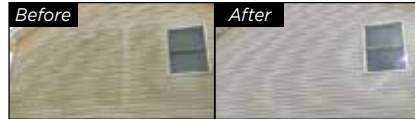


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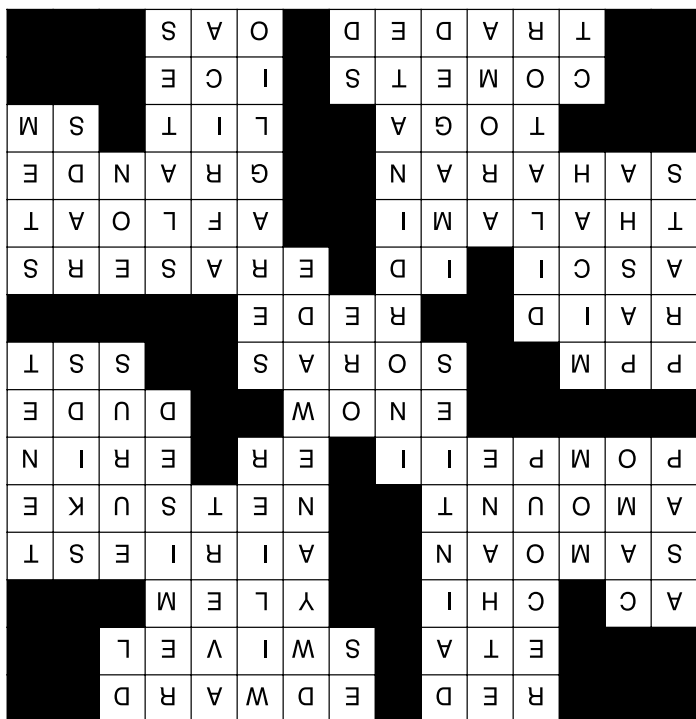
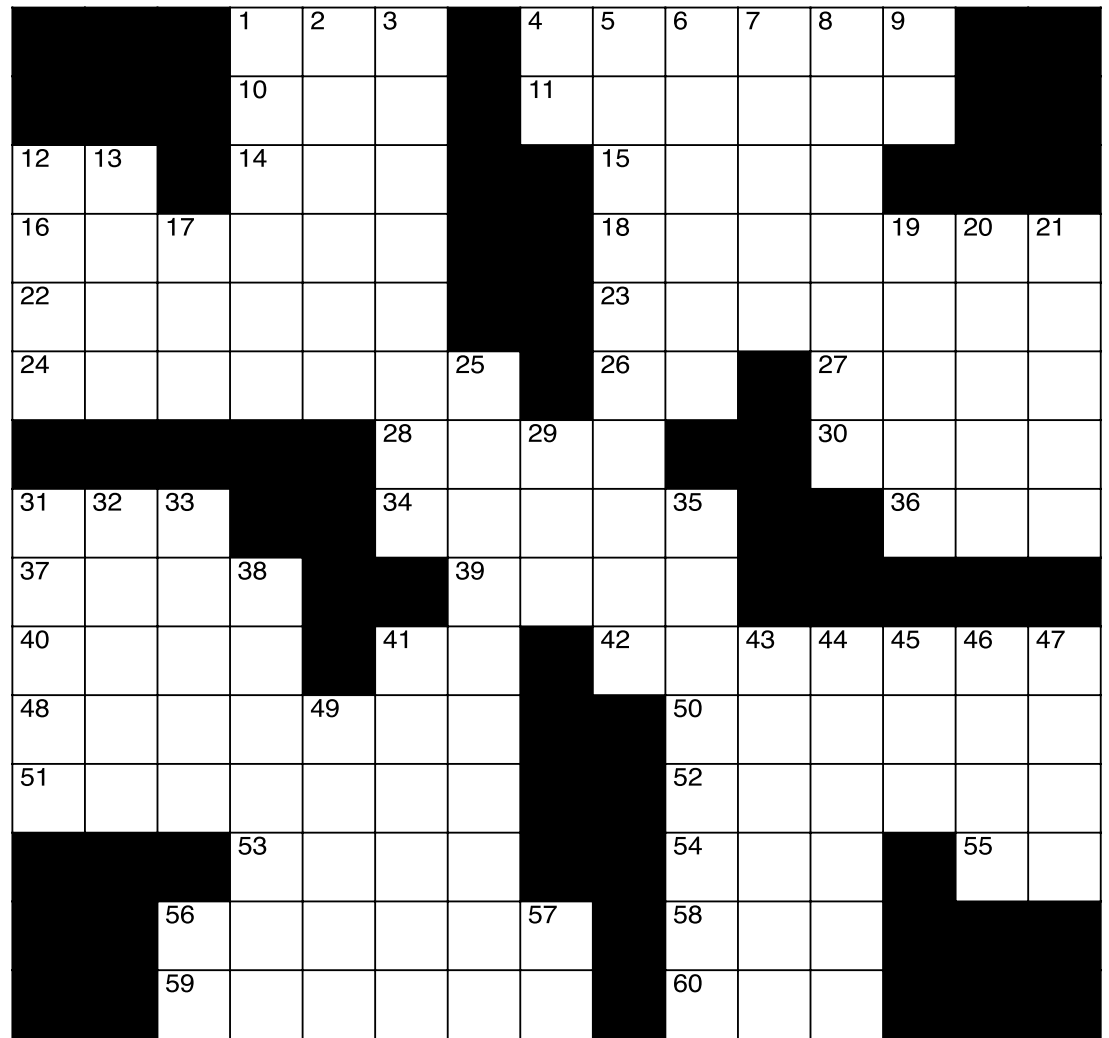
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## CLUES ACROSS

- 1. Color
- 4. English prince
- 10. When you'll get there
- 11. Pivot
- 12. Actinium
- 14. Greek letter
- 15. Primordial matter
- 16. One of a Polynesian island
- 18. Most spacious
- 22. What you owe
- 23. Button-like ornament
- 24. Ancient city
- 26. Trauma center
- 27. CNN anchor Burnett
- 28. Enough (archaic)
- 30. Lebowsky's nickname "The \_\_\_"
- 31. Printing speed measurement
- 34. Waterbirds
- 36. WWI airship
- 37. Sudden attack
- 39. Advice
- 40. Sacs where fungi develop
- 41. Where instinctive impulses are manifest
- 42. Schoolhouse implements
- 48. Brain parts
- 50. Borne by or suspended in a liquid
- 51. Of the desert
- 52. Starbucks size
- 53. Ancient Roman garment
- 54. In a way, set aflame
- 55. Samarium
- 56. Heavenly bodies
- 58. Water in the solid state
- 59. Exchanged
- 60. Int'l organization

## CLUES DOWN

- 1. Regain
- 2. A colorless odorless gas used as fuel
- 3. Delicacies
- 4. Spanish be
- 5. Miami Heat great
- 6. More slick
- 7. Turn away
- 8. Made a second thrust
- 9. Where injured ballplayers end up
- 12. As quickly as can be done
- 13. Military disguise
- 17. \_\_\_ and Dad
- 19. Mythological wind (Greek)
- 20. Slides without control
- 21. Principle or belief
- 25. Unusually large
- 29. Naturally occurring solid material
- 31. Backsides
- 32. Large orange-brown butterfly
- 33. Old Testament prophet
- 35. Women's apartments in a Muslim palace
- 38. One who waters down
- 41. Made a visual representation of
- 43. Continent
- 44. Flat pieces of rock
- 45. Very long period of time
- 46. Radioactivity units
- 47. Fields of study
- 49. Distinctive, pleasant smell
- 56. The Constitution State (abbr.)
- 57. South Dakota



## PUZZLE SOLUTION

☉ ✱ ☼ ☽ ☿ ♁ ♃ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ ♀ ♁ ♃ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ ♀

**CRYPTO FUN**

☼ ☽ ♁ ♃ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ ♀

Determine the code to reveal the answer!

Solve the code to discover words related to surfing.  
Each number corresponds to a letter.  
(Hint: 1 = a)

- A. 7 1 25 9 11**  
*Clue: Curling water*
- B. 11 3 8 21 4 20 1 8 17**  
*Clue: A surfer's best friend*
- C. 4 1 6 1 13 22 9**  
*Clue: Hold steady*
- D. 7 19 24 9 20 3 26**  
*Clue: Fall off*

Answers: A. waves B. surfboard C. balance D. wipeout



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China Village, Maine  
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Wed. Prayer Meeting 7:00 p.m.

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Prayer Meeting 6:00 p.m.

**Waterville First Baptist Church**  
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**Madison** at St. Sebastian  
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Confession 30 minutes prior to Mass  
or by appointment 474-2039

**Corpus Christi Parish**  
**Notre Dame Church**  
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Sunday 9:00 and 10:30 a.m.  
**St. Helena Church**  
Route 27, Belgrade - July 1 through Sept. 2  
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**St. John The Baptist Church**  
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**St. Denis** 298 Grand Army Road,  
Whitefield, Sunday 11:00 a.m.  
**St. Francis** 130 Route 133, Winthrop  
Saturday 4:00 p.m., Sunday 9:00 a.m.  
**St. Joseph** 110 School Street, Gardiner  
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Pastor Jen Reed

**Vassalboro United Methodist Church**  
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Sunday Services 10:00  
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# Design a dream outdoor entertaining space

Upon the arrival of warm weather, many individuals prefer to spend their free time outside, relishing the fresh air and sunshine and evenings spent under the stars.

But cracked patios and makeshift chairs and tables may not establish the desired ambiance. An outdoor entertaining area that offers the same amenities found inside a

home can make outdoor retreats both comfortable and functional. Creative planning can help homeowners design dream areas perfect for hosting friends or family.

### Establish goals

As with any project, the first step when coordinating outdoor living areas is to determine what you hope to achieve with the space. Will it be a

location for lounging? Will people be cooking meals outside? Is the pool the central focus of the yard? Answering these questions and more can help homeowners decide how to design their entertaining spaces. Remember, however, that goals may evolve as landscape designers and even architects make their own suggestions for the space or present limitations.

### Evaluate the space

Look at the lot and decide what will go where, such as where to place the party space, where to create a quiet hideaway and where to locate a poolhouse or outdoor shower.

A large, flat yard can be divided into a series of patios that serve different purposes. Yards that are built on a hill or a slope can still be

utilized with creative design elements, such as multi-tiered decking. By working with qualified designers, homeowners can bring their ideas to life.

### Easy food and drink access

Traipsing in and out of the house for refreshments can become

More OUTDOOR SPACE, PAGE 67



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# Outdoor Space

CONTINUED FROM PAGE 66

tiresome when entertaining outside. In such situations, people also can track dirt inside of the home or leave a trail of pool water in their wake. Outdoor kitchens allow easy access to food and drink that makes outdoor entertaining much easier. The experts at Angie's List suggest outdoor kitchens be built close to the house to make it easier to run electricity and plumbing to the outdoor kitchen.

Outdoor kitchens should include a sink, small refrigerator, built-in grill, and bar area.

### Creature comforts

Homeowners should think about the things that make the inside of

their homes so comfortable and then replicate that outside. Sofas and loveseats covered in fabric suited for outdoors and plenty of pillows can make for great lounging. Lighting that can be adjusted for day or night, or even to set the mood, is another consideration. Shade structures, like a trellis or retractable awning, will keep the area comfortable and can also define outdoor "rooms" and establish privacy.

### Fire it up

Many homeowners enjoy having fire elements in their yards. Lanterns and candles may create a romantic feel, but a fire pit or outdoor fireplace may help extend use of the outdoor entertaining area beyond summer.

Entertaining outdoors is made that much more enticing with a dream outdoor living space full of amenities.



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June 8	Visual Echoes Exhibit: Artist Reception	The Framemakers
June 8–10	ACAT Moonlight and Magnolias	Studio 93
June 14	Art Happy Hour	Common Street Arts
June 15–24	Saussical the Musical	Waterville Opera House
June 17	The Long Shadow	Railroad Square Cinema
June 23	Knit Hats for Babies in Need	Common Street Arts
June 24	Snow Pond Music Festival Jazz Brunch	Snow Pond
June 30	R.B. Hall Day	Waterville Opera House
July 1–29	Atlantic Music Festival	Colby College
July 1	The Bolshoi Ballet: Coppelia	Waterville Opera House
July 1	Snow Pond Symphony	Snow Pond
July 6	Waterville Rocks! Rustic Overtones & Adam Ezra Group	Waterville Opera House
July 12	PechaKucha Night Waterville V28	Castonguay Square
July 13–22	Maine International Film Festival	Railroad Square Cinema/Waterville Opera House
July 14	Colby Summer Luncheon	Colby College
July 21	39th Annual NEMC Pops Concert	Snow Pond
July 25	Carbon Leaf in Concert	Waterville Opera House
July 27	Waterville Rocks! Girls, Guns, and Glory & JT Lockwood Band	Castonguay Square
August 2	Ebb and Flow: Reflections on the Kennebec River Opening Reception	Common Street Arts
August 8	Taste of Waterville	Downtown Waterville
August 8–9	Little Shop of Horrors	Snow Pond
August 10	The Weight Band in Concert	Waterville Opera House
August 13	Don Campbell	Snow Pond
August 17	Waterville Rocks! Enter the Haggis & Muddy Rudkus	Castonguay Square
August 28	Broadway in Maine	Snow Pond
September 1	The Taj Mahal Trio in Concert	Waterville Opera House
September 5	Fab Four—A Beatles Tribute	Snow Pond
September 7	Cirque du Geek	Waterville Public Library
September 28	Super Raffle Dinner	Waterville Elks Banquet & Conference Center
September 28	Waterville Rocks!	Castonguay Square



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